

# Beyond Reality

The Latest Discoveries of ESP, The Occult & Psychic Phenomena

OCTOBER 1972 pdc  
58988-8

INVESTIGATING A  
HAUNTED HOUSE

*By Dr. Thelma Moss*

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World-Famous Psychic  
David Hoy  
Tells You How to:  
INCREASE YOUR INCOME  
WITH ESP

*By Brad Steiger*

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CRIMES I SOLVED  
THROUGH ASTROLOGY

*By Zolar*

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EXCLUSIVE INTERVIEW:  
*MUHAMMAD ALI* and his  
*Fantastic UFO Sighting*

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SUPERSTITION GIVES  
WAY TO PARAPSYCHOLOGY

*By Max Toth*

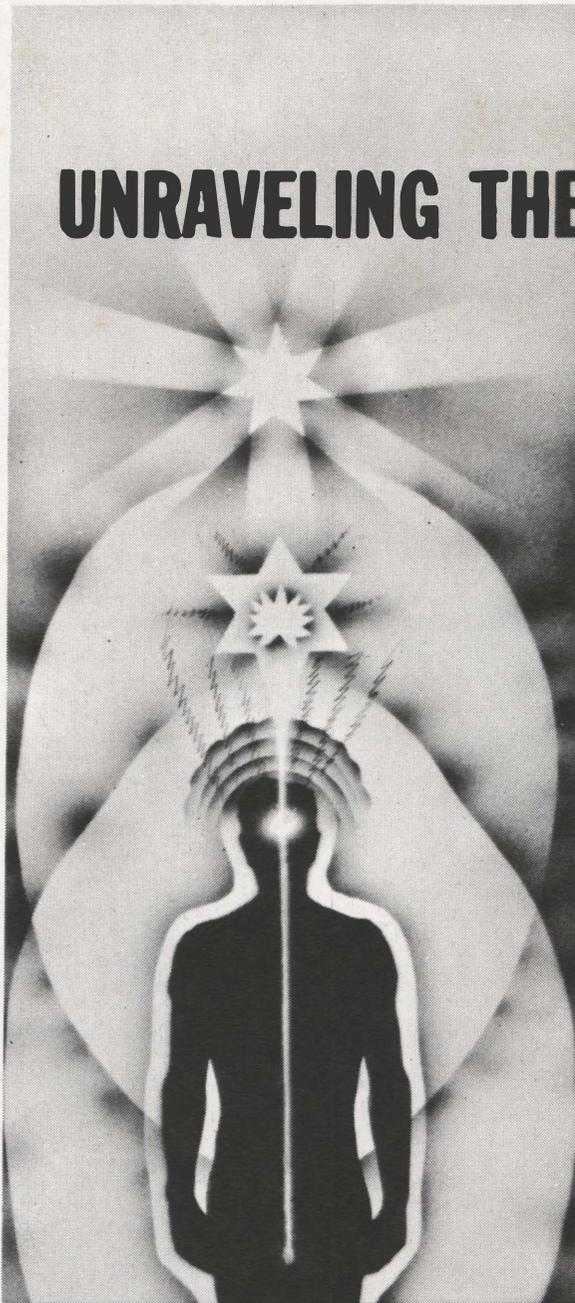
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ADV. 400

# Beyond Reality

Vol. 1 No. 1

Oct./Nov. 1972

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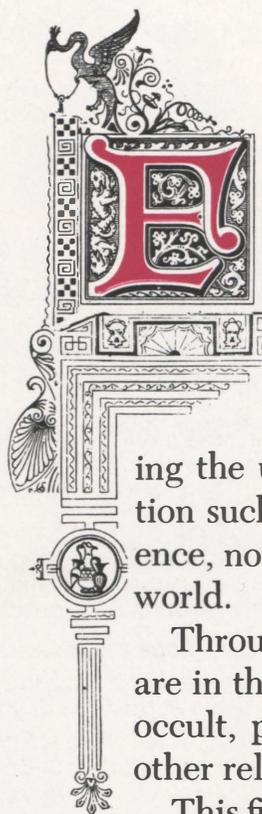
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BEYOND REALITY is published bi-monthly by Simplex Textured Reproductions, Inc. 114 E. 32nd Street, New York, N.Y. 10016. Telephone: 265-1676. Editorial offices located at 303 W. 42nd Street, New York, N.Y. Suite 505. Telephone: 212-265-1676. For advertising information, write to National Director—Dilo, Inc. 114 E. 32nd Street, New York, N.Y. 10016—Telephone: 212-686-9050. No part of this publication may be reproduced in whole or in part without written permission of the publisher. Single copy price \$.75. Subscription rates: \$4.50 one year. Add \$1.00 per year if outside the U.S. except APO and FPO. No responsibility whatsoever is accepted for unsolicited photographs or manuscripts, and none will be returned unless accompanied by a stamped, self-addressed envelope. Printing by Great Eastern Color Lithographic Corp. World Wide newsstand distribution by Publishers Distributing Corp. Printed in U.S.A.



OR some time now, I have been looking forward to publishing a magazine of this type, a magazine designed to probe the fascinating realm beyond the five senses, the realm BEYOND REALITY. We feel that the popularity of probing the unknown is growing, and, a need for a publication such as ours will find a welcome and devoted audience, not only in the United States, but in all parts of the world.

Through computer research we have found that there are in this country alone over 30 million followers of the occult, parapsychology, spiritualism, UFO's, and many other relative worlds BEYOND REALITY.

This first issue has been a labor of love on my part, and I may include, our dedicated staff, who have contributed long hours of sleepless nights, in order to make this the most informative magazine of its kind in the country.

We would like to hear from you, our readers, and starting with the second issue, we will have a "letters to the editor" department.

We would sincerely appreciate hearing of your own experience in the world BEYOND REALITY.

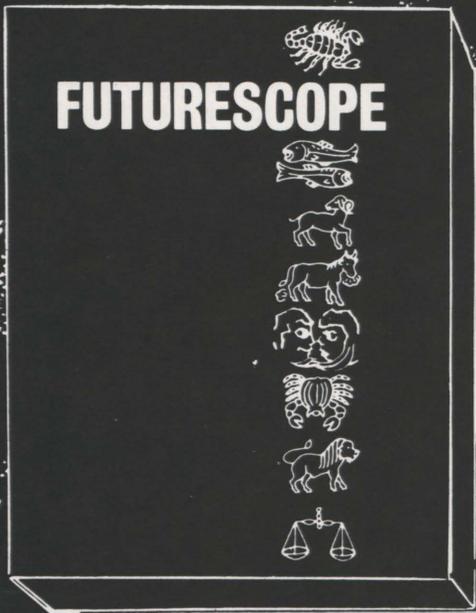
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Timothy Green Beckley Reports on the

# STRANGE AND UNKNOWN

*The universe is expanding and our consciousness along with it. Everywhere we look there is an interest shown in the New Age. The Occult, ESP and the Metaphysical are silently, but forcefully replacing an old dying period.*



Timothy Green Beckley is the author of a half dozen books on the Occult, his most recent being **WITCHCRAFT AND OCCULTISM TODAY—THE PSYCHIC REVOLUTION IN AMERICA** (Drake Publishers, Inc). He has appeared on countless radio and TV shows across the country talking about his own experiences and of those who share his belief in the psychic and Occult. Currently he is director of a large center where all aspects of Occultism are taught.

One of the most prominent and interesting fields of investigation in the framework of science are by far the boundaries which encompass extrasensory perception, that which our physical eyes can't see.

Have you ever wondered what lies beyond the world of our normal senses? Just about everyone today it seems has had some brush with the strange and unknown. At the age of six or seven I found myself wondering about the silent and unseen worlds that exist around us. The cause of this questioning was a rather noisy poltergeist who had invaded our home. Such events as doors opening and closing by themselves, lights going on and off, and objects flying out of closed cabinets proved to me even at this early age, that there is a lot more to the world around us than what we are able to see with our five senses.

In those days, and as I grew up I found it almost impossible to communicate to anyone the

things I had seen or felt. Several out-of-the-body episodes had added to my *quiorisity*. But, besides reading several books on the subject, I had no place to turn to for guidance. Today, people are not afraid to talk about their psychic experiences. Millions of persons in this country, especially young people have had their lives strongly affected by the strange phenomenon we will be writing about in **BEYOND REALITY**.

You are holding the first issue of a magazine that is truly unusual in every sense of the word. **BEYOND REALITY** is about the fascinating new frontiers that man is just beginning to understand and explore. ESP is part of this frontier as are all aspects of Occultism and Psychic Phenomena including the enigmas of telepathy, reincarnation, witchcraft, astral projection and all forms of divination from Tarot Cards to Crystal Ball gazing.



Photo was taken during a seance. Notice mysterious manifestations on the film.

**BEYOND REALITY** is not a fiction publication. Every word contained within our pages has been authenticated by a staff of qualified researchers and correspondents. This magazine hopes to serve as a camera focusing its attention on the important news of the psychic world. Our authors are both well known and highly ac-

credited in this field. Everyone on the staff has a lengthy background of exploring the supernatural.

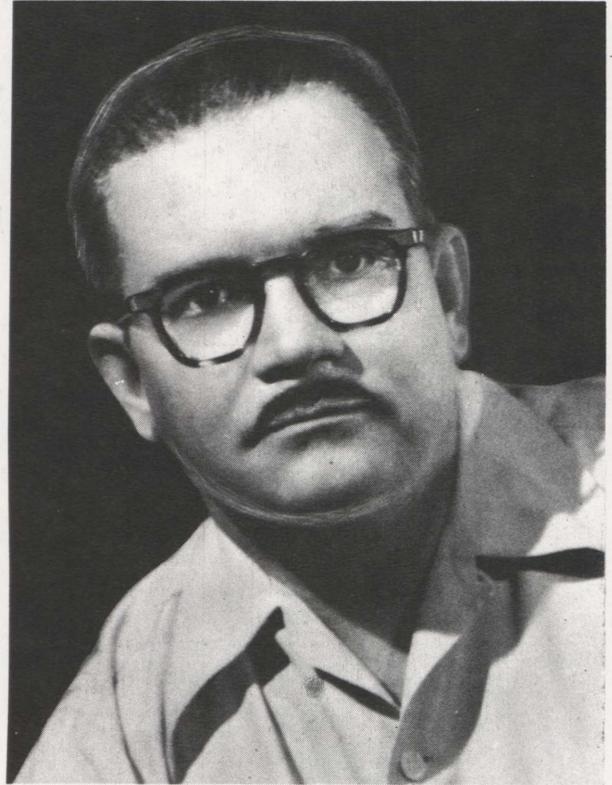
All the latest findings in the psychic world will be brought to you exactly as they happen. (Unlike other publications we will never condescend to putting in a photo when it doesn't apply to the text

*Continued on page 38*

*Tells How to*  
**Make Money Writing**  
**Short**  
**Paragraphs**

*Chicago Man Reveals a*  
*Short Cut to Authorship*

**Discloses little-known angle by which beginners often get paid five to ten times more per word than the rates paid to famous authors. Now anyone who can write a sentence in plain English can write for money without spending weary years "learning to write."**



**F**OR years and years a relatively few people have had a "corner" on one of the most profitable authors' markets ever known. They've been going quietly along selling thousands and thousands of contributions. None of them has had to be trained authors. None of them has been "big name" writers. Yet, in hundreds of cases they have been paid from five to ten times as much per word as was earned by famous authors.

The successful men and women in this field had such a good thing that they kept it pretty well to themselves. Mr. Benson Barrett was one of these people. For years he enjoyed a steady income—made enough money in spare time to pay for a fine farm near Chicago.

Finally, Mr. Barrett decided to let others in on his method. Since then he has shown a number of other men and women how to write for money. He has not given them lessons in writing. He has not put them through a long course of

study or practice. In fact, most of his protégés have started mailing contributions to magazines within two weeks after starting.

Mr. Barrett says that the only skill required is that the beginner be able to write a sentence in plain English. Almost anyone with a grade school education can write well enough to follow Mr. Barrett's plan, because the contributions you will send to magazines are rarely ever longer than one paragraph.

Shut-ins, housewives, folks who are retired on small incomes, even employed men and women who like to use idle hours in a constructive way—all types are making money on short paragraphs.

Mr. Barrett does not teach you to write. He shows you *what* to write, what *form* to put it in, and *whom to send it to*. He shows you a simple method for *getting ideas* by the hundreds. He gives you a list of more than 200 magazines whose editors are looking for this kind of

material and who will buy from beginners. In other words, he teaches you a method, an angle, a plan for starting to write for money right away.

**I**F you would like to see your writing in print and get paid for it—just send your name on a postcard to Mr. Barrett. He will send full information about his plan of coaching by return mail—postage prepaid. He makes no charge for this information. And, no salesman will call on you. You decide, at home, whether you'd like to try his plan. If the idea of getting paid for writing short paragraphs appeals to you, write to Mr. Barrett for this information.

No telling where it might lead. Such a small start may even open opportunities for real authorship. And, since it can't cost you anything more than a postcard, you'll certainly want to get all the facts. Address postcard to Mr. Benson Barrett, 6216 N. Clark Street, Dept 482-0 Chicago, Ill. 60660





Brad Steiger is without a doubt one of the most popular writers in the area of the occult and psychic research. He is the author of more than 30 books including "Strange Powers of ESP," "Strange Guests," "The Tarot," "What the Seers Predict for 1972," "The Psychic Feats of Olof Johnson," etc.

His most recent projects include a syndicated column, "The Strange World of Brad Steiger" and "Threshold" a feature radio series starring Robert Cummings and co-hosted by Brad Steiger.

For BEYOND REALITY readers who are interested in keeping posted on Brad's activities he has agreed to send anyone who requests it a year's free subscription to his monthly newsletter.

David Hoy is a king-sized, walking, talking advertisement for the practical benefits of ESP, extrasensory perception. Hoy's impressive personal appearance adds weight to any claim he might make, for at six-foot-three, he weighs in at just over 250 pounds. When he adds thick, horn-rimmed glasses, a mustache ending in goatee, and a mental confrontation in the lesser traveled backstreets of your mind, you know that you are dealing with a man not easily side-stepped.

David Hoy has read whole libraries on the subject of ESP, has written two books himself, has released an instructional record album on developing ESP, and has corresponded with nearly every recognized authority on paranormal phenomena in the world. Hoy has developed his own psychic abilities to a high degree, and he has demonstrated his talents before men of science, college convocations, and countless nightclub audiences around the nation. In addition, Hoy has lectured on the relationship between business techniques and extrasensory perception for such corporations as United States Steel, RCA Whirlpool, General Motors, State Farm Insurance, Bell Telephone, Sealtest, Chevron Oil, and J. I. Case.

Hoy's lectures on the compatibility of sales and mental suggestion have brought him enthusiastic responses from all of the above named corporations, as well as accolades from smaller, dynamic firms. After he has lectured at an executives' club, Hoy has frequently been asked to return to conduct managers' seminars. He has even been offered "Ambassador of Good Will" positions with certain industrial giants.

"Your participation . . . in our two-day sales meeting was very much appreciated," writes the Division Sales and Marketing Manager of Sealtest Foods. "Thank you very much for . . . one hour of absolute enlightenment and entertainment. We still do not know how you do it."

From the desk of the General Manager of KOKA-TV, Pittsburgh: "It was really the touch we needed to have a successful day . . . at a sales meeting."

From an executive of RCA Whirlpool: "Just a short note to thank you for the very captivating entertainment job you did for the Whirlpool Management Club last Wednesday . . . I think I am safe in saying that you made more than a few ESP believers . . . You might like to know that we had a record attendance of 982 at our evening meeting."

From the Vice-President and General Manager of KBMT-TV, Beaumont, Texas: "It is uncanny that the demonstration of your ability to project ESP symbols could be directly related to every-

WORLD FAMOUS PSYCHIC

DAVID HOY

TELLS HOW TO

# INCREASE YOUR INCOME WITH ESP

BY BRAD STEIGER

Clairvoyant David Hoy believes that ESP is not a gift but an ability which can definitely be developed in anyone, despite their training or their experience.

*U.S. Steel, RCA, Bell Telephone and other Corporations*

day selling, whether you are selling radio, television time, or any of the many and various things that this marketing group represented. What is even more amazing is the ability that you demonstrated to allow others to assume these 'powers' in everyday sales. I have personally used some of the principles that you demonstrated to great success and can honestly say they have put dollars in my pocket because of strengthening my position as a sales person."

It is apparent from these testimonials that David Hoy has something to say on the subject of ESP and is communicating it to the business world rather well.

"I have found from the times that I have been in the position of selling an idea and am talking to executives, that salesmen are always hungry for new ways to do the job better," Hoy said. "If I can give them an idea about extrasensory perception that works, then it is worth a great deal to them. And this is exactly what I try to do."

Although at one point in his life David Hoy was vehemently opposed to the very possibility of paranormal talents (he even put in a stint as a missionary in Brazil in his earlier career as a Bible-rigid Southern Baptist minister) he has now progressed in his chosen vocation as career psychic to having received the appellation of "Mr. ESP" by enthusiastic journalists and delighted lecture audiences around the country.

Hoy discovered his own ESP abilities much to his surprise, and he has come to believe that everyone must be similarly endowed, even though such talents may lie latent in the majority of men and women. One of Hoy's principal goals is to bring these abilities to the attention of those he encounters and, by cultivating aware-



ness in them, help these individuals to develop their own dormant abilities.

Hoy is especially convinced that business and ESP have a great collaborative future ahead of them. Hoy has been a salesman himself at various times and he has always made the utmost use of his paranormal abilities to secure a contract or to land a hefty sale. He is currently marketing a number of ESP-oriented products which he sold by employing the same methods which shall be discussed in this article.

David Hoy's qualifications as a psychic are difficult to dispute. His predictions of the future have been amazingly accurate and have provided unassailable evidence of some paranormal force at work.

In print or over the air and well in advance of the actual event Hoy predicted Jacqueline Kennedy's marriage to Aristotle Onassis; Lyndon Johnson's decision not to seek reelection; Richard Nixon's nomination as the Republican candidate for the Presidency; the outbreak of hostilities between the Arabs and the Israelis in 1967; the assassination of Robert Kennedy after his winning the California Primary.

Hoy readily admits to occasional "misses" as well as "hits," but he feels that he can be credited with 85% accuracy and can substantiate such a claim. He holds no illusions about the psychic field, and he earnestly supports qualitative research to dispel the many myths and misconceptions surrounding the paranormal. He has on a number of occasions donated his time and his abilities to the scientific testing of his talent, and he keeps himself abreast of developments in parapsychological research at American and Eu-

**A king-sized, walking, talking advertisement for ESP, he has taught men of science as well as Wall Street executives.**

## ***told how to accomplish top sales through psychic means!***

ropean universities and organizations.

"ESP is not a gift," he has remarked often," nor is it a power. It is an ability that can be developed in anyone."

Hoy does not believe that ESP need in any way be associated with occultism, although he has remarked that ESP must be believed in almost as a matter of faith, since the orthodox scientific community does not accept it.

When Hoy speaks to a management meeting or to a gathering of salesmen, he is sensitive to their specific needs. In this way, he makes certain that his listeners are offered the instructional material in the manner in which they can best respond and receive the most gain. For the purpose of this article, however, David Hoy has provided the author with certain essential points of his talks, basic premises upon which he builds his case for the dollar-sign benefits that might accrue from a salesman's utilization of ESP.

"I begin by telling them," Hoy explained to me "that years ago, when I first began purchasing, I was amazed at the way some salesmen reacted to me. They seemed to know what I was thinking, and right away they got down to the basics of what I wanted to buy and why I wanted to buy it. It was almost as if they were using telepathy to pick my mind to find out exactly what I wanted. Then they met this need."

Hoy went on to relate that this phenomenon did not seem to be the express property of any one type of salesman, but belonged to sales personnel from all walks of life. The spectrum went all the way from a person in a dime store who was very eager to sell, to someone who knocked on the front door and was doing cold selling, without even first canvassing the area.

Hoy discovered that these people had a great deal of rapport and empathy with those whom they encountered, and some even went further than this into the complex area of sympathy. This led the psychic to believe that a good salesman must use mental suggestive ability every day in his sales, even though he may be unaware that he is employing extrasensory perception.

Hoy also found that, many times, if he would open his mind to someone he was speaking to about sales, he could glean startling information about that person. These factors, and many more, convinced David that he should try to use this feeling of telepathy and rapport in every business venture in which he was engaged.

The reader will argue that Hoy could acquire "startling" facts about an individual in a business situation, because he is psychic. But what about Joe Salesman? Where does he come in?

Hoy contends that such a rapport can be achieved by any salesman, and utilized by him daily. The giant psychic offers several examples of how ESP can be used in sales, and how anyone might employ techniques that can be developed to a high degree of proficiency.

Hoy begins by encouraging the men he is addressing to try ESP in its simplest form, telepathy.

"Everyone wants to know how he can learn to use telepathy," Hoy remarked. "This can be done by learning two fundamentals:

First, you must be willing to believe that telepathy is a possibility. Unless you believe that some kind of mind-to-mind communication takes place, you will be unable to get effective results.

Second, you must be gutsy enough to try to see if you have the ability. This means you must be willing to

say to another person what you actually feel about them. Otherwise, you will have difficulty putting your telepathy into action.

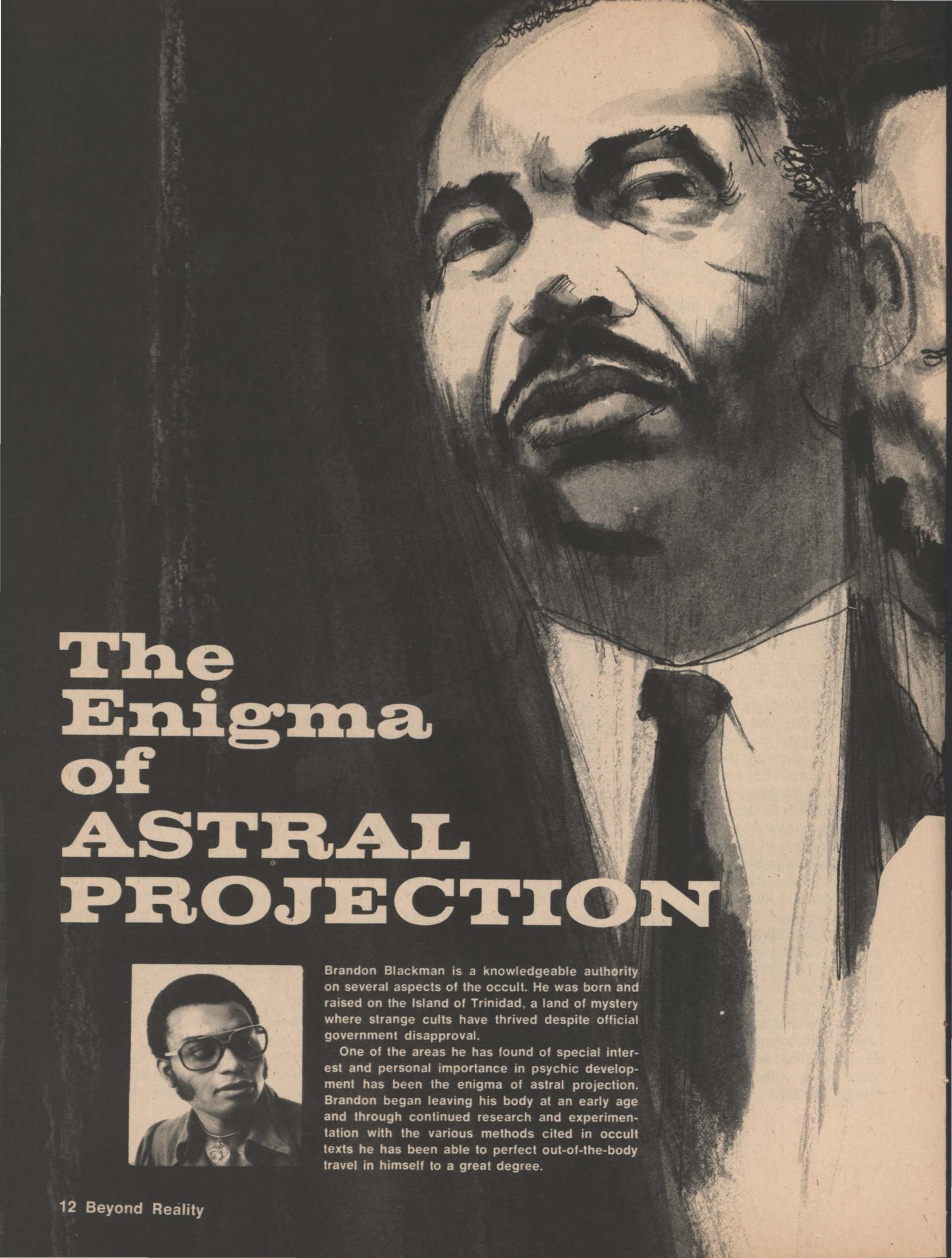
"In addition, when you are trying telepathy on a client, you must be able to tell when mental contact has been made. This awareness is hard to describe, but when you are trying telepathically to communicate with another person and he is responding and sending back to you, you will receive a definite mental impression that contact has been made. You will know that this contact is on a much deeper level than just simply rapport, and that it even goes beyond empathy. In practicing telepathy, and in transmitting images and receiving them, you will learn to know when this mental contact has been made at the time you are trying to effect a sale."

Hoy advises, however, that the prospective telepathic salesman initially employ selectivity and limited time areas. These abilities cannot be developed to a proficient level all at once, and if begun on too grand a scale, discouragement may set in.

Instead, "select a single target for a sale and mentally send this target exactly what you want him to buy. Then wait for the reaction. It is almost as if you 'psyche out' your prospect even before you meet him in person.

"In your mind you see what the person looks like, what he feels, what his habits are. You see in what area he really needs your product, how much of it he needs, and how much he can buy. This cuts through a lot of time that is spent in sales, and it also gives you an edge. Your client will think that you seem to know already what he needs."

Hoy has determined that a "tension-relaxation" state is most conducive  
(Continued on page 24)



# The Enigma of ASTRAL PROJECTION



Brandon Blackman is a knowledgeable authority on several aspects of the occult. He was born and raised on the Island of Trinidad, a land of mystery where strange cults have thrived despite official government disapproval.

One of the areas he has found of special interest and personal importance in psychic development has been the enigma of astral projection. Brandon began leaving his body at an early age and through continued research and experimentation with the various methods cited in occult texts he has been able to perfect out-of-the-body travel in himself to a great degree.



BY BRANDON R. BLACKMAN IV

There is a psychic revolution in progress. The ancient religions of Witchcraft, Voudoun (Voodoo) as well as other practices of magic and the occult arts and sciences have re-emerged to claim their rightful place after hundreds of years of suppression and ignorant manipulation.

In his book, *The Greening of America*, Charles Reich expounded on the new consciousness of the American youth. He neglected however to mention that there is a similar attitude contained in world youth as well. However, no matter how close Reich came, he failed to get to the guts of the world masses and spew forth its ultimate interior. All evidence points to the fact that the new world, the Age of Aquarius or whatever you may wish to call it, will be a Psychic world filled with secrets previously known only to occult adepts.

One of the most important elements of the psychic is astral projection. Written about in hundreds of texts, few people have ever learned the methods for traveling outside of their body.

Entry into the astral plane can be put to profitable everyday use by anyone, but first let me explain how I discovered this facility in myself.

I grew up on the Island of Trinidad where, at an early age I had attended several Voodoo rituals. One night, in the heat of the drums and chants, at the zenith in this particular ceremony, I found myself swaying with a feeling of attunement with the drumbeat. Suddenly (I was watching myself gyrate from somewhere outside my body in time with the pulsating beat of the drums. This was terrifying to me at first, as there had been an identity crisis, not knowing which me was real!

Soon this became my "pet thing," and I had thought that I was the only person in the world with the ability to simply *walk away from myself*. It was just in the past five years that I realized what I was experiencing had been spontaneous astral travel. This ceased to be spontaneous after I learned to control it consciously. I have since successfully instructed several students in my method of this art.

Today virtually everyone is seeking. What are we looking for? Many of us do not know until we have found it.

Some million and a half people per annum attend lectures and symposiums throughout the United States in the three hundred occult organizations.

All these people have one thing in common: that tiny spark within their breast has been ignited. They seek wisdom. Note I did not say knowledge. For wisdom is not merely to know. Wisdom goes well beyond the ingesting of the contents of a text. Wisdom is to realize reality, and reality is the total unfoldment of being one. This one dwells in a finer, more subtle world. A world which is non-material. Not a simple psychic dimension but a whole new spiritual frontier.

There is a school whose numbers are phenomenally increasing, which indicates that there is indeed another world. An intangible world, a world beyond our physical senses, a world which we quite often enter accidentally, but one which we can also consciously and freely enjoy the abundant beauty of.

It's been recorded that young Brigadier-General Napoleon Bonaparte was involved with a Palmist and Tarot card reader who, in 1764, predicted that he would wed the widower Josephine Beauharnais of the island of Martinique in the Windward Islands; and that the young Brigadier would shortly become the Emperor of France. The predictions, to the letter, all came true. From that time on the new Emperor of France worked at developing his psychic powers. These powers were developed to the point where during his battles, Napoleon would remain within his tent and at the same time project his astral body or inner-self over the battlefield in order to survey the fight.

This facility, no doubt, tremendously influenced the successful outcome of his wars. The defeat of one of the greatest warriors in the eighteenth century at Waterloo was the result of multiple factors which superseded even this subtle mystical gift of astral projection.

The statesman with the most popular psychic and out-of-body experiences was our sixteenth President, Abraham Lincoln. As a matter of retrospection, and as unusual as it may seem, several of our early presidents based the building of our nation on the predictions of psychic and mystic intuition.

President Lincoln, beyond his comprehension, experienced multiple mystic messages. After careful study, we have concluded that what Abe termed "dreams" were actually out-of-body journeying through the ether. At one time he traveled through the ether and into the astral plane, returning with the report to General Grant that the Con-

federate General Lee would surrender at Appomattox, Virginia on April 9th, 1865. Lincoln had visited the Courthouse several days before in his astral "dreams." From a very early age Lincoln also had been making astral visits to his own assassination and funeral.

During his term in office, Lincoln consulted with spiritualists. One of his favorite mediums was Netti Colburn, who gave the President several readings in his private quarters in the White House. Occasionally members of the cabinet were present, and most of those in attendance at these gatherings had a strong belief in life after death and other occult matters.

Even before the Civil War was over, Lincoln knew he would not live long. He told his closest friends that he had a strong feeling that he would not outlive the rebellion between the North and the South. "When it is over, my work will be done," the President said.

At his home in Springfield, Illinois, shortly after his nomination by the Republican party, Lincoln was resting in a big armchair, when he happened to glance in the direction of a full-length mirror which was leaning up against the wall of his study. The reflection of his body seemed to be separated in two—one portion was of Mr. Lincoln in his usually jolly mood, the other a cold corpse. Thinking that his eyes were playing tricks on him he glanced away from the mirror, but when he turned back the image was still present.

Several years before his death Lincoln had several "dreams" in which he viewed himself in a coffin on display within the White House. Research has indicated that many dreams are actual out-of-the-body trips and since there is no such thing as past, present and future in the astral, chances are Lincoln had projected himself into the future to see the time of his passing.

One of these trips occurred not more than a week before he was killed. This time he told a friend of his vision: "A few days ago I retired very late. I soon began to dream. There seemed to be a death-like stillness around my body. Then I heard subdued sobs, as if a number of people were crying. I thought I left my bed and wandered downstairs. I went from one room to another; no living person was in sight, but the same mournful sounds of distress filled the darkened corridors."

The feeling that he had left the bed is an outright indication of astral travel.

Continuing his trip through the darkened corridors he arrived at the East Room. In front of him rested a corpse wrapped in funeral vestments. Around the corpse were soldiers and there was a throng of people, some gazing mournfully upon the body whose face was covered.

"Who is dead in the White House?" Lincoln demanded. A voice from out of nowhere replied, "The President!"

With this the President returned to his bed and sat up in shock, his body perspiring from head to toe. Several nights later he awoke at 3 A.M. and began pacing the floor. When Mrs. Lincoln asked what the trouble was, Abe said, "I know my time is short." The next evening he met his death at the hands of John Wilkes Booth.

The late Kennedy brothers took the occult sciences very seriously as well. Robert Kennedy had expressed a special interest in UFOs and shortly before his death wrote an article to Gray Barker, a publisher in West Virginia, that he believed in the visitation of our planet by interplanetary beings.

Martin Luther King was extremely mystical in a very spiritual way. "... I'm not afraid to die," Dr. King passionately emphasized at a rally nearing the end of his earth life. "... I've been to the mountain top... and I've looked over to the other side," the great man cried, "I've seen the promised land..."

Doctor King did not literally go mountain climbing, nor did he stand on the top of Pike's Peak and shield his eyes from the sun and look over, and down into the valleys below. Martin Luther King Jr. went to the mountain with the aid of his astral. His spirit left that frail, imperfect shell which we term the human body and lifted itself into the ether. His soul disseminated into the realms of heaven. There he met the father and saw the promised land.

In April of 1971, at the Third Conference of Voluntary Control of Internal States held at Council Grove in Kansas, a Virginia businessman, Mr. Robert Monroe elaborated on his fascinating accounts of astral flight in front of an audience consisting of both laymen and parapsychologists.

Mr. Monroe's first indication of this ability was made known to him about 12 years ago. It came in the form of recurring epigastric type pains, increases in body temperature and vibrations of the body which Mr. Monroe estimated at 30 cycles per second. The

symptoms would appear whenever he would lie down.

One night while lying in bed contemplating the previous day's activities, his right arm accidentally dangled over the side of the bed. He was unconsciously feeling the texture of the rug, when he pushed a little harder, becoming aware that he was now feeling a nail and board. Feeling about some more, Monroe felt the insulation and the ceiling of the basement room. Monroe pulled his arm back in sheer fright and, after a distressing time, fell asleep.

This led him to experiment on subsequent nights until, to his surprise, he was hovering up near the ceiling and looking down to see his wife asleep on the bed. What was more amazing was the fact that Monroe also saw himself asleep beside his wife.

In desperation he struggled to get back into his body but the more he tried with his arms and legs flailing, the less he succeeded. However, the moment he stopped his frantic attempt and froze aghast at his predicament, he suddenly bolted back into his body, with a jolt.

With that Mr. Monroe had enough. The painful tremors he felt after getting back into his body caused him to cease experimenting for a while.

With a wider knowledge of astral projection, Monroe's courage returned and he continued his experimenting in this uncharted area. He continued working steadfastly on the techniques of slipping in and out of the body until now he can do it with relative ease.

The maximum time spent out of his body is 20 minutes, after which he finds his vital functions slow to an extremely dangerous point. When he has stretched this time limit, he finds that upon returning to his body, he is gasping for air and feeling distress.

At the conference Robert Monroe related many other instances of his out-of-body experiences. He told of his friend and co-worker in Florida. Monroe decided to travel out of his body to try to validate his presence. He was aware of being transported rapidly over a vast distance, traveling at such great speed that he became frightened at the buildings and such, whizzing by and through him, that he closes his eyes, to this day, whenever he travels.

Arriving at his friend's home in Florida, Monroe proceeded to pinch him. The friend felt the pinch and a bruise immediately appeared on the spot. In

the out-of-body state, Monroe sees the essence of people, good and bad, rather than the external facade as is normally seen.

There are times when he feels the need to be out of the body without his consent. When this happens Monroe is whisked off to a classroom in the astral plain with others, where they are instructed in further methods of being out-of-the-body and reaching higher realms. The purpose of this class is unknown to him but the need to attend is so great that he cannot resist.

Dr. Charles Tart, a famous researcher in parapsychology and altered states of consciousness, recorded Mr. Monroe's bodily functions while he was doing experiments under his direction and out-of-the-body.

The experiments were conducted in Tart's own laboratory. The lab was set up in such a way that Monroe was closed in a room by himself and hooked up with various electrodes. During the experiment the Virginia businessman astrally projected into the adjoining room and noted the conversation held between Dr. Tart and other doctors present in the laboratory. When the recording session was over, Dr. Tart's findings on the electroencephalograph substantiated Mr. Monroe's vital signs. The heart rate and respiration had been drastically reduced along with a low body temperature and other changes recorded on the EEG. In addition to this, Monroe's account of what was said between the doctors in the outer section of the lab during his out-of-body state was highly accurate.

In New Hampshire, researcher Loring Williams has been conducting similar experiments with persons who have been placed under hypnotic control and then sent out of their bodies. He finds that his subjects are able to travel into the "past" to see former incarnations (both their own and that of others); travel vast distances to other parts of the earth; and into the "future" to see events before they happen. Williams has concluded in his book co-authored with Brad Steiger, *Minds Through Space and Time* (Award) that there is no such thing as past, present and future in the astral regions. Williams' findings have additional backing from hypnotist John Fernandes who, while teaching at the New York School of Occult Arts & Sciences, have sent people out of their bodies in all directions of time without any trouble.

Another episode of spontaneous astral flight is the case of my good friend and associate, Timothy Green Beckley. One night Mr. Beckley, on the staff of *Beyond Reality*, went to sleep only to find himself catapulted into the apartment of someone he had seen only once before. Except for distortions arising out of his unaccustomed astral travel he described the apartment's interior correctly.

Although he had his first astral trip at an early age he was unable to follow up until many years later. In recent months he has even projected into the future and seen events which happened the following day and made national headlines.

As I said earlier the astral can be put to good use in everyone's life. Mark Twain, the famed novelist and humorist, did most of his creative writing from a semi-supine position in bed amidst multiple pillows. He preferred to write there primarily because he could stay relaxed enough to slip in and out of his body and into the astral plane.

Like Mark Twain, I also slip in and out of the astral to do my creative writing. I have found that in the astral one can tune in on ideas, thought forms, one can literally "see" one's story being played out in front of one's very own "eyes."

The lower astral is that which we reach by using various techniques. In this altered state of consciousness one can heal a sick person or render help in case of distress. One can visit a friend in need or alter someone's disposition. As for one's self, being in the astral just a few minutes a day greatly rejuvenates one and gives one the mental energy to cope with daily difficulties.

Entering the astral plane is the bridging of the gap between one's earthly body and one's higher spiritual self. One's higher self in turn is connected with that supreme originator of ideas. Thus, there is a cosmic flow of subtle energy being filtered into the physical through the astral. This energy can then be translated into various uses, depending on one's degree of involvement, down here on the earth plane.

Great men of history such as Napoleon Bonaparte, Abe Lincoln and Mark Twain took advantage of out-of-the-body travel—and there is no reason why you can't! □

# PSYCHIC BOOKS FOR REVIEW

## **PREMONITIONS: A LEAP INTO THE FUTURE,**

By Herbert B. Greenhouse, Bernard Geis Associates, \$6.95; Can disasters be prevented by a warning system based on premonitions? More than 200 people had premonitions of the avalanche of slag that buried 138 Welsh schoolchildren in 1966. Had there been a premonitions registry such as those in London and New York, this tragedy might have been averted.

The author takes a thorough look at the registries, then at the great disasters of the past and the premonitions that came before them, at today's seers, and at prophecies for our future—many of them uncomfortably similar. Underlying this is the ultimate objective of the premonitions registry—to channel premonitions in such a way as to avert disaster and change the future.

## **SECRETS OF VODOO,**

By Milo Rigaud, Arco (Illustrated), \$7.95; The innermost secrets of Voodoo, its origins, symbols, rites and ceremonies, are revealed for the first time in English. The millions who believe in Voodoo—and practice it—are continually conscious of its effect upon their lives with a curious mixture of glory and dread.

The author, a Frenchman who had lived in Haiti for 30 years, unveils here the secret rites of the Voodoo cult—eerie midnight ceremonies, the meaning of Voodoo drums, chants, dances, prayers, blood and human sacrifices, the use of magic lamps, modes of vengeance, foods of Voodoo, amulets and talismans, the Joukoujou, and a calendar of Voodoo ceremonies.

## **COMPLETE GUIDE TO ORACLE AND PROPHECY METHODS,**

By Joseph J. Weed, Parker, \$6.95; The ordinary man or woman with no "psychic powers" can develop the ability to see into the future and predict events to come!

The author, an active member of the Rosicrucian Order, who has lectured and conducted psychic research throughout the United States and Canada, reveals the methods used by the world's most famous prophets and seers.

Here, collected for the first time and under one cover, are the prophetic techniques used by the Delphic Oracle, the Gnostics, the Magi, the Lamas of Tibet, the Druids, and the other great seers of ancient times. He spells out in full detail the train-

ing methods used in the Eleusinian Mysteries, the "prophet schools" of Biblical times, the long-lost secrets of Nostradamus, Roger Bacon, Mother Ship-ton, and the legendary Great Merlin.

Here, too, are the clairvoyant techniques and procedures used by the best-known mystics of modern times, including Helena Blavatsky, Edgar Cayce, Cheiro, Peter Hurkos, Jeane Dixon, Maurice Woodruff, Wolf Messing, and others.

The book covers virtually every oracular and prophetic method ever devised, including techniques for reading the Akashic Records, awakening the Sixth Sense, the Silver Cord exercise, opening the Third Eye, and reaching the Third Level of Awareness.

## **THE RITES OF MODERN OCCULT MAGIC,**

By Francis King, The Macmillan Company (Illustrated), \$5.95; The author, a Masonic historian who has been immersed in occult study and practice for 20 years, brings to light the fascinating account of the renaissance of medieval magic and alchemy in 19th and 20th century England, Germany, and America.

Author of *Witchcraft from the Inside*, Mr. King also examines the rituals and beliefs derived from a craft that was part art and part science, that these groups practiced to attain and express their unconventional perspectives on the universe.

## **INVESTIGATING THE UNEXPLAINED: A Compendium of Mysteries of the Natural World,**

By Ivan T. Sanderson, Prentice-Hall (Illustrated), \$7.95; On record today are a variation of phenomena that challenge some of the most basic foundations of conventional zoology, physics and history.

Bats with an eight-foot wingspread; a hen's egg with a dime inside; gold models of what appear to be planes and bulldozers, sculpted by pre-Columbian Indians; sonar tracings of a "sea serpent"; and a little old lady who spontaneously burst into flames for no good reason.

This unorthodox survey of objects and events marshals many of the little-known facts and discoveries of the natural world, taking the reader to the very frontiers of today's science, from a Caribbean "mysterious island" to the permafrost of Siberia, from the vaults of major museums to the interior of Java.

**PSYCHIC ENERGY: How To Change Desire Into Realities**, By Joseph J. Weed, Parker Publishing Company, \$6.95; Great geniuses, composers, artists, writers and inventors for centuries have reported that they depend upon "Psychic Energy" for the full release of their creative powers and have always striven to increase their supply.

The author, a lifelong student of esoteric philosophy, maintains that these "gifts of the Spirit" can be greatly enhanced in anyone's life. His book, more than ten years in preparation, reveals simple, easy-to-use techniques for anyone to increase his store of psychic energy—and how to avoid the pitfalls that can lessen it.

The well-known author and lecturer tells in his book, how to employ psychic energy to develop any one or all of certain unusual abilities. For example, "Every person innately possesses precognitive ability, but the problem is to recognize it and develop it." In this book the author shows how to quickly develop this talent and raise it to the level where he claims, "Future events appear before you as pictures on a screen."

And the book's broad coverage also includes the use of Psychic Energy for clairvoyance, clairaudience, telepathy, astral projection, and reincarnation.

"Once you understand Psychic Energy and develop it," says Joseph Weed, "You may use it to create a wonderful new life for yourself."

**OCCULT AMERICA**, By John Godwin; Doubleday, \$7.95; At a time when the U.S. is reaching out into space, an estimated 30 million Americans are reverting to beliefs and practices of the occult.

The author presents this first definitive book to cover the entire breadth and scope of this country's mystical renaissance—perhaps the most puzzling phenomenon of our age. He had interviewed nearly 300 practitioners of the occult arts in all the major cities across the U.S.—ranging from cult leaders to fanatically obsessed followers, from business personalities cashing in on the movement to dedicated scientists attempting to understand the supernatural.

He participated in witchcraft rituals and Stanaic masses, in spiritualist seances and Scientology classes, in faith healing services, flying saucer conferences, astrology sessions and electronic dream

experiments.

The book concentrates on the figures who guide and shape America's occult revolution: the prophets and mystics, the mass organizers and business managers, the gurus, self-styled messiahs, mediums and psychics.

**THE MIRACLE OF PSYCHO-COMMAND POWER: The New Way To Riches, Love, and Happiness**, By Scott Reed, Parker Publishing Company, \$6.95; Salesmen, executives, and top management personnel from coast to coast are now using a new method—Speed Hypnosis—to obtain the results they seek, in situations when reasoning, demanding, or pleading won't work.

Long regarded as the ultimate in mind control techniques, Speed Hypnosis reportedly "speeds the desired response to requests in nine cases out of ten," according to tests. When used correctly, Speed Hypnosis works every time, on all people, in practically every situation, maintains the author, a leading mind-power expert. It is the exact same method used by professional hypnotists—when they apparently hypnotize total strangers in 10 seconds flat.

"This is not to say it should be used to order any person around like a robot," says Reed, "but 'hypnotic mind command' does have its uses, since everything you get in life, you get from people—pay raises, promotions, love favors, friendship, and more."

### **READER SERVICE:**

**Please let the editors of BEYOND REALITY know if you cannot find copies of these books in your library or local book store. When writing, include your name and address, and postage for return. We will let you know where in your area the book can be found.**



**Max Toth, internationally known Psychotronic Engineer and Parapsychologist, is Chairman of the Western Hemisphere for the FIRST INTERNATIONAL CONGRESS OF PARAPSYCHOLOGY AND PSYCHOTRONICS to be held in Prague, Czechoslovakia during mid-1973. He is Technical Director of the Backster Research Foundation, engaged in the re-**

**recording of physiological events of plant and other life forms. Mr. Toth is staff editor of the "Occult Trade Journal" and a consulting and contributing editor to several other national and international publications. Along with being on the Board of Directors of the BioFeedback Institute, he is also a book reviewer in the fields of Psychology, BioFeedback, Altered States of Consciousness, Parapsychology and the Psychic Sciences.**

**Previously Max Toth was a sleep researcher during which time he monitored and controlled over 1,000 sleep sessions.**

Since the beginning (and probably before) of recorded history, there have been practitioners of psychic phenomena—seers, prophets, sorcerers, astrologers and necromancers. Nevertheless, it was not until the latter part of the nineteenth century that psychic phenomena began to be taken seriously and to be investigated by scientists. And it was not until 1934, when Dr. Joseph Banks Rhine substituted the term *extrasensory perception* for clairvoyance and telepathy, and dubbed the entire field of research into psychic phenomena *parapsychology*,<sup>1</sup> that this field began to be regarded as science rather than superstition.

Since 1940, more than 1,000 abstracts dealing with parapsychological research have appeared in the American Psychological Association publication, *Psychological Abstracts*. This is certainly evidence that, at long last, parapsychology is being accepted as a bonafide science.

One of the reasons for this acceptance is that parapsychologists have finally found a way to take a great deal of the guesswork out of their research, a method by which they can scientifically document many of the physiological changes which occur during psychic experience. Their tool is electronic instrumentation and the name of this innovation is *psychotronics*.

According to the Czechoslovakian researchers who coined the word a few years ago, "psychotronics is, in essence, the bionics [the study of biology using electronic instrumentation] of man. Its main objective is to complete the set of laws governing the animate and inanimate world with new psychic, physical and biological knowledge derived from certain extraordinary manifestations of the human psyche. Further, the objective is to seek the practical consequences of the problems involved

# SUPERSTITION

# GIVES

# WAY

# TO

# PARAPSYCHOLOGY

BY MAX TOTH

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by using either man as an intermediate link or by eliminating man and using an artificial synthesis—e.g., by devising a “generator” of the energy used by man in telepathic transfer, once definite evidence has been proposed that none of the familiar forms of energy—electromagnetic, gravitational, or other, is involved.”<sup>2</sup>

This tool, psychotronics, gave birth to the new scientific branch of parapsychology, *Psychoenergetics*. Psychoenergetic research is divided into three categories:

1. *Psychotronics* which includes telepathy, telegnosis, psychokinesis, etc.;
2. *Cosmic biology* which deals with man as a biological unit in relation to external cosmic influences and with the role of cosmic influences in the formation of ESP and psychokinesis capacities; and
3. *Biological radiation*, which views man as a secondary source, as a transformer, accumulator and modulator of cosmic energy, etc.<sup>3</sup>

Because parapsychologists are attempting to minimize the chaos in their research and contribute to progress, they automatically have veered toward psychotronics in an attempt to render their work less difficult. It is this psychotronics and specifically *psychokinesis* with which we will deal.

Psychokinesis (PK) is the ability to influence at a distance static or dynamic mobility of animate or inanimate objects. It includes telekinesis, the effective horizontal movement of objects, and levitation, the ability to lift objects vertically by inexplicably overcoming gravity.

The best known of all individuals exhibiting PK ability is a Russian, Ms. Nina S. Kulagina, sometimes referred to as Nelya Mikhailova. It is reported that Ms. Kulagina has command of the entire PK spectrum.<sup>4,5</sup> In other words, she is able to move, usually with a pulling force, metallic objects which are magnetic, and also non-metallic materials which do not respond to magnetic attraction. Although filmed documentation [fig. 1] focuses on her ability to psychokinetically move apparently nonmagnetic metallic objects, researchers report that she is also able to move other objects, such as those made from wood, plastic, paper and leather.

A different type of PK force has been discovered and recently developed by Dr. Julius Kremessky, of Bratislava, Czechoslovakia.<sup>6,7</sup> Apparently emitted from the eye, this phenomenon causes objects floating on water or balanced on the point of a needle to move. [fig. 2] The force, which is pushing in nature, and whose impulses, acting on a mirror surface, obeys the law of reflection, has been measured to have a value of some  $10^{-2}$  dynes/cm<sup>2</sup>. Almost everyone has experienced this phenomena at one time or another, whether in a crowded subway, bus or room. The effect is simply the sensation that somebody is staring at the back of one's head. Immediately upon becoming aware of this force, one senses the direction

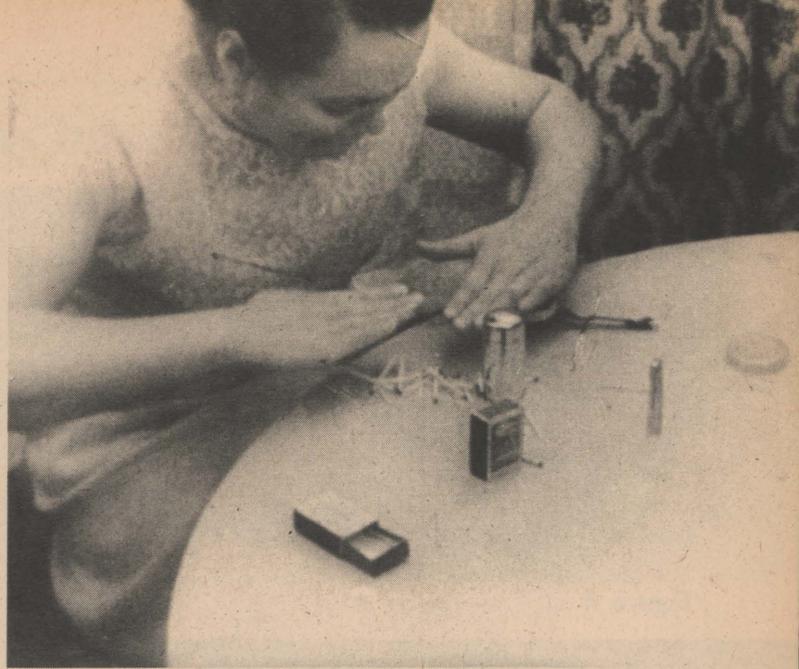


Figure 1

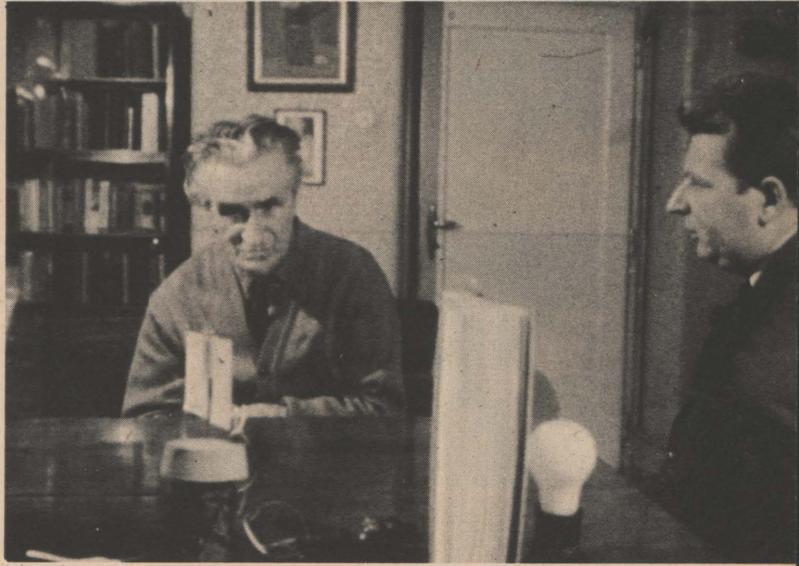


Figure 2

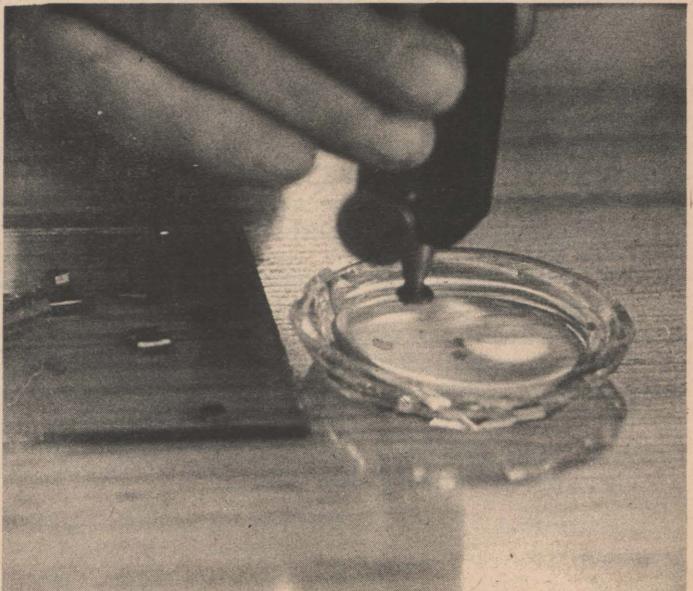


Figure 3



Figure 4



Figure 6



Figure 5

from which it is coming, and turns and looks into the eyes of the person who is doing the staring. Referred to by this author as the "Eyeball Phenomenon," it is one which may be effected by any person under the proper circumstances. In this regard, it is unlike the phenomenon exhibited by Ms. Kulagina, the manifestation of which requires training, practice and experience.

Another Czechoslovakian researcher, Robert Pavlita, has developed a means by which these PK forces may actually be stored.<sup>4</sup> He calls his inventions psychotronic generators; he has developed a number of these generators, each of which releases its force to perform a specific work-function, e.g., rotating an object by somehow overcoming the effects of a bar magnet which would ordinarily prevent rotation. [fig. 3]

It would appear, however, that the term psychotronic generator is actually a misnomer, since the "machines" invented by Pavlita behave more like capacitors than

generators. Not only must they be charged (either by touch or by gaze), but there appears to be the possibility that they are amplifiers of energy, simply because the inverse distance-square law does not seem to apply to them. They might more properly be called psychotronic transformers, accumulators, or modulators.

The basis of the PK phenomena discussed in the above-cited cases is considered to be a form of energy, known as *bio-energy*, which is generated by human beings as well as by all other living organisms. This bio-energy is not only storable, but also recordable through nonconventional photographic methods. Two Russian scientists, Semyon Kirlian and his wife Valentina, were able to photograph these bio-energy fields through the application of the Tesla Coil.<sup>4</sup> This coil, invented by Nicola Tesla in the early 1900's, generates thousands of volts of electricity at high frequencies and with infinitesimal amounts of amperage. This method, commonly referred to as Kirlian photography, is similar to the currently used

x-ray process routinely employed in hospitals all over the world. Both the x-ray process and Kirlian photography use a contact exposure principle. The Kirlian method places the object to be photographed, whether biological in nature or not, on top of the emulsion side of a photographic film negative. This complex is then contained between two circular metallic plates across which the Tesla coil voltage is momentarily applied. In the resulting picture, bio-energy can be seen flowing out of the object from distinct points on the surface. Scientists agree that the rays emanating from the photographed object are not, but may very well contribute to or even be the basic factor of, "auras" commonly photographed with conventional techniques.

The Kirlians have advanced their photographic method to the point where they are not only able to "photograph" areas of the human body for diagnostic or prognostic purposes, but are able to "photograph" acupuncture sites. [fig. 4]

The Kirlian photographic method has sparked this author's interest and that of several other researchers throughout the world. To differentiate his work from that of the Kirlians, each researcher has developed his own technically descriptive name for this high frequency, high voltage photographic process. For example, the Czechoslovakians label their process *electrography* [fig. 5]; the author calls his a *photoelectrographic* process. [fig. 6]

Interest in this method of photography in the United States has grown to the point where a conference, *The First Western Hemisphere Conference on Kirlian Photography and Acupuncture*, was held on May 25, 1972, at the *United Engineering Building*, 345 East 47th Street, New York City, N.Y. 10017.

While European researchers have been investigating bio-energy in the parapsychological vein, Americans have been researching it from a medical, or psychophysiological standpoint. Psychophysiologicalists have long known that when an individual becomes hypo or hypertense, certain organs will function at an increased rate, while others will function at a decreased rate. However, practitioners of the Eastern philosophies, e.g., yoga and zen meditation, are able to cause their organs to function at a changed rate at will without the stimulus of a stress factor. Researchers in two relatively new fields, bio-feedback and altered states of consciousness (ASC), are successfully teaching the man-in-the-street to control, under laboratory conditions, his physiological functions without having to undergo the rigorous training period required of practitioners of the Eastern philosophies.<sup>8,9,10</sup> The individuals being trained in the laboratory setting can, for example, learn to elevate temperature in one arm and lower it simultaneously in the other arm after only a few hours of training. Researchers in these new fields are advancing their techniques to the point where the individual will be able to control his entire gamut of physiological functions. Although the physiologists don't state it in this manner, the bio-energy generated by human beings is controllable by the individual generating

it. Ordinarily, when the individual is functioning in a normal manner, his bio-energy is approximately equally distributed throughout his body. However, when necessary, the individual can redistribute his bio-energy from many areas of the body to one area which has maximum need of this energy.

Bio-feedback and ASC researchers have begun to notice a curious corollary to this laboratory research. More and more often, individuals who have undergone laboratory training claim that, after several lab sessions, they found themselves better attuned to their environment than they had been before the experiments started. The subjects state that they believe they are becoming more psychic; they can tell who is calling them on the phone before they pick up the receiver, who they will be meeting within a few hours, etc. These subjects assert that before the laboratory experiments they had been aware of little or no psychic abilities within themselves. The psychophysiologicalists are perplexed over this sudden claim of increased psychic prowess and hesitate to label it *psychical* without further investigation.

Individuals exhibiting abilities classified as parapsychological seem to control their bio-energy automatically, without any training whatsoever. Therefore, it appears to this author that the two disciplines, parapsychology and psychophysiology, are converging upon a common point, but from different perspectives. It is obvious that the researchers of both disciplines soon will be "joining forces" for the purpose of scientific clarification, rather than perpetuating the opposition between their two fields.

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# "THEY ARE WATCHING ME" SAYS MUHAMMAD ALI

*Beyond Reality Staff Interviews World Famous  
Heavyweight Boxer in Cherry Hill, New Jersey Home*

BY HAROLD D. SALKIN & TIMOTHY GREEN BECKLEY

On December 2nd, Muhammad Ali (Cassius Clay) and his two personal trainers, Angelo Dundee and Drew Brown, along with UPI sports correspondent Bill Verigan, reportedly observed two unusually brilliant lights over New York's Central Park during the "Champion's" 5 A.M. work-out.

Muhammad Ali consented to meet with the staff of BEYOND REALITY in his home in Cherry Hill, New Jersey. Upon arriving we found that he had invited his wife and several of his close friends to the private screening of several motion pictures showing UFOs in flight, from our large files which we had consented to show.

After viewing the movies several times and obviously determining our sincerity, he settled back and began talking about his own experiences. "Mind you these UFOs are nothing new to me," he said. "I've a good feeling they're watching over me, boys," he chatted before going into details.

Ali began by relating the experience which took place in Central Park. "We looked up and saw this big 'thing' in the sky, it looked like a 'beacon' of some sort. A minute or two later a second UFO came overhead. This one had a glowing trail behind it." Muhammad added, "This was no joke, fellows, all my friends saw it." His sighting was later verified by reports from Long Island and New Jersey where a civilian pilot taking off from Newark Airport reportedly came in close contact with a UFO.

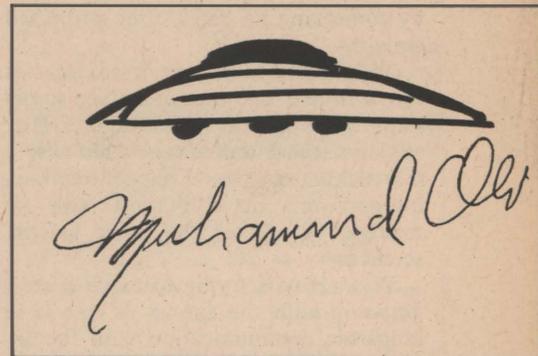
Ali purports that these craft have been following him for several years. He told us: "Every morning when the sky is clear, between 4 and 5 A.M., you can see them. All you have to do is concentrate your vision on a particular portion of the heavens, and by looking long enough you can tell if there is anything unusual moving up there."

He added, "They have been around me for at least six or seven years. During this period I must have had close to sixteen or seventeen different sightings. On one occasion I was out driving in a car when this large ship—shaped like a cigar as I recall—came over and its shadow covered both lanes of the highway."

Muhammad Ali is of the opinion that the UFOs he has observed are not from any other planet, but represent some earthly culture of which we are not totally aware. The answer, Ali says, is given in detail in Elijah Muhammad's "A Message to the Black Man in America."

"This country could really be saved if people would just understand what UFOs mean," the famous boxer and controversial public figure contends. □

Controversial public figure and world famous boxer views latest UFO slides and photos from BEYOND REALITY files.



Ali autographed his own illustration of one of the UFOs he has seen.

cive to success. One must not tense up too much, but neither should he be too relaxed about it.

"To insure the successful sales of your product, do not limit your mental projections to the man with whom you will be dealing," Hoy points out. "Extend your projections to other people in the firm, so that should your client need to check with a higher-up or make a second call, you will already have surrounded yourself with images of others who will help you make the sale."

As stated earlier, these abilities do not appear all at once. But, similar to any field of endeavor, one's batting average will increase with practice. To sharpen one's telepathic talents, Hoy suggests a few simple psychic exercises. For example, when a man has put in a long day either at the office or in making calls, toward late afternoon he will begin to think about the evening meal. If this particular man wished to develop his psychic prowess, he should attempt to send to his wife an exact mental image of what he wants for dinner. It could be something unusual, and many times it is good in an experimental situation to deliberately make it unusual. Then when the meal is actually served, it is set apart from coincidence.

David Hoy divides ESP into three distinct categories, telepathy, precognition, and psychokinesis. Telepathy, or mind communication, has already been discussed in this article. Precognition, then, is the ability to foretell an event—large or small—in advance of its actual occurrence. Hoy believes this is done by something he calls "time projected empathy."

"What I do—wild as it sounds—is throw myself into the future, see something happen, and verbalize it," Hoy explains to his audiences. "That way it is a mental, emotional happening, having nothing to do with crystal balls, astrology, or any of the other 'occult' sciences."

What Hoy is trying to teach here is *empathy* with the future. If one is in empathic communication with the future, the act of *foretelling* it is actually more like *remembering* it.

Hoy is quite firm about the methods he uses to judge a prediction, and he urges others to adopt the same attitude.

"If you make a prediction," he tells his audiences, "there must be three criteria for it. First, you must make it public; second, it must be carried by some form of the news media; and third, you must give a time sequence in which the

event should take place. In this way you can check yourself to see if you are really hitting."

Along with telepathy and precognition, Hoy believes psychokinesis to be a distinct category in extra-sensory perception. Psychokinesis, or PK, as it is more commonly referred to, means mind-over-mind, or mind-over-matter.

The value of PK can be demonstrated in one important example—getting a raise.

"It is possible to get a raise from your boss through ESP," states Hoy. "You simply suggest mentally how much you need, repeating this suggestion for several days. Then walk into the boss' office one day without saying anything about it, and watch that raise materialize."

It is also possible to use PK in the area of health.

"I often tell the salesmen that they need not have a cold if they do not want it," Hoy informed me. "Usually one of the reasons we get a cold in the first place is because we get sympathy from our wives and fellow workers, and it gives us an opportunity to take off work for a while without feeling guilty about it."

"I have a simple process I apply whenever I feel the sniffles coming on. I grab hold of my nose and say: 'I am calling upon all my bodily resources to cause me not to have a cold. I do not want to have a cold.'"

"This has worked now for me for several years, and I haven't had a cold for at least five years. I think it's possible for anyone to try this process. It is simply an example of mind over matter."

Telepathy, precognition, and psychokinesis are all valuable tools to man. They are not new to him, and they probably predate the flint, the wheel, and even the utilization of fire.

"I believe that before man used speech he was aware of people and events by a subliminal pattern of thought," Dr. Hoy once related in an interview.

This awareness is still with us, although the trappings of rational thought and logic have somewhat obscured it. And, not only is this awareness still within us, but it can be fully activated by anyone who desires to do so. These "magic" tools which primitive man used to assist him in his daily affairs have now become psychic tools of the Seventies that any businessman might give practical application to.

A good salesman, to survive, must develop an intuition regarding his clients and their needs. The top men in the sales field undoubtedly have this ability, yet they seldom call this intuition by its proper name, ESP. Extra-sensory perception does not belong to these men, nor does it belong to career psychics. It is a faculty of all men which can be developed and applied toward whatever vocation a man may practice. This development simply takes time and practice.

Once again then, let us consult David Hoy and review the seven tips he offers to salesmen and executive personnel throughout the country:

1. Believe in ESP and actively practice it, especially in the form of telepathy.

2. Develop an awareness of when mental contact has been successfully made.

3. Use selectivity and limited time areas when just beginning.

4. For best results, practice telepathy in a tension-to-relaxation state.

5. Make extrasensory projections about your sales.

6. Find out what the other person wants by telepathy and then find out the best way to help him get what he wants.

7. Continually practice mental suggestion; exercise regularly your extrasensory abilities.

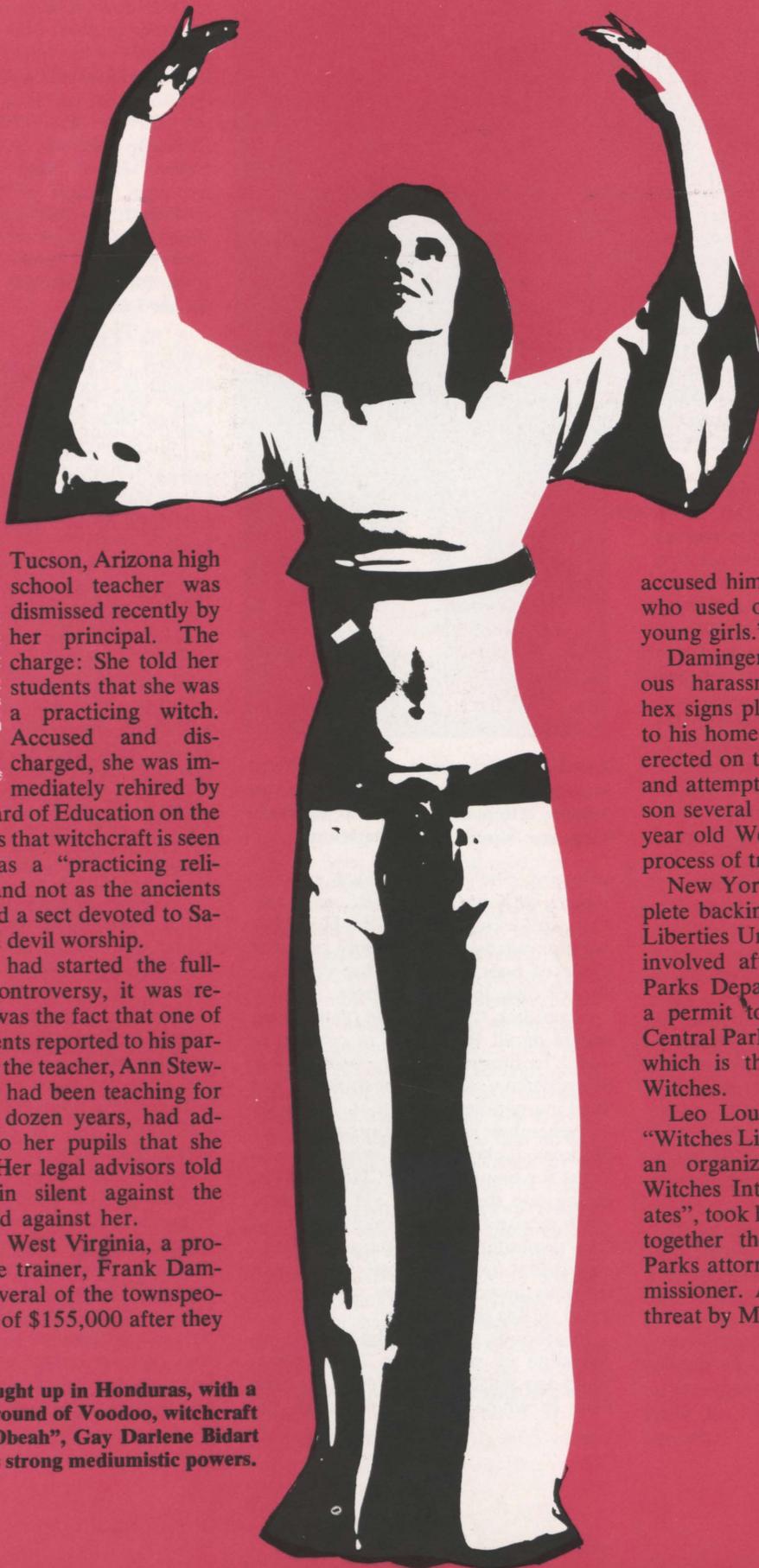
"One of the best sales gimmicks in the world is to find out what the customer needs from your line," Hoy insists, "and then you fulfill this need. You can do this mentally even before you enter his office. Collect in your mind exactly what he needs, then walk in boldly and sell it to him."

The seriousness of Hoy's delivery and the quality personnel of the prestigious groups before which he has spoken make a lie of the image of the wild-eyed, fiery-tongued stereotype so often associated with career psychics. A responsible family man with three children, Hoy does not believe that the practice of paranormal abilities should separate a man from his community in any way. The whole thrust of Hoy's message contends that ESP be put to practical usage so that the individual practitioner might reap the greatest rewards possible.

"Use ESP in your personal relationships," Hoy urges. "Use ESP in your working relationships. Do not hesitate to apply ESP in your chosen field for maximum advancement." □

# WITCHCRAFT, U.S.A.

BY N. BRUNSWICK



**A** Tucson, Arizona high school teacher was dismissed recently by her principal. The charge: She told her students that she was a practicing witch. Accused and discharged, she was immediately rehired by the Board of Education on the grounds that witchcraft is seen today as a "practicing religion" and not as the ancients believed a sect devoted to Satan and devil worship.

What had started the full-blown controversy, it was reported, was the fact that one of her students reported to his parents that the teacher, Ann Stewart, who had been teaching for about a dozen years, had admitted to her pupils that she was a witch. Her legal advisors told her to remain silent against the charges leveled against her.

In Chester, West Virginia, a professional horse trainer, Frank Daminger, sued several of the townspeople for a total of \$155,000 after they

accused him of being "a male witch who used occult powers to seduce young girls."

Daminger was subjected to various harassments including having hex signs placed above the entrance to his home; a huge white cross was erected on the property next to him; and attempts were also made to poison several of the horses that the 34 year old West Virginian was in the process of training.

New York witches have the complete backing of the American Civil Liberties Union. The Union became involved after the New York City Parks Department refused to grant a permit to hold a "Witch-In" in Central Park to celebrate Hallowe'en which is the major holiday of all Witches.

Leo Louis Martello head of the "Witches Liberation Movement" and an organization known as "The Witches International Craft Associates", took his case to the ACLU and together they confronted the City Parks attorney and its Deputy Commissioner. After a brief talk and a threat by Martello to sue the city, the

**Brought up in Honduras, with a Background of Voodoo, witchcraft and "Obeah", Gay Darlene Bidart has strong mediumistic powers.**

permit was granted and the earlier decision was reversed.

Casting spells, calling up deities, burning candles and dancing around in the light of the moon—is only a small portion of what Witchcraft really is, states Raymond Buckland, director of The Museum of Witchcraft and Magick, on Long Island. Buckland, who received his Ph.D., from King's College in London is also the High Priest of a coven of witches who trace their foundation back thousands of years.

Buckland's museum houses the artifacts of the craft including magick wands, ceremonial knives, a headdress of horns worn by the High Priest during certain sabbaths, and even one of the "lock-ups" identical to those found in Salem and other communities where witches were put on open public exhibition.

The author of several books on the subject he promotes witchcraft as "a religion which believes in the powers of nature." In witchcraft there are two important gods, Buckland continued. "There is the Mother Goddess who rules over the summer. She is the god of fertility, rebirth and magick. There is also the male deity who is the god of the hunt and death."

Some miles away in Manhattan's upper east side, Walli Elmlark explained that Witches do not sell their souls to the devil. "Satan is a purely Christian concept," Walli an attractive witch in her mid-twenties with long flowing black hair related. "Ours is a religion that goes back long before Christianity was even around. We believe in the power of the elements—fire, water, air and earth and believe that we can communicate with the gods who look down upon us and guide our lives."

Asked where the misconception of devil worshipping originated, Walli replied: "The early Christians who were trying to lure followers of the 'Old Religion' away from their faith and to that of Christianity told the people that the devil had horns and since the male god of the witches was symbolically a horned goat he therefore was Satan and evil. Actually to us this horned god was good because he came into reign during the winter season when the fields were barren and man had to live by fishing and hunting."

Walli sees her place in today's Witchcraft as one of modernizing the rituals and ceremonies. She has already gathered around her a number of stu-

dents who possess a great amount of psychic powers. "One of my students by the name of Valeria is becoming adept at gazing into the crystal ball. She recently saw a vision in which one of her friends was being attacked by a gang and going into the hospital for medical treatment. Later that night her prediction came true when a well-known motorcycle gang beat her friend and badly cut her at a rock concert."

Another of New York's vocal witches is "Witch Hazel" who despite the non-serious pictures her name often brings up takes her Witchcraft quite



**Another Witch from the New York area, Walli Elmlark sees her place in today's Witchcraft as one of modernizing the rituals and ceremonies.**

seriously. She has practiced moving objects with her mind ever since she was a child. On one occasion, Hazel became enraged at another girl and sent a pile of books flying in her direction by her own telekinetic force.

According to Hazel one of the deep beliefs of all Witches is in reincarnation. "In our religion we believe that every person alive on earth today has lived many times in the past. I am able to remember several of my previous lifetimes including one where I was burnt for being a witch," Hazel states. Going one step further yet the lovely witch whose friends jokingly refers to her sometimes as "Raquel Witch" claims that many of those she knew in previous incarnations are meeting her again in this lifetime.

Witchcraft may also have been responsible in saving her life. Several years ago Hazel was in a bad car accident in which she went through the

windshield of the auto she was driving in. The doctors took her to the hospital immediately where she was still losing a lot of blood. And although they managed to save her life Hazel was told that her face, which had gotten badly cut, would be scarred for life. Deciding that she would not let this happen Hazel using a form of self-hypnosis "which is really a part of witchcraft" willed her face to heal. When the doctors removed the bandages they were shocked to find her features totally restored and not a scar on her face.

A background of Voodoo and "Obeah" as part of her upbringing in Honduras, Gay Darline Bidart, also of New York has strong mediumistic powers. Going into a deep trance, often under the complete control of the spirits, Darline has had seances in which entities who existed on earth in the days of the Roman empire talk freely.

She sees Witchcraft as more than religion, "After all Witchcraft is different according to the cultural background you were raised in. I do not worship the gods as such but the power that nature provides."

During the ceremonies performed by her coven, Darline dresses in a purple and white two piece outfit bordered in black. Her navel is exposed because "this is the center of all my psychic powers" and she is barefoot "as you get tremendous power when you are in contact with the earth."

Whatever Witchcraft may be, it is being used extensively for good. The power and energy created by a group of people all thinking along the same line of thought is fantastic. "If you could harness it and use it you could supply the necessary power to run a city the size of Detroit," Witch Hazel has often remarked to me.

It is also a sociological and religious movement that is springing up all across the United States. According to a recent poll there are approximately a half million practicing witches in America today and the number is growing rapidly.

What are Witches asking for? In general Walli Elmlark sums it up the best. "We only want the religious freedoms that are guaranteed us in the constitution. We no longer wish to be persecuted for our beliefs and for our actions but to be accepted by society." □

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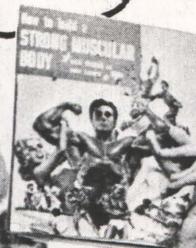
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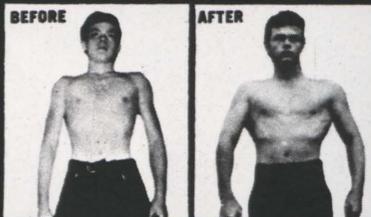
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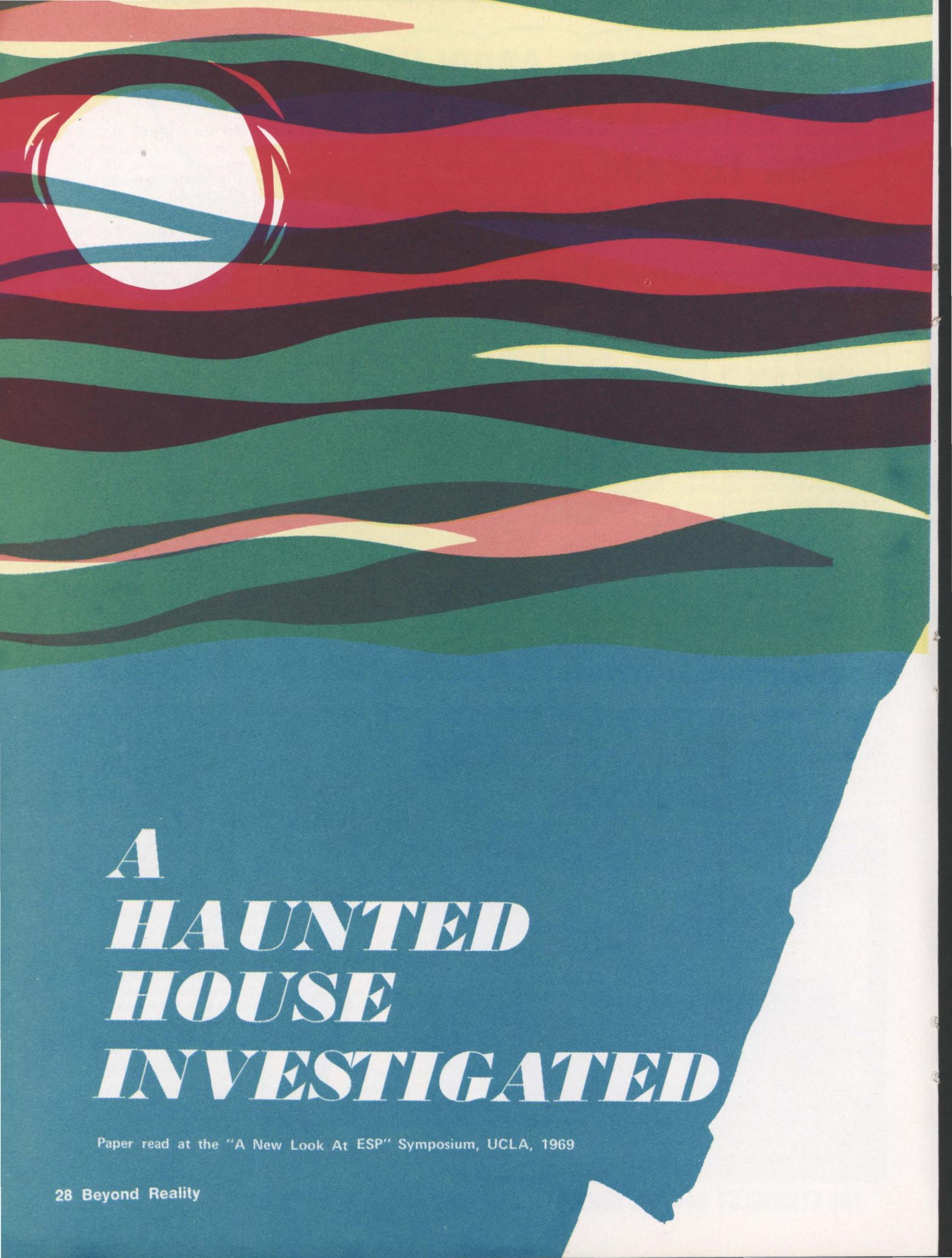
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**A  
HAUNTED  
HOUSE  
INVESTIGATED**

Paper read at the "A New Look At ESP" Symposium, UCLA, 1969



BY LOUISE LUDWIG AND THELMA MOSS

*With tape recorder, camera and a “sensitive” on hand, science probed deep to determine the source of the disturbances.*

Like all investigators of psychic phenomena, we sometimes receive strange and provocative telephone calls. Often, the remarks of the person over the telephone are enough to make us realize we are dealing with psychopathology, not psychic phenomena. Those of us who have experience in psychical research become adept at separating the genuine psychic sensitive from the much more numerous psi kooks. In the investigation of haunted houses, emotional disturbances might be expected to occur with greater frequency than with other types of psychic phenomena, although such investigations have been productive.

For example, about three years ago we explored in depth a supposedly haunted house occupied by a well-known writer and his actress wife. The house had been the scene of much activity with the appearance and disappearance of an apparition which had been seen at different times by several people who did not know one another. The descriptions of this ephemeral person seen by these independent observers were remarkably similar.

The apparition was about 5'10" tall, rather heavy set, in his late 40's or early 50's, invariably wearing a white shirt, no tie, and black trousers. In our investigations we asked several sensitives to go through the house independently of each other and to write a description of what sort of "ghost" they thought might be inhabiting the house. We also asked another group of people who claimed no psychic faculties to write their descriptions of what a ghost in this house might look like. We found that the sensitives' descriptions corresponded to a very significant degree with the descriptions of the "ghost" reported by those who had actually seen it. The non-sensitive control group showed no agreement at all in their descriptions. Another interesting point in the investigation was the fact that one of the sensitives predicted a fire would break out in the house, but that the fire would not endanger the lives of the two people living in the house. Eight months later the fire did occur as predicted. This investigation was noteworthy because, in spite of the various haunting activities of the "ghost"—

## A HAUNTED HOUSE INVESTIGATED / *Continued*

which included doors opening unexpectedly by themselves, lights going on in the middle of the night, sounds of a dinner party in the dining room, all of which were reported in vivid detail by the owners of the house during a period of several months—the rather astounding and frustrating fact is that in all of the times our people visited the house, none of them ever saw or heard anything unusual.

About a year after this most puzzling investigation, one of the present authors received an intriguing telephone call. The person who called, Mr. R., said he had been referred to us by neighbors who had heard of our previous investigations of haunted houses. After Mr. R. had discussed his particular problem with the parish priest, he decided to ask for our assistance. The problem, as we heard about it over the telephone, was the house in which Mr. R. and his family had lived for more than 15 years. No one in the family, which consisted of Mr. and Mrs. R. and their five children, three of whom were still living in the family home, had noticed anything unusual in all the years of living there until approximately two years before the telephone call. At that time, apparently Mr. R. had suffered a serious heart attack and had been taken to the Veterans' Administration Hospital, where he had remained for several weeks and had undergone open heart surgery. It was while Mr. R. was in the hospital that the family began to experience many peculiar episodes at home. These included footsteps walking up and down the hall at night, objects such as a shoe being suddenly propelled across the room, footsteps walking outside, up and down the driveway, and a voice moaning softly the name of one of the sons, "Peter, Peter . . ." In addition, a ghostly figure had appeared at different times to one or another member of the family. At first, while still in the hospital, Mr. R. thought his family were imagining these occurrences, but on his return home he himself became a witness to the strange sights and sounds. In fact, he spoke of one night when his bed shook so violently, apparently of itself, that he was afraid it would collapse with him in it. The list of events he gave over the telephone was specific and vivid. His assurance that the parish priest had also observed some of these things and would welcome our visit made us quickly set an appointment for the following Monday evening. We chose Monday because, according to Mr. R., the ghost seemed to be most active on that particular night.

On this first investigatory trip we took with us one of our most reliable sensitives and a tape recorder. At that first meeting, Mr. and Mrs. R. were both present, as well as the three sons, ages 17, 15 and 14, who lived in the house with them.

The 17-year-old, Peter, seemed to be the one with closest contact with one of the "ghosts." This "ghost"

he described as a monk dressed in a brown habit, who always appeared in a position turned *away* from Peter so that his face was not visible. Peter said that for a period of two years now he had seen the monk's slight figure at various times during the day and at night. Apparently the monk did not occupy any particular room, but had appeared and disappeared in the bedrooms, in the living room and in the hall. On one occasion Peter had reached out his hand to touch the monk and felt his hand go through the brown habit which seemed to dissolve, but which felt cold and damp to the touch. On several occasions Peter, who looks like a solidly-built football tackle with little apparent fear about anything, addressed the monk, asking what he wanted and what he was doing there. At no time did the monk answer him or even seem to notice Peter's presence.

The middle son, aged 15, had never seen the monk dressed in brown. One time in the family automobile, however, he turned around to the back seat and saw the figure of a man clothed in a long black cape sitting there. In his surprise he reached out toward the man and the man disappeared. The 14-year-old son thought all of these things very funny and preferred not to talk of them at all. He said he had never seen anything strange and only once during the night awakened from sleep by the feeling of a hand on his head as if it were stroking his hair. This one admission came very grudgingly from him because he was clearly embarrassed.

Mrs. R., an attractive looking woman in her middle 40's, very lively and voluble, reported that she too had seen a monk. This monk was not dressed in a brown habit, but in pure white. He was facing her, so that she could look into his face, which was not a face at all but a brilliant blue flame. One day as she was going unexpectedly into her bedroom, she saw the monk standing at the bureau where she kept her religious statues. This monk disappeared too, but she said he disappeared very gradually, almost imperceptibly. Together Mr. and Mrs. R. described another incident which occurred early one morning, about 2 o'clock. Mrs. R. had gotten up to go to the bathroom, heard a strange sound in the living room, looked inside, and was shocked to see a very solid figure of a man dressed like a cowboy rocking in the rocking chair. She was so startled she uttered a small scream and almost immediately was joined by her husband, Mr. R., who apparently saw the same man sitting in the rocking chair. Oddly enough, Mr. and Mrs. R. did not discuss this experience that night. Instead, Mr. R. led Mrs. R. back to bed and they both went back to sleep without talking. It was not until the next morning at breakfast that they discussed the episode and agreed that they had both seen the same figure. On further questioning, Mrs. R. reported another manifestation—or were they hallucinations? One was an old man with a limp,

seen by her 3-year-old granddaughter; another, seen only by her visiting daughter, was a very tall man, dressed in cowboy clothes but whose head and neck consisted only of a coiled rope. Finally, the figure of a tall man dressed in black pants, high boots and a T-shirt was seen walking around the side of the house and, seemingly, right through the wall into the cellar. This last figure was not seen by anyone in the family, but by the next-door neighbors who reported they had seen the figure disappear into the cellar through the closed cellar door. In order to investigate Mrs. R. went into the cellar and found no trace of any person, but did find a note written on a piece of notebook paper which said, "Don't bring strangers. It is not for you. It is for the boys."

At that point during the interview we felt for the first time in these many bizarre stories that there was a possibility of tangible evidence and we asked if we might see the note. Alas, according to Mrs. R., she had put the note away that day and the next morning took it over to show to her neighbor. When she unfolded the paper, she found that the writing had disintegrated badly and even as she talked to her neighbors the ink, just like evaporating ink, totally vanished before their eyes.

At about this point in the interview, the parish priest, Father Thomas, arrived. He was a short, thin man with a heavy accent. He had arrived in this country not too long ago from the Basque area in Spain. It was clear that he was in a state of conflict between his religious beliefs and the mystery of the phenomena he had experienced. He was quick to say that he personally had never seen any strange figure of a "ghost" at any time during his many overnight visits at the home. Several times he had noticed during the night "some kind of noise in the air." He described it as "somebody walking, but just in the air, not like walking in a solid place." Even though he would get out of bed quickly to trace those "walking in the air" steps, he never succeeded in seeing any figure or hearing any noise other than the one he described. Father Thomas felt that whatever was happening in the house was causing the family a lot of anxiety and he was very interested in getting rid of the disturbances. He told us that he himself had known one or two other houses like this one. He had visited one just a year before and had blessed the house. After that blessing, the people never reported any more trouble. Unfortunately, his blessing of the R's house was not at all effective. Father Thomas made a statement that was to become very meaningful to us. He said he had been at this home many, many nights with nothing more unusual occurring than the noise of footsteps in the air. Whatever was agitating the house, however, would always reappear with much greater intensity the day after one of Father Thomas' visits.

After this discussion, our small group, which included

our sensitive, went on a tour of the house and grounds. The house was an extremely well-kept, attractive, lower middle class home. Its only remarkable feature was the cellar. Inside the cellar a very deep hole had been dug with dirt piled high all around it. The family explained to us, and only with great difficulty did we understand, that the written message, "Don't bring strangers. It is not for you. It is for the boys," which was found in the cellar, combined with the numerous visions of the tall man in boots disappearing through the wall into the cellar, had led gradually to the conviction on the part of the family that there was buried treasure in the cellar. Mr. R. had given permission to one of his friends to dig in the cellar for the treasure with the agreement that they would split whatever booty was found. Nothing had yet been discovered and nothing, to our knowledge, has since been uncovered.

Returning to the living room we asked our sensitive if he had received any impressions. He gave some about the area in which the house was situated but none of his impressions seemed to relate to the disturbances which have been described. Having been victims of over-enthusiasm before, our small group, in later discussing the data collected, agreed that this could be, (a) either one of the most interesting haunted houses on record or, (b) a magnificent example of *folie a famille* or mass hysteria. Either way it seemed that we would have a profitable investigation, either into psychic or psychological phenomena.

About a week after the initial interview, Mrs. R. telephoned to say that activities had become much more numerous. On one night it sounded as if someone were beating a heavy stick on the pavement in the drive where the tall man had been walking. On another night one of Mrs. R.'s shoes had been thrown from under her bed out into the hall, while the whole family was in the living room. Father Thomas had come and spent two nights, without sleeping, but had seen nothing. It was then agreed that our sensitive would go out on October 31st (which incidentally happened to be Halloween) to spend the night and to tape-record anything that might occur. Our sensitive spent the night in the basement room, but saw and heard nothing. His opinion was that whatever disturbance might be in the house could be explained in terms of family emotions. He felt Mr. R. was a cruel, domineering man.

On the basis of this report, it was decided to have Mrs. R. keep a daily record of all the events that might happen during the week. Since it seemed that nothing appeared when people deliberately arrived, as in the case of Father Thomas or ourselves, we obtained permission to come unannounced, when no one would be aware we were there, to see if anything unusual could be observed that way. One of our group, (Continued on page 56)



3 THE EMPRESS

*Now anyone can read the mystical "Tarot" and learn to see into their own future.*

## *Let The Secret of The*

# "TAROT CARDS"

## *See Into Your Future!*

BY NANCY McILVAINE



For centuries, the Tarot has been a source of inspiration and wisdom for seekers of occult knowledge. Its origin has never been absolutely determined, although many theories exist, tracing it back to Egypt, India, Palestine, Italy and even China.

It is certain they have appeared in one form or another in every period in history, and in nearly every country. A case could be made by linking the symbolism on the cards to any of the major occult/spiritual systems of teaching, and in each case be correct, as all of these schools are simply different methods of approaching the One.

There is an obvious connection with the Cabalah, particularly in relation to the numbers, and with astrology; although it is not limited to these interpretations.

The Tarot consists of 78 cards, depicting a wide range of situations and states of consciousness. A wise observer will find the whole of the universe contained in its sym-

bols. They have often been regarded with superstition and fear because negative as well as positive aspects of creation are included. However, all states are necessary; and those who fear the Tarot fear the conditions of existence themselves.

With the current tide of interest in the Occult, many decks of Tarot cards have appeared on the market. Most of these are of relatively modern design—less than a century—and give the artists' personal concept of the meaning and essence of the "original" cards.

Among the most popular are the Waite deck, designed by the English mystic, A. E. Waite; the Swiss and French decks, the Aleister Crowley deck, and the Church of Light deck, which is Egyptian in emphasis. The Etteilla deck, designed in the last century by a French fortune-teller with a flair for the demonic, is generally credited with being the most spectacular and bizarre of them all.

Whatever the interpretation, it is generally believed that the "true" meaning of the Tarot cards has been lost over the centuries; due mostly to attacks of Enlightenment which are prone to sweep the earth from time to time. The Tarot fell into disrepute at the hands of the

**The Empress denotes fertility in all aspects.  
Three is the number of Form, and the Empress  
is surrounded by all of nature's creative forms.**

## SECRETS OF THE TAROT CARDS / *Continued*

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Enlightened, who either did not understand them or did not like what they understood, were suppressed, and for the most part disappeared, except within certain "secret" societies and among those who would not follow the dictates of the new religions.

However, to assume that the original teachings were lost forever is to assume that the wisdom contained in the cards can be found nowhere else. This is perhaps a mistake, except in the sense that wisdom is always lost to a fool; although certainly the original interpretations are rarely found.

The Tarot is most commonly referred to in relation to fortune-telling. Although it may be used to foretell future events, this was never its primary function, and the use of the cards for this purpose has been regarded with suspicion by some of its most faithful adherents.

Many books of interpretations are now available, and can be very helpful to the student, but in all cases it must be remembered that a symbol stands for many things which cannot be interpreted in words, and a rigid adherence to definitions can obscure understanding, rather than develop it. The Tarot has traditionally been used as a focal point in meditation, and a silent contemplation of each card in this manner may be very rewarding to those who wish to gain a deep understanding of them.

Keeping this in mind, the following are brief suggestions for the study of some of the cards:

The deck is divided into two parts, called the Major and Minor Arcana, respectively. Of these, the Major Arcana are considered the "trumps," and describe the progress of the soul toward spiritual evolvment. There is some controversy as to the order of cards in the Major Arcana. In this case, I have followed the numerical order found in the Waite deck.

**I. The Magician.** This is the Will. One hand points toward heaven, the other toward earth; he has the proper relationship to both. The symbol of eternal life crowns him, and the two parts of his belt are positivity and negativity. The staff in his right hand again symbolizes the will. Before him, on the table, are the symbols of the four elements: the wand (fire), chalice (water), pentacle (earth), and sword (air). These four elements also comprise the suits of the Minor Arcana.

**II. The High Priestess.** She is the companion of the Magician, both complementing and critically analyzing the Will. She stands guard between the pillars of the temple, the entrance to the Divine Mysteries. They may not be entered except by her consent. In her lap she holds a scroll, which is the Akashic record of the soul. It is only partly unrolled, showing that we only remember

a small part of our existence. The Priestess also portrays the emotions: at her feet are the moon and a boat, sometimes called the Bark of Isis. This signifies that the emotions, which are vital and necessary, must maintain their proper proportion. She represents that faculty which critically assesses the actions of the Will.

**III. The Empress.** She is surrounded by green trees and a thriving field; a shield with the symbol of Venus is at her side, and she is crowned with stars. She is fertility in all of its aspects. Three is the number of Form, and the Empress is surrounded by all of the creative forms of Nature. In a greater sense, she is Creative Activity on the plane of the earth, in the realm of matter.

**IV. The Emperor.** He is the companion of the Empress, and is the faculty of Reason, as expressed on the plane of earth, which must accompany the fruitfulness of the Creator. He stands for the dominance of invested authority of the mind, although if separated from the Empress this dominance would be too severe, and an imbalance would occur; just as Creation would run rampant without the guidance of Intelligence.

**V. The Hierophant (Sometimes called the Pope).** He represents the authority of external religion, as opposed to the High Priestess, who governs the esoteric, or concealed doctrine. He wears gloves, showing that he takes no bribes, and his hand is raised in a sign which depicts the distinction between what is manifest and what is concealed. He represents the head of the earthly hierarchy, and is himself the symbol of a greater, divine hierarchy. This card also represents the rigidity which can occur if adherence to external religion exceeds its proper measure. In another aspect, he is the voice of intuition, and educator of the masses.

**VI. The Lovers.** This represents human love, and the part it plays in attaining the divine. The lovers are facing each other unclothed—that is, without concealment; the tree of life is behind the man, and behind the woman, the tree of the knowledge of good and evil. In this state, they are one with the angel above them. In the 18th century, this card was called "marriage"; however, that particular definition has a tendency to limit it to a more temporal interpretation than is intended.

**VII. The Chariot.** This card completes the First Initiation. It means triumph and conquest in every sense, on the external and physical level. It is sometimes implied that the charioteer has successfully passed the trials of the First Initiation, and has gained the mastery of the



THE MAGICIAN.



THE HIGH PRIESTESS



THE EMPRESS.



THE EMPEROR.



THE HIEROPHANT



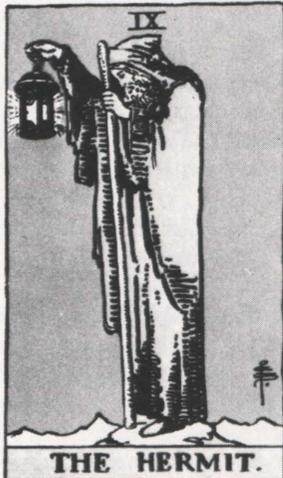
THE LOVERS.



THE CHARIOT.



STRENGTH.



THE HERMIT.



WHEEL OF FORTUNE.



JUSTICE .

## SECRETS OF THE TAROT CARDS / *Continued*

manifest world. In this way, "triumph over obstacles" has also been attributed to it.

**VIII. Strength (Sometimes called Fortitude).** Here a woman is shown closing the mouth of a lion, which represents the "roar of the world." She is exerting no great force, and uses no weapon. Therefore, she symbolizes the strength which is gained in contemplation and gentleness, and is becoming one with the godhead. Above her head is the same symbol which crowns the magician.

**IX. The Hermit (or Sage).** He has attained the mountaintop, or spiritual heights, and in this way he is solitary. In earlier decks, the hermit is portrayed as concealing his lantern beneath his cloak, thereby emphasizing the "hiding of the light," the necessary separation of the holy man from the masses. However, in the Waite deck he is shown holding his lantern out over the edge of the peak, allowing those below to find their way up as well. This implies a faith that the light or wisdom, no longer needs to be hidden.

**X. The Wheel of Fortune.** This card represents "the flow"; the alternation of increase and decrease in human life. The name of power within the wheel indicates that the divine principle functions through it all. In a broader sense, it implies that there is purpose, or fate, operating at all times—the unchanging amidst change. This card reveals that there is no chance, or accident, in the universe.

**XI. Justice.** This card is pretty self-explanatory, although it might be well to consider the cosmic laws of retribution in relation to it—those universal laws which operate above and beyond human law, and may at times exclude it. Implied herein is the concept that man, by his actions, invokes his own retribution.

**XII. The Hanged Man, or Martyr.** One of the meanings often attributed to this card is "the masses," which may give a clue to some of its symbols. Those who find this card horrifying should note that the expression on the martyr's face is tranquil, and the tree from which he is suspended is living. The aura above his head shows divinity. One leg is crossed behind the other, making a five-pointed star, or pentacle. This is one of the most misunderstood cards of the Tarot, usually taken to mean martyrdom or duty. In any case, he is bound and turned upside down by the world. By esoteric definition, he is the Higher Self, tied upon the cross. There is no reason to believe that the hanged man is not doing this by his own volition.

**XIII. Death.** Probably the most misunderstood card in the pack. It does in one sense indicate physical death, but it also stands for transformation. In the Waite deck a horseman is portrayed, carrying a banner with the mystic rose—symbol of life and rebirth upon it. In other decks the Grim Reaper is shown, scything skulls off a field. In either instance, it stands for the clearing away of what is dead, decayed or useless, in order to make room for the new. Each "death" carries with it the necessity of rebirth. This card is often associated with the astrological sign of Scorpio.

**XIV. Temperance (or "The Angel of Time").** A winged angel is shown pouring liquid from one chalice into another. In some decks, one of these chalices is gold, and the other silver, and in some the angel has one foot upon the earth and the other upon the water. In one sense, this card represents union—of male and female, spirit and matter, past and present. The liquid which the angel pours may be seen as the divine substance of which all creation is made. The pouring of this principle from one vessel into another shows that it may be transferred into a different form, although the substance is essentially the same. Other interpretations suggest that it is the transformation necessary for purification, on the descent of the divine spirit into matter.

**XV. The Devil, or Black Magician.** Here a demonic figure is portrayed, perched upon a cube, with a man and woman chained to it. The fact that the devil is often drawn to look like the Horned God of pagan religions reveals the artist's misconception of that particular deity, and the confusion between Cernunos and the Satan of the Christians perpetrated in the middle ages. Nevertheless, the meaning remains unchanged. This card represents the negative forces, and the evil which arises from using knowledge for perverse purposes. It also stands for the enslavement of man to material passions and illusion, and to his own lower nature. The man and woman are the obverse of the pair shown in "The Lovers"—they are now victimized by their own predispositions. To assume that this card represents an external devil, and the chains as involuntary, is naive.

**XVI. The Lightning-Struck Tower (or "The House of God").** Here is shown a tower, with a crown on top, being struck by lightning from the sky. On one hand, it can be seen as the divine spirit striking the fortress of materiality, or of purely intellectual achievement, which thinks itself secure. On the other, it may be related to the hexagram of "Shock" in the I Ching—i.e., a sudden illumination of insight which (Continued on page 42)



simply to fill space nor will we rehash old material.) Most people who are into this subject have gone past the stage of merely dabbling. Thus we will attempt to instruct as well as inform. For instance in this issue a world famous psychic tells you "How to Increase Your Income Through ESP" and a talented, young, gifted clairvoyant teaches you to read the Tarot Cards in simple form and without need of expensive books.

Nor is distance any problem. Max Toth, a dedicated Parapsychologist who is responsible for several current advancements in the field presents the latest findings from inside the Soviet Union. His recent trip to Czechoslovakia and correspondents in other Satellite countries have produced volumes of new material which proves the existence of psychic manifestations.

We have gathered a staff of correspondents made up of the best newsmen and researchers in America who are able to judge and understand the depth of what is taking place. Among our regular contributors will be internationally recognized researcher and author of more than forty books on the Occult, Brad Steiger. One of the oldest names in the Occult, but still respected is Zolar. Among our regular features will be OCCULT HAPPENINGS—A Nation Wide Report of Activities On The Psychic Front, written by Robert Parker head of Occult Communications and editor/publisher of THE OCCULT TRADE JOURNAL and THE OCCULT COMMENTARY. There will of course be the usual "Letters" column in which comments will be asked for from our readers. It will be through this method that our case for the existence of extrasensory abilities will be proven.

In my own column, STRANGE AND UNKNOWN I will endeavor to take you on a bi-monthly trip into areas of the Occult which are currently in the news. I invite you, the reader, to submit newspaper clippings or notifications of strange events in all fields from your area to supplement my own research. This month let's talk about a few ghosts I've known!

### THE MACO GHOST LIGHT

It is said that on dewy, moonless nights the ghost of railroad conductor Joe Baldwin can still be seen on a stretch of Atlantic Coast Line track twelve miles northwest of Wilmington, North Carolina.

Legend has it that Ol' Joe was killed in 1868 when the rear car of his train became uncoupled, and in an attempt to flag down an oncoming express train that was barreling in his direction, he was decapitated. A lantern he was carrying flew out of his hands and into the nearby swamp, where it remained lit for several hours until it was picked up and moved.

Shortly after the wreck a mysterious yellow light began to appear nightly at exactly the same spot where Joe had met his death, and the light has been observed hundreds of times since. Some people claim that they actually have got close enough to determine that the light is really a lantern, complete with guards around the lantern shades. They are convinced that it is the body of Joe Baldwin attempting to find his missing head.

Traveling to this area I found that the town in which this incident is said to have happened is called Maco. Actually Maco is not really a town as only 20 families make their home there on the railroad junction. But, the people are friendly and anxious to talk about their ghost light to outsiders. I was told that the best time to view Joe's lantern was on a foggy and rainy night. The reason for this is that lights from traffic on a highway that travels parallel to the railroad tracks cause a brilliant glare on the tracks which has often been mistaken for the ghost light.

The true phenomena, I was informed, begins with a small flicker over the left rail some distance down the track, perhaps as much as a mile away. Then it continues to grow larger and larger, as it moves up the rail toward you. As it grows larger it seems to pick up momentum. Finally it dashes forward at a high velocity, while swinging from right to left. When it gets within 50 feet it seems to stop and stand still. If you try to get closer, it will retrace its movements and disappear back down the track toward the trestle where Joe was killed.

I stayed in Wilmington for three days traveling the short distance by car every night just after sunset. I parked on the side of the tracks halfway between Maco and the spot where the light is said to appear. For the first two evenings I watched as dozens of local teenagers and a few out-of-town travelers (from as far away as Arizona) gathered by the rail to see if Joe would put in an appearance. They would scream when car lights from the nearby super

highway would "play" upon the rails and as the traffic moved in their direction it did indeed look like a mysterious ghost light.

I thought at first this might be the answer to the phenomena, but was told that the road had been cut off several times over the years and the true ghost lantern would still remain. It has also gained credence in recent years when investigators from Washington failed to find an explanation after closing the highway. Also, a machine gun detachment from Fort Bragg visited Maco, attempting to shoot at the light. The lantern-carrying ghost of Joe Baldwin got to within sixty feet of them but continually bobbed and weaved, making the light impossible to hit.

On the third night I hit pay dirt! All day long the sky had been overcast and it looked like it would pour any minute. As I headed for the site the heavens opened slightly and a drizzle began to fall. Sometime between midnight and one a.m. I glanced from my hunched position in the front seat out into the night and saw the moon begin to show itself through the low-hanging clouds. From out of the darkness along the right-hand side of the railroad track came a flicker of yellow light. At first I thought I was watching a firefly when suddenly the glow began to increase in size until it was the diameter of a softball.

The "object" moved around in mid-air as if an invisible baseball player were tossing his softball and catching it again. I can't say whether or not the object actually grew in size or whether it simply got closer to our vantage point. In any respect I pulled out the camera I was carrying with me for just such an emergency and snapped the shutter. When the film was developed I found myself the proud owner of a fantastic color slide of what I believe represents a true manifestation.

### THE GHOST OF CHRIST CHURCH

Actually this is not the first time such an image has appeared on film.

Christ Church is an historical landmark situated on the island of St. Simons off the coast of Georgia.

The island has a legend of death and struggle. In an area known as "Bloody Marsh," long-time residents state that they have actually seen the ghost of headless slave children on moonlit nights and the spirit of a murdered plantation owner. Still others say they have heard a weird wailing noise com-

ing from the vicinity.

The specter of a young girl can also be seen, we are told, riding through the marsh on horseback. The area is always checked later for hoof prints, but none can ever be found.

Another mysterious area is known as Ebo Landing, where members of the Ebo tribe were brought from Nigeria and sold into slavery.

However, instead of becoming slaves, it is said that linked together by a chain, many of them walked into the water and drowned. To this day the sounds of chains and moans can be heard in the still of night on Ebo Landing.

The cemetery surrounding Christ Church itself is said to be haunted. Diane Steep of the *Atlanta Constitution*, reported that she had seen weird ghostly forms appearing above the old tombstones, along with another reporter and two Baptist ministers.

Only recently this same site was visited by another Atlanta resident, Allen Greenfield: "We entered the graveyard not turning on our car lights as at least one version of the story requires, if you are to see the ghost. According to my impression, the mood of the place was eerie enough with moss hanging down the tombstones, the moonlight . . ."

However, other than this, nothing sensational appeared to happen. In fact, ghost-wise the trip appeared to "be something of a bomb."

It was not until he returned home and had developed several photos he had taken of the area itself that anything weird showed up. When the film was returned, Allen noticed that the processor had failed to make a print of one particular negative, "probably because he felt its quality was too poor to reproduce." Upon holding it up to the light, Allen noticed a vague form on it. He immediately had a blow-up of this negative made and was startled to see to the right of Christ Church what appeared to be the head of a body almost entirely decomposed.

Whether Allen's camera somehow was able to capture the ghost of Christ Church, we may not be able to prove one way or another. But as Mr. Greenfield states, "As I look at the photo again, there comes back to me a nagging memory of being pulled around at the time, and the realization that I acted quite foolishly, in trying to take a picture in the dark. As I try to recall my feelings, I seem to half remember an irresponsible urge to snap the camera toward the church."



Arrow points to mysterious image caught by the lens of Allen Greenfield's camera while exploring St. Simons Island off Georgia.

Did the "ghost" order Allen Greenfield to take its picture? This is but another mystery for parapsychologists to decide.

#### IN TOUCH WITH THE SPIRIT WORLD

Of course some people are more attuned to viewing ghostly apparitions than others. Shawn Robbins is an attractive young lady in her mid-twenties who has been a practicing medium for several years.

About two years ago she held a televised seance from the home of world-famous puppeteer Frank Parris. "I had gone upstairs where I began to get a cold feeling. I felt a heaviness in the air as if something was going to happen," Shawn relates. "Suddenly, I saw people fighting; I could see a struggle going on but I couldn't quite make out what it was all about." She also saw a piece of jewelry hidden in a vase that no one knew anything about. A week or so later the current owners of the house found the item buried away among some of the belongings of the previous owners. Shawn also discovered that the building had once belonged to Mayor Jimmy Walker's closest friend and even earlier had been a hideaway for runaway slaves from the south. Quite possibly she was picking up on this when she saw a vision of struggling and fighting.

In other homes Shawn, who takes

her powers for granted and is hesitant to relate some of her weirder experiences, has heard knocks on the walls, rattling of windows and "spirits" walking across the floor. She believes that there are several types of "ghosts" including true spirits who could be relatives or friends who have passed over. "In many instances these spirits have been responsible for saving a person's life. One case I know of concerned a friend of mine who had fallen asleep with the gas stove burning. Her mother appeared to her in a vision and told her to wake up before it was too late. In another few minutes my friend would have died if it had not been for her 'dead' mother." Other "ghostly" visions are caused by energy produced by a person who is emotionally unbalanced. This type of ghost often takes the form of poltergeist phenomena. "Also, when a person has died violently and suddenly, this event is recorded in the atmosphere and a person who is psychic can pick up on it as if they were seeing a movie over and over."

During one of her seance's Shawn's assistant Barbara Seiler took several photographs of the medium while in a light trance. When the negatives were developed later they were both amazed to see that queer "light" streaks had appeared on several of the frames. On close examination what appears to be faces can be seen within the maze of streaks. □

# UFO REPORT

BY HAYDEN C. HEWES



First became interested in UFOs in 1957. Organized the Bureau to collect information on UFO sightings. Permitted to visit and question, by special authorization from the Pentagon, the Air Force UFO Investigation

Project, (Blue Book) headquartered at Wright-Patterson AFB, Ohio. Was one of six Oklahomans selected to work with the University of Colorado's "Condon Committee". Was featured in 1965, 1966 by NBC News "Monitor", and by the French Broadcasting Company in a special UFO documentary movie. Has been interviewed on countless radio and television talk shows across the United States.

Majored in Aeronautical and Space Engineering at the University of Oklahoma. At the present time serves as Editor of the CANADIAN UFO REPORT



**LANDING TRACE**

At approximately 7:00 PM on November 2, 1971, Ronald Johnson of Delphos, Kansas observed an object which caused him to lose his vision. The object appeared as a multi-colored "glowing object" which hovered about two feet above the ground. Ronald lost his vision as the craft ascended, emitting a high pitched whistling sound. A 3 inch tree limb was broken as the craft rose.

Evidence found at the landing site indicated that the object was approximately 10 feet in diameter. For four days after the incident the 8 foot circle on the ground glowed, along with the nearby trees and limb that was broken. Photos of the glowing landing site were obtained by Dr. J. A. Hynek of Northwestern University.

(Continued on page 42)

## UFO PHOTOGRAPH

*This photograph was taken by H. Williams, retired Air Force Pilot, employed at the Denver ARTCC. The UFO was visible approximately 10 seconds traveling "fast." Color, on original slide is a dull red. The slide was investigated by the Condon Committee with "no comment."*

*Location: Twenty-five miles southwest of Provo, Utah.*

*Altitude: 12,000 feet*

*Weather: Described as a bright day with high, thin, cirrus clouds.*

*Film: EH-135 1/500 sec. at F 22, 35MM*

*Notes: Photo taken from a C-47. This enlargement about twenty times.*

*Analysis: Photo is under investigation at this time by the International UFO Bureau.*





The circle



Pentagram



Athames

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- (1) how numerous people make use of a certain formula for paying bills with marvelous results (p. 37)
- (2) how a poverty-stricken couple received \$10,000 "out of the blue" in response to their request (p. 25)
- (3) how a man was able to triple his income in three months with a certain 28-word prayer that takes only ten seconds to repeat (p. 98)
- (4) how L.T. used a one sentence prayer to rise from a job as an office boy to the owner of a 50 million dollar company (p. 178)

... or explain any one of the scores of wonderful things that happened to people who used Dr. Murphy's prayer techniques!

But we assure you that you won't be able to explain a single one of these mysterious "answered prayers"—you won't that is, until you read Dr. Murphy's thrilling new book "YOUR INFINITE POWER TO BE RICH"...

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● On page 24, you'll read of a woman out of work, trying to support three children, with the bills piling up rapidly. No sooner did she utilize a single prayer given to her by Dr. Murphy than a surprise gift of \$5,000 in cash came out of the blue, from an almost forgotten relative she had not seen for 15 years!

● On page 98, you'll discover how a working man TRIPLED his income in just three months, through the power of a certain

prayer. This prayer contains 28 words. It takes only ten seconds to repeat. You will find this prayer given word for word in the book.

● On page 109, you'll read the true story of Maria, a little 8-year-old Spanish girl in New York, who wanted nothing in all the world more than a new bicycle. Her parents could not afford such a gift, but Dr. Murphy, who was then her next-door neighbor taught her how to Ask... and her prayer was answered... she got her brand-new bicycle ONE DAY LATER.

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You will find these powerful prayer-techniques truly beautiful, reverent and inspiring. And you will find out for yourself that—incredible as it may seem—THESE PRAYERS DO WORK. THEY ARE answered! Time and time again, skeptics have tried—simply tried—and found to their utter amazement that Dr. Murphy truly has in his hands the lost key to a Bible secret forgotten for ages.

We do NOT expect you to take our unsupported word for this. We urge you to PROVE TO YOURSELF our words are true. We want to put a copy of Dr. Murphy's book into your hands. All we ask is that you TRY—just try—using one of these prayers. Fill out and return the coupon below.

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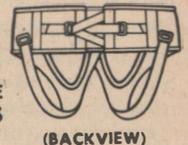
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## TAROT CARDS / *Continued from page 37*

destroys all former constructs. Either way, it need not be interpreted negatively, as it can also be seen as the necessary destruction of what is false or unworthy.

**XVII. The Star.** The Cosmic Mother, young and beautiful, is pouring the waters of life upon both the earth and the waters, impartially. In the sky is a large star, surrounded by seven smaller ones. These are related to the seven principles within man, or the seven "planes" in Theosophist terminology, or the seven Bodies of Alchemy.

**XVIII. The Moon.** This card depicts the "subconscious," and the reflected light of Divine Wisdom as it appears to the imagination of man, divorced as he is from even his own spirit. The face of the moon is tranquil, indicating that there is nothing to fear. The path beyond the towers leads to the Unknown. The dog, wolf and crayfish in the foreground represent the evolution of material man. Additionally, they are creatures associated with the moon, in its aspects of policies, dreams, and theft. The association of the shellfish with the astrological sign of Cancer, is governed

by the moon, obviously. Overall, it is the card of the instinctive nature of man.

**XIX. The Sun.** A naked child is shown on a white horse, with a scarlet banner unfurled. This represents the awakening of the soul to divine self-awareness. In this way it shows spiritual freedom—the soul of man liberated from the illusions of matter. The figure is that of a child, indicating that the purity and innocence of a child are necessary to attain this state.

**XX. Judgment (or the Last Judgment).** The angel Gabriel is blowing his trumpet, and people are arising from their coffins. This is usually interpreted as the resurrection of the body after death, as understood in traditional Christian dogma. In a greater sense, it represents that "mystic death," in which men and women die to the world, in order to become alive in the spirit. The trumpeter is the divine force which calls him to undergo this death. Also implied is that state after death, wherein a man's deeds during his lifetime are assessed, in the karmic sense, and further incarnations determined.

**XXI. The World.** This card represents the final attainment of the soul; the state of oneness with the godhead, cosmic consciousness, or Nirvana, that which is found at the end of desire. A woman is depicted dancing, and she is surrounded by a garland of flowers. The four creatures of the Apocalypse are shown, guarding the circle.

**O. The Fool.** A young man is pictured, his face full of intelligence, looking at the sky; while neath his feet lies a precipice, and at his heels a dog barks to warn him of the danger. This depicts the spirit of man, in its pure state, before it descends the precipice into material incarnation. In the precipice the soul will gain experience, but at this point his eyes are still on heaven—he has not yet lost sight of his origin. The wallet which he carries contains the sum of the soul's previous experiences. In another aspect, it must be remembered that a fool is one who lacks experience and wisdom, and that we are all fools in relation to the Divine.

**NEXT ISSUE: The Minor Arcana and personal case histories from the files of the author.**

## UFO REPORT / *Continued from page 40*

When Mrs. Johnson touched the glowing area it caused her finger tips to become numb. Snow would not melt within the ring and the area became dehydrated.

**INVESTIGATION:** A complete investigation report will be released as soon as the soil analysis is completed. Investigation of the incident by UFO researcher Ted Phillips. Preliminary soil analysis by Northwestern University

indicates that the life growth between soil inside and outside of the ring is 1-5.

It appears that the Delphos Incident will become the best documented case in history and may prove that the object was not of this earth.

Should you spot what you believe to be a genuine sighting of a UFO, please don't hesitate to let **BEYOND REALITY** in on it.

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cise location, its description, date and time you saw it, and if it is at all possible its approximate altitude and speed.

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### IN OUR NEXT ISSUE:

WALTER GIBSON,

Did Houdini believe in spirits?

ROD CHASE,

Astrology and Art

LARRY DICKSON,

Mental Telepathy

ROBERT D. NELSON,

Premonitions

# Lure of Satan

BY ZOLAR



ZOLAR, the dean of American astrologers, lays just claim to the title "World's most popular astrologer." Zolar has been publishing books on the occult since 1932—many have been bestsellers. His horoscopes, astrology magazines and other occult works are read in all parts of the world wherever English language periodicals are sold. Feature articles about Zolar have appeared in "The New Yorker," "Newsweek" and other national

magazines. He makes frequent appearances on radio and television. The following murder mystery is based on the 12 signs of the Zodiac. The astrological character traits of the culprit have been employed to trap the guilty individual.

**B**EN Lisbon gazed thoughtfully at the rigid back of his wife, Leza, and noted the impatient tapping of her left foot as she stood at the window across the room. Her left hand was plucking the petals from a rose, without removing it from the bowl which stood on a pedestal at her left; and after crushing and shredding them in her fingers, they were being dropped carelessly to the floor. Never turning her head, her hand, seemingly of its own volition, sought another and another of the lovely blooms, and ruthlessly destroyed them.

Ben knew the act was an unconscious one, and sighed.

These were the signs, unmistakable and infallible, that Leza was angry again; and the courageous heart and iron nerves of Ben Lisbon, known as a formidable battler in the fields of business, shrivelled in dread. He had borne these rages of Leza's with equanimity for years. They happened at rare intervals, but they were devastating and now with his mind tied in knots with worry over possible financial ruin, he did not feel equal to combatting with other worries.

The trouble was that this mounting rage of Leza's was directly tied up with his financial outlook, and could not be considered a thing apart; but he simply could not press his beloved daughter into a decision which he knew was abhorrent to her, even though it would mean an end to the present financial crisis.

Telford Farmindale had let it be known in a delicate and diplomatic way that he would willingly do anything for "family"; and if young and lovely Tracy Lisbon became his wife, naturally Ben, her father, would be that family.

The Farmindale money was "old" money, and the vast fortunes had been built up and added to by many generations. Farmindale was a name that many a fond



mother had hoped to bring into her family by way of a marriageable daughter, but Telford had eluded marriage successfully until now, when he had shown not only a keen desire to have Tracy as his wife, but a determination to realize that desire.

Leza turned suddenly toward him and crossed the room.

"If you would only admit to yourself that you owe something to me, and our future together, you would exercise some parental authority over Tracy," she started petulantly, as she lit a cigarette.

Ben studied his wife with a fleeting wonder that such a breathlessly beautiful woman could be so callous, so cruel as to want to usurp the life and liberty of another human being for her own ends.

"I refuse to sell my own flesh and blood into the bondage of a marriage which is revolting to her," he answered.

Leza was speaking again, and Ben noted that her voice, which had been rising in anger a moment ago, had now changed to her customary calm and pleasant tone.

"I think I have proved over the years that Tracy's welfare and happiness have always been my first consideration—even when it meant sacrifice to me. That Telford is so much older than she, will really be more favorable to her chances of happiness, for he will act as a balance wheel for her youthful impulsiveness and heedlessness; and never will she have such a good offer again. Other mothers of this town have tried their best to capture him as a husband for daughters just as beloved as ours."

The sweet honeyed tones and persuasive words ceased, and Ben could not deny the logic of what Leza had said; and all the scheming, and devising, and mad mental circling of the whole mess always arrived at the same conclusion—that Tracy's marriage to Telford *would* solve everything.

"What does a girl of seventeen know about love?" Leza was asking with a mocking little smile. "Older and wiser heads are *needed* to guide her. Tom Branton can give her absolutely nothing but his good looks and a rather wild brand of fun. His acting ability will never make him any money—certainly not enough to give her the things which she has been reared to expect. She likes him as a congenial playmate—but we both know marriage is something more than that!"

"But they do love each other!" Ben broke in. "Tom adores her!"

Leza rose suddenly, and lit another cigarette. Crossing the room, she stood facing him, her face becoming hard, and her voice holding a note of rising anger again.

"Very well, I get your message. You intend to let us all be sacrificed—Tracy with us, remember—because you are too weak-kneed to forbid this association with Tom Branton, and insist that she do better for *herself*. You, with your maudlin idea of love for her, are throwing her headlong into unhappiness, and needlessly sacrificing us! You have spoken; if you will make no move to set her on the right track, I shall!"

Ben watched his wife's nervous picking up of small

objects, and placing them elsewhere; the flush of anger that had crept from the lovely throat to the increased broad brow, and finally, he was watching with some relief, her retreating back as she left the room.

A ripple of laughter sounded in the reception hall, and almost immediately Tracy literally blew into the room with her usual cyclonic commotion.

"Hi, Darling!" she greeted her father. "I beat the stuffing out of Tom," she giggled as she threw her golf bag into a corner, and selecting a cigarette from the small Chinese box on the table, lit it and fell with that graceful awkwardness of youth into a chair.

Ben regarded this small feminine replica of himself fondly.

As he studied this child of his, he became more determined than ever that he would not lift one finger, or say one word which could cause her unhappiness. He would willingly face actual poverty for the rest of his life if need be, rather than influence her to take a step so palpably hateful to her.

"You love Tom very much, don't you?" he asked.

"Oh, Pops, he's tops!" she exclaimed happily. "There is nothing I want so much as to be Mrs. Tom Branton," she added with characteristic frankness.

"Even at the expense of all this?" came the cool, slightly contemptuous voice of Leza, who had entered the room so quietly that they had been unaware of her presence. Her arm swept over the luxury of the room as she asked the question.

Tracy regarded her Mother for a few moments before she spoke.

"I don't think love is a thing to be measured by the loss or gain of money," she finally answered.

Leza smiled and with a shrug said, "But it's just as easy to love someone who can give you the things you've always had, isn't it? I see no laudable virtue in a love that *prefers* the misery and hardships of poverty when all the comforts and ease that money can give are obtainable."

Tracy's level gaze on her mother's face continued, but a small ghost of disdain had crept upon the lovely lips, which remained silent.

Ben watched, unhappily aware of what Leza was going to say.

"How can you possibly know the agonies of need and want, when you've never needed or wanted anything in your life that you couldn't get? Your father and I have tried Tracy, to make your life as happy as we could. Without money, Darling, it might have been a great deal different. Instead of fashionable schools, and expensive cars and clothes and your own fine show horses, you'd probably be pounding the pavement in search of employment by now. I'm wondering if Tom Branton would have shown such interest in little Tracy Lisbon, a department store clerk."

A flash of anger was in Tracy's voice: "Tom certainly hasn't paid attention to me because of money!" she exclaimed. "You may as well know now, Mother, that when I am eighteen two weeks from now, we are going to announce our engagement. He is no more concerned with

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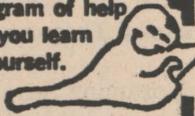
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the lack of money than I, and neither of us has the brand of love that is for sale to the highest bidder!"

Ben's heart leaped with gratitude for the courage and honesty of his daughter, then sank as he realized that his hope of aid from Farmindale was being crushed by her words; but he would say nothing would not influence her in anywise. He loved his daughter too dearly, and her happiness meant too much, to use her as a pawn for his own gain.

He looked on in amazement as Leza, arms spread wide, crossed the room quickly to Tracy and enfolded the young girl in an embrace.

"Oh, Darling," she said tremulously, as tears started in her eyes, "if that is what you want, your father and I want it for you! We are glad that you have found such a wonderful steadfast love that will endure through everything; for dear girl, we must tell you now that we are facing financial ruin, unless by some miracle we can recoup. All this—the white arm waved over the sumptuous picture room again—all this must be sold. Everything possible converted into cash, to start your father and me up somewhere else, humbly, at the bottom of the ladder again. He didn't want to trouble you with this, but now we can at least be comforted knowing that you will be happily married to the man you love, and who loves you enough to see that you do not want for things."

"It's true, Dad?" she asked in a choked voice. Ben raised agonized eyes to his daughter, and nodded.

Turning, she crossed to the window, the small straight back taut, her hands clutching the windowsill.

She spoke in a subdued voice: "Very well, since it lies within my power to untangle this situation, I shall lend an ear to what Telford Farmindale says. Frankly, the very thought of marriage with this man is repugnant to me. He is only two years younger than Dad. He is living in a past age—not mine—and his idea of the dignity with which one wears the Farmindale name is ludicrous. Were this my own decision to make—where only my own future was involved—I think you know what my answer would be—the same as it had been on the two previous times he has proposed; but I cannot see the two people who are near and dear to me destroyed by my own selfish desires."

She rushed from the room.

Ben gave a withering stare at his wife. All the scorn that he felt for her selfishness, her avid greed for money, her ruthlessness that had revealed itself with such blinding clarity recently, was in his voice as he answered. "You told her the one thing you knew would bludgeon her into a decision that would be what you wished. You knew that she would not let her own wishes stand in the way of our welfare; or *did* you? Somehow I can't believe you capable of knowing what a thoroughbred does when faced with a crisis."

Leza was on her feet facing him with fury that stopped him short. "How dare *you!*" she spat at him. You, a cringing, whimpering coward who would put her future at stake as well as ours because you were too lily-livered to lead her into the right—the sensible thing to do! Well,

*you* may want to be the lamb of sacrifice for an adolescent's love affair, but not I! I do not imagine that when Farmindale offers you assistance in pulling out of that stupid financial mess you've plunged us all into, that you'll hesitate to take it because it is 'in payment' for your beloved child!"

Ben realized with sickening disgust that she was speaking truth—he had hoped for Farmindale's aid, which could only be obtained by his daughter's consent to marriage.

When he would have answered Leza, he saw that she was no longer in the room.

Three weeks later the Society columns of the newspapers gave generous space to the engagement of the "lovely and talented young daughter of Mr. and Mrs. Benjamin Lisbon to Telford Farmindale, scion of an old and respected pioneer family."

Tracy herself was listless and apathetic about the whole procedure; Leza was ecstatic, and Ben was a troubled, conscience-burdened man.

It seemed to him that he had only exchanged the brand of trouble, since Farmindale had reiterated his offer of financial help the minute that Tracy became his wife, and Ben became part of his family. The terrible financial strain that had been endured for the last month was lifted but now he was worried about his beloved daughter.

He began to wonder just what was the worst kind of worry a man had to take. The present one always seemed the worst.

Farmindale's importuning for an early wedding date was enthusiastically seconded by Leza, and met with an indifferent shrug by Tracy.

She was a silent unsmiling girl who, while offering no opposition to Leza's frenzied efforts to "have everything right," refused to discuss her coming marriage with anyone. Even with Telford who was full of plans and suggestions for their life together, she was merely acquiescent, seemingly without suggestions or wishes of her own.

Ben sat alone in the living room over his solitary Scotch and water.

It was only nine-thirty at night, but the stillness of the house was of the after-midnight quality. Leza, busier than ever with her own activities was not near, and Ben was free to think uninterrupted, a privilege he rarely enjoyed of late. The musical signal of the telephone brought him out of his thoughts, and he lifted the receiver.

"Lo, is that you Tracy?" It was the voice of Tom Branton, obviously very drunk. Before he could say anything else, Ben broke in:

"Tracy isn't here, Tom. This is Ben speaking."

"I want Tracy," Tom said with the stubbornness of an intoxicated man. "Gimme Tracy."

"She isn't here, Tom, she is out for the evening."

"Want Tracy!" Tom said with rising impatience. "I'll have 'er too! Mark my words, no one'll have 'er but me."

Ben's heart swelled with compassion for this boy whose grief remained undiminished despite the amount of liquor that Tom must have consumed.

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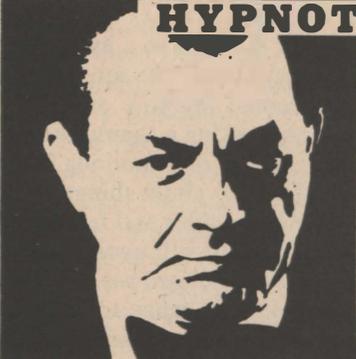
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"Listen Tom, Tracy isn't here. Better go home, fella," he added kindly, "you'll feel better after a night's sleep."

The next morning at breakfast, Leza, who could appear incredibly beautiful even in the morning sun, studied Tracy over her lifted coffee cup.

"Really, Tracy, I do think you should tell us where you were last evening and what the program was."

Tracy's eyebrows raised as she looked unsmiling at her mother and with a slight shrug, said nothing and after a few moments, left the table.

Leza appealed to Ben. "What have I said now to offend her?" she asked in wide-eyed innocence. "Honestly, I can't understand why, when she has achieved something that most girls would be praying for, she should assume such an injured attitude! She acts like a—a mummy when Telford calls on her. I'm almost wondering why he wants to marry her!"

Ben looked at her for a moment before he spoke. "Because he's a Farmindale, and a Farmindale can always buy anything he wants," he said with bitterness.

There was a glitter in Leza's eyes as she answered, "Not unless it is for sale through the mismanagement of its owner," she said with a tight little smile, and with this thrust that cut through the heart of Ben, she rose and left the room, her chiffon peignoir wafting about her in a rosy cloud. Truly a she-devil, who looks like an angel, Ben thought.

As she passed Tracy's room, Leza could hear the girl's voice talking in muted tones on her room phone. She walked more slowly, hoping to catch a word and her curiosity became a burning flame within her when she heard a low delighted giggle, which in a few seconds burst into a small and brief explosion of laughter. Half an hour later, she saw through the filmy curtains of her bedroom window, Tracy leaving the house, and entering her car.

Ben and Leza were having a last drink together before retiring, but both knew that they could not sleep until they knew for sure where Tracy was. Why didn't Telford call?

The guests they had had for the evening had gone their various ways an hour ago, and now they could go over once again the night's events; not about the small informal gathering they had had, but of the sudden visit of a distraught Telford, demanding to know where Tracy was, when she was supposed to have been with him.

They had handled the situation well, concealing all agitation from their guests, placating Telford as best they could, and finally breathing a deep sigh of relief when he left to look for her.

"He was rather wild," Leza said, toying nervously with a bracelet.

"That is if one can be wild with dignity," Ben half grinned. "Leave it to Telford to never for a moment forget he is a Farmindale."

"His anger was justified—we must admit that!" Leza said in quick defense.

The musical chime of the phone sent them both in a headlong dash to answer it, but Ben reached it first. It was Telford who spoke.

"I found her!" he announced dramatically. "Found her with him—that Branton person! Making a disgraceful exhibition of herself in a dive that calls itself the Beachcomber!"

"Wait," Ben interposed, "just how was she disgracing herself?"

"She was gyrating on the dance floor with *him*," Telford spluttered.

"They were doing something that looked like a cross between an epileptic seizure and St. Vitus' dance. It was a horrible thing they call the Twist, and no lady worthy of bearing the name of Farmindale would ever have done it!"

"Oh," Ben breathed with relief, "that is just the newest dance, Telford—no need to be excited about it. That she failed to meet you as she told us she was going to do is the one big offense I'd say, but there is not too much to worry about to my way of thinking."

Telford's voice came over the wire in a hysterical falsetto. "Not too much to worry about!" he squealed. "The woman who expects to become my wife and bear my name, out with another man, making a shameless display of herself in a dive almost on skid row—nothing to worry about? We think quite differently about things indeed!"

Ben felt a weight upon his shoulder and felt the trembling of Leza's arm and her hot breath upon his neck as she bent low trying to hear what Telford was saying. The squeal stopped suddenly, and was replaced by tones of cold fury. "No one does this to a Farmindale," Telford was saying. Ben was becoming a bit fed up with the exaggeration of the Farmindale dignity. He broke into Telford's indignation with, "Oh, let's not take this too seriously, Telford, I'm sure that things will appear different when she explains."

"No one can explain away the humiliating of a Farmindale," was the cold reply; "but I promise you this—she will never have a chance to repeat the offense!" The wire snapped dead, indicating the banging of the receiver at the other end, and Ben turned to look at Leza.

What he saw in her face shocked him. She stood, pale and trembling, and her eyes were wide with a terrible fear. "Oh," she gasped, "how could she!"

Ben's only thought was, she is not angry—she is horribly frightened.

"Now, Leza," he started in an effort to calm her, "this will be patched up; it will be just a lover's spat—you'll see, it will blow over."

When Leza spoke it was with quiet displeasure, but utterly devoid of the anger that would have been so characteristic of her.

"She has humiliated all of us! Telford has a deep sense of family pride, you know how he respects his historically old name; naturally, he would expect his future wife to show the proper regard for it."

Ben could not suppress a grin. "He's more hysterical this minute than historical."

Leza looked at him in cold contempt, "What a sickly sense of humor you have, Grandpa!" she retorted as she rose and left the room.



Don Bolander, M.A., University of Chicago; B.S., Northwestern University; Director of Career Institute; authority on adult education.

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**Question** *What does a "command of good English" mean?*

**Answer** It means you can express yourself clearly and easily without fear of embarrassment or making mistakes. It means you can write well, carry on a good conversation—also read rapidly and remember what you read.

**Question** *Are there other advantages to be gained by acquiring a command of good English?*

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Ben heaved a long relieved sigh, that he was not to endure another outburst of anger. He was pleasantly surprised that she had taken it with comparative calmness. Could it be that she too, was beginning to feel a small bit of sympathy for the laughing, life-loving kid who was voluntarily entering a life of austere repression for their sake?

Pouring himself another Scotch and water, he picked up a magazine and settled down to read. He would wait until Leza was asleep in her own room before he went up to his for the night.

Reading and the Scotch caused a drowsiness, and after a few pages he closed his eyes to review mentally the strange turn the road of his life was taking.

He was awakened by the Westminster chimes of the Grandfather's clock in the reception hall striking three. Rising quickly, he turned out the lights and ascended the stairs to his room.

Reaching his own room, he undressed and in a few moments was in bed and asleep.

In his dream he seemed to be driving along a dark and twisting road through a forest. There was a terrific knock in the engine, which kept getting louder and louder, and he was filled with a fear that it would break down completely before he reached the far end of the forest. He knew he must get through as quickly as possible, as he heard Leza's fear-filled voice calling to him from the end which he was trying to reach. The engine knocking became a deafening roar, and Leza's voice was louder. Finally, as consciousness slowly returned, he realized that the knocking was at his door, and that Leza was almost shrieking his name. Now awake, he leaped to the floor, and opened his door to be met by a sobbing, incoherent Leza, trying to tell him something about Tracy.

"What is it?" he kept asking stupidly, over and over. At last she was pulling him down the stairs. Then he saw it. The body of Tracy lay just inside the front door. She was in her negligee, and her feet were encased in her little pink satin mules. Leza's weeping had become uncontrollable as he knelt at Tracy's side and tried to find her pulse, but when he got a full view of her face he knew that his beloved child was dead.

In a matter of minutes the house was swarming with the coroner, police, the ambulance attendants, and top-flight Homicide men. Leza could not talk at all. All she could do was shriek disconnected words now and then, and the doctor immediately put her under heavy sedation.

The Police Chief stood over him, looking down with pity on the stricken man. "I'm very sorry, Mr. Lisbon, but can you possibly answer a few questions now? Minutes count in these matters, and anything might be a lead which will help us to apprehend this fiend with all possible speed. Now, please try to remember everything that happened last night." Ben looked at him dazedly. Last night! So much had happened last night! His mind was whirling in grief and confusion; but there were two things that stood out above all others in dazzling clarity—"No one will ever have Tracy," and "She'll never have the chance to repeat the offense."

Both Branton and Farmindale had uttered these phrases. Were they threats? He recounted in detail the happenings of the evening to the Chief, repeating the conversations he had had with Tom and Telford, but the time of Tom's remark was made *before* Farmindale had seen them both dancing; yet no mention had been made by Farmindale of Tom's being either hopelessly or even obviously drunk. Too, could he have been doing the somewhat intricate steps of the Twist if he had been as drunk as he had acted over the telephone? Would he have permitted himself to drink so much had he expected to meet Tracy?

He told all this to the Chief, and he knew that with each word he was building a structure of suspicion against Telford Farmindale.

Within the hour both Branton and Farmindale were picked up by the police and questioned mercilessly for hours.

Both seemed as shocked and dazed by Tracy's murder as everyone else, but Farmindale was openly vindictive about the insult which was being inflicted upon the Farmindale name by the police questioning him at all in the matter.

Exhaustive questioning of the two men uncovered certain salient points; Tom *had* been terribly drunk at the time he had spoken on the phone with Ben, but when Tracy had tracked him down at one of the theatrical haunts, she had helped him sober up, and he had drunk nothing from the time she had found him. Too, he made it plain that he, of all people, would have had least motive to murder her, as it was secretly agreed between them that they would slip off and marry right before the planned wedding to Farmindale was to take place. She had claimed that she just *couldn't* marry Telford Farmindale, no matter what it *meant*. In his drunken moments he felt a twinge of conscience that Ben Lisbon knew nothing of their plans, and he felt that he should give him a hint by phone.

His garbled speech that no one would have Tracy could have been interpreted as a threat in view of the night's events, but he had a perfect alibi for the time after Tracy had left for home. He had spent the night at a poker game which had lasted until eight o'clock the following morning.

He gave some of the biggest names of the Theater as his companions of the night. They checked out perfectly.

The boy spoke with a frankness that could only be born of honesty, and he was reluctantly released with the admonition to keep himself in readiness for further questioning if it was necessary.

Farmindale's deep sense of humiliation could have been a motive, but the exaggerated importance he placed upon the Farmindale name, honor, and dignity made it unlikely that though he considered all these had been violated, that he was the type to resort to the cruel murder of the girl he desired above all in the world as a wife.

He had known nothing of her plan to marry Tom despite her engagement to him, and he regarded that story as a complete fabrication.

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That anyone would prefer Tom Branton to himself and the Farmindale fortunes was simply incredible, and he refused to take it seriously. His own alibi was as unassailable as Tom's. After having talked with Ben, he had gone home, a fact which was attested to by his servants. He suddenly remembered that a friend was going to stop over for the night—a friend who was coming from Germany, and whose plane would be due at twelve-thirty. The friend was on his way to the West Coast, but had expressed the desire to see Telford, and spend the night with him, before emplaning for the balance of his trip.

Telford had gone down to the airport to meet him, but the plane had been late, due to difficulties, which could be proven. It had not landed until 2 A.M. at which time he had met his friend and taken him home.

They had sat talking until 4 A.M. when both had retired for a few hours, to arise again at 7 A.M. when Farmindale accompanied his friend to the airport where he caught the plane West.

Since the autopsy had shown the estimated time of Tracy's death to be "about 4 A.M. both Branton and Farmindale evidently were in the clear. Both Ben and Leza had undergone close questioning and, at the end the police were still battling for a reasonable lead.

The inquest's only finding was "strangulation by a person or persons unknown." And so things stood six weeks after the funeral.

The autopsy had given another strange fact. Tracy had been strangled while her back was turned to the murderer.

Deep bruises of thumb marks were at the *back* of her neck.

It was apparent she had gone to the door to let someone in after three o'clock when Ben had retired.

As Ben and Leza sat over their breakfast coffee, the swirling circles of reasoning in Ben's mind were becoming more blurred, more tangled than ever. A maid entered and laid the morning mail at Ben's plate.

He rose to go to his room, for this letter that he held must be read in privacy. Leza paid no attention to his leaving the room.

When he was alone, he quickly opened the missive, read it, then destroyed it.

Three mornings later he said to her: "It will be necessary that I run down to New York for a few hours, Leza. I'll not be gone too long." The effect upon her was electric. The lethargy in which she dwelt these days dropped from her as a discarded cloak would, and her agitation mounted by the minute. "What is it, what is the matter?" Ben asked, puzzled by her excitement. "I'm—I'm *afraid!*" she finally exclaimed.

"This house . . . now . . . after this terrible thing!"

"Perhaps Polly will come over and stay with you for the few hours that I'll be gone," Ben said, "I'll ask her."

Leza showed gratitude far beyond what the occasion called for, and her mounting panic seemed arrested for the moment.

"Oh, please, *please* do," she begged him.

Ben parked his car and walked the few blocks to the

large building on West 60th Street. His appointment with the great Zolar had been a well-kept secret. He felt that he *had* to know—and soon—something that would shed some light on the hideous mystery of his daughter's murder.

He had told no one, not even Leza, about his decision to seek help from the man who was known and respected as "The World's Most Popular Astrologer." He certainly must have given results for so many to hold him in the high esteem he enjoyed. Ben had not gone in for Astrology himself; not that he disbelieved in it—he just didn't know enough about it to accept or reject it; but several of his business friends had used it successfully.

Well, he would be able to measure his credulity better by the results he got from Zolar. He had phoned the Astrologer a week before, and Zolar had told him he would write him when he could give him an appointment. He had with him all the necessary data that had been requested. As the two men greeted each other, Ben's confidence mounted that this man not only could, but *would* help him.

He submitted the birthdates of all those involved, and the maid who worked, but did not live in the house. Ben recounted all the facts to date, and his heart sank at how meager they were. "That is all—I can tell you," he said, "certainly not much to go on," he finished lamely.

"All I'll need," Zolar said quietly. Glancing over the dates Ben had given him he continued, "It will take me about three hours to give you any information. If there is anything you'd like to do while in New York, please do it and come back; waiting in the office is not going to be of any help to you—or me."

Ben nodded, and went out into the street to walk and think.

He stopped several places for coffee. He wanted no food. He was filled with excitement, a feeling of an impending discovery which would answer the seemingly unanswerable "Who" and "Why?" which had been his almost hourly question since his daughter's death.

Going back to the offices of Zolar, he was immediately ushered into the astrologer's presence. He was bent low over the charts before him, and continued for a few minutes figuring, searching, and jotting down his findings. Finally he spoke:

"Neither of your suspects is guilty of this crime," he said. "You mean it was a stranger?" Ben asked, "Someone who forced his way in after Tracy opened the door?"

Zolar shook his head. "It was not any *he*," was the reply. "The attack on the throat of your daughter suggests that the person who committed it was a Taurean, as the natives of that sign are 'throat conscious,' as Taurus is the sign of the throat. Too, since Taurus is a feminine sign, the attacker was more than likely a woman."

Ben's mind went into a dizzied spin trying to recall which of Tracy's feminine friends would be likely suspects. Zolar was speaking again: "It is rarely that Taureans commit a crime of this magnitude, for as a rule they are calm people slow to anger; but they are stubborn and once they become obsessed with an idea, they will move

This is the ad the Racing Form refused to print!

# Winning at the Races May Not Be Your Idea of Fun, But...

Here I sit, trying to write about Larry Voegele. And all the while I'm working and sweating, the guy I'm writing about is out at the racetrack. Not a worry in the world—and probably making more money in a day than I make in a week.

What's his secret? *He knows how to beat the races. Really knows.* Knows so much that he runs a school for handicappers. (It's the only one of its kind in the world. Which is why he was asked to appear on "What's My Line.") He charges his "students" two hundred bucks apiece. He tells them that if they're not completely satisfied he'll return every cent they've paid, and *nobody* has ever asked for his money back.

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It isn't even "inside information." Just simple, hard *facts*. Facts that *anyone* could see if they knew what to look for. In short, if they knew what Larry Voegele knows—and tells in his book.

It'll take you about an hour to read it. Another hour to practice what he preaches.

Then if you do *exactly* as he says, step by step... if you don't get reckless or greedy... you'll be on your way to the kind of life you want.

Is that worth a 2-hour investment? Because that's all you're risking. Just time. Not money.

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the universe itself to carry it through. When they become angry they are terrible to behold; they are the most furious, the most intensely violent of all the natives of the other signs.

Ben thought of the maid who had been in their employment since Tracy was a little girl, and who seemed to worship her all through the years, but he recalled that she was not born within the birthdates of a Taurean. "The person who committed this crime," Zolar was saying, "seems to be a daily routine contact, though I see no blood relationship in this chart."

A blinding flash staggered Ben's mind, but the idea was so horrible that he immediately pushed it away. He rose quickly, paid Zolar his fee, and left before the walls closed in on him entirely.

"Oh, please God," he breathed, "let Zolar be wrong!"

He never remembered the drive home. At his own door he was met by a smiling Polly, who informed him of the wonderful nap his wife was having. "She lay down shortly after you left," she was saying, "and has slept all this time! I promised her I'd stay until you returned home."

"Thank you, Polly," Ben said gratefully. "Perhaps," Polly was continuing, "if you could get Leza out among people more it might help her to shed some of this terrible despondency. I'm really quite concerned about her. She just doesn't seem to be in this world anymore. She is interested in nothing. Her grief is terrible." Polly's eyes were pitying as they met Ben's. "She idolized that child," she said, as she donned her coat and walked toward the door. When Ben was alone, he sat down and tried to collect his scattered thoughts and confused emotions. There was only one thing that Zolar had done for him, and that was make him more confused than ever. One moment he seemed to fairly shriek the name of the one person who would never have done this thing; the next minute Ben was confronted with the memory of some act, some remark, some tone that belied all that Zolar's conversation had suggested.

Finally, after he had been home three hours, he began to doubt that Leza was still sleeping. He knew the doctor had left heavy sedatives for her, but none that would hold her this long.

He entered her room, and saw that she was still in bed. The small dimmed night light was lit, as Leza had lately insisted on it being even while she slept. Crossing the room to the bed, he gently touched the still form. Turning on the bright light, he gazed down at the lovely still face, and felt no shock at what he saw.

Feeling for her pulse he knew . . . that Zolar had been correct. Propped against the small lamp was a sealed letter addressed to himself. Slowly he opened it, putting off as long as possible the proof positive of what he now knew.

It read:

Dear, Dear Ben:

This is the only way. I cannot go on living with myself. I found out through the finding of Tracy's

diary, that she and Tom were going to elope. I was so wild with anger that she would deliberately plunge us all into the awful poverty we knew years ago, that I became determined, since she was going to deprive us all that we held dear, to make it impossible for her to have that which she wanted most.

After she returned that night, I heard her come to her room, and I waited until I was sure that you too, were asleep in yours.

I entered her room and strangled her while she slept. As her back was turned toward me, I was spared the horror of seeing a person struggling for breath. When I was quite sure she was dead, I put her negligee on her, and her mules, and half carried, half dragged her body down to the front door. I knew that I would never be found out, and that I was perfectly safe; but I did not reckon with the anomaly of a cold-hearted murderess with a conscience. I could not face the disgrace of jail, an insane asylum, or possibly the electric chair if I confessed.

Yet I found I could not go on with the hideous secret—I have to tell someone or go utterly mad.

It is strange how safe this road to murder seems while one is contemplating it. If only one could feel as I feel now *before* the deed—instead of after it! I tried to be a good mother to her for years—I believe that even you will concede that—and I always considered her as my own, which is natural as she was only six months old when I married you; but I knew as I gazed down into her poor little tortured face that she was *not* my child, for I felt no guilt, or remorse for what I had done; that was to come later, and I cannot face the frightful agony of a lifetime punishment that I know now I would have to endure, and would never let me be free. If there is a hereafter, the thing that causes me to fear my own death is the facing of Tracy and her mother—your first wife.

My initial sin, I guess, was love of the wrong thing—money.

I can see now that it is the lure which Satan uses, for such a love destroys. I know you cannot forgive me, Ben, try to understand.

Leza.

Ben stood, gazing down into the calm, beautiful face, noting the empty bottle of sleeping pills which lay near her on the bed, *and* the empty bottle of the heavy and dangerous sedative the doctor had prescribed for her. He was still too numb from having lost Tracy to feel anything about Leza, lovely, deadly Leza whom he had married six months after having lost his first wife at Tracy's birth. Perhaps later he would feel resentment, or even hatred. Now he felt nothing,

Quietly he reached for the telephone and dialed police headquarters.



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a psychiatrist, spent from Saturday night at 10 p.m. until 2 o'clock Sunday morning watching the home from the outside. He observed Mrs. R. and her son Peter sitting up in the living room watching a late, late movie until 2 a.m., after the rest of the family had gone to bed. Like many psychiatrists, he felt that this intimacy between mother and son might be part of the emotional disturbance reported by our sensitive.

For three weeks Mrs. R. kept a diary faithfully, but it contained no untoward or inexplicable events. Two other evenings with two other sensitives attempting seances proved equally fruitless.

On another occasion our group went out and talked with the R.'s next door neighbors. Their statements corroborated much of what Mr. and Mrs. R. had told us. Mr. L., the neighbor, reported having frequently heard loud bangings on the wall of the R.'s home during the previous year. Both Mr. L. and his wife had read the mysterious note found in the cellar and supported Mrs. R.'s statement that the ink disappeared as they examined the note. Mrs. L. also reported that while she and Mrs. R. were talking in the garden one day a rock had appeared out of nowhere and landed at their feet. Search of the garden failed to reveal any person who could have thrown the rock. Both Mrs. L. and her daughter had upon several occasions heard slushing and mumbling noises seeming to originate in the walkway between the houses. John, the neighbor's 16-year-old son, reported that several strange things had occurred while he and Peter were digging in the basement. The cellar door had appeared to open and close by itself a number of times. Once the lights went out under the house.

Early in December, unexpectedly Dr. Jule Eisenbud arrived in Los Angeles. When told about our frustrated haunted house, he became so intrigued that he decided to visit the home and bring along a camera to see if by any chance what had not been visible to our eyes might appear in a psychic photograph. That night Dr. Eisenbud interviewed members of the family individually. He learned from Mrs. R. that she was a very sensuous, outgoing woman whose sexual life with Mr. R. had never been satisfactory and, furthermore, since his heart attack there had been no sexual life at all. She also confided that her husband had a violent temper, that he had had a life-long history of abusive attacks against all of his sons, who openly expressed their

violent dislike of their father. Dr. Eisenbud felt, whether or not the psychic phenomena existed in their own right, the family dynamics were sufficiently disturbed to account for the nature of the manifestations as described. For example, the situation of the three rebellious young men in the house, fighting against their massive, domineering father, is very similar to that described by Freud in *Totem and Taboo*. The appearance of the monk-like figure could be interpreted as a symbolic representation of the male sex organ, representing sexual activity which was forbidden to the sons and denied to the father. This interpretation, as Dr. Eisenbud pointed out, while very interesting, did nothing to explain the figures seen by the next-door neighbors, who presumably did not have the same family dynamics.

Pictures taken during Dr. Eisenbud's visit were uninteresting for the most part, simply showing the various members of the family looking very much like themselves. He did produce a picture of what might be constituted as faces. This was taken in the cellar and could be a phenomenon resulting from the angle of the camera or the bright light of the flashbulb.

A picture taken of Dr. Eisenbud and Peter in the R.'s living room is, according to our photographic consultants, more interesting. In the photo, Dr. Eisenbud appears clearly defined, but Peter's face and arms, and *only* his face and arms, seem to be blotted out by light.

As the weeks went by, Mrs. R. became more and more upset. Her notebook showed that it was she who was hearing most of the strange noises. In particular she complained of a tapping just above her head on the headboard which kept her awake on two separate nights. One night Mr. R. and the family became disturbed when there was a violent knocking at the front door. When Peter opened it, revealing no one at all, they immediately telephoned our sensitive, who hurried to the home. By the time he arrived, everything had quieted down and, although he spent the night on the living room couch, he saw and heard absolutely nothing unusual. Mrs. R. became so nervous that she went to her family doctor, who gave her a strong tranquilizer, which seemed to help her. However, she became so insistent that something be done to relieve her, we decided to make one final visit in which our psychiatrist would offer psychotherapy. When we went on

this last visit, the first thing Mrs. R. said as she met us was that the "presence" had been in her bedroom again last night and that it seemed to get on top of her and in her own words "to touch me where I shouldn't be touched." It must be added that she was looking gaunt and haggard and was dressed in a houserobe with curlers in her hair—a far cry from the well-dressed, immaculate woman who had usually entertained us. The psychiatrist took Mrs. R. alone into a room where they had a two-hour therapy session. The rest of us remained with Mr. R. who became more and more insistent that the ghosts were real and that we were necessary to maintain some sanity in the family. The more he talked the more it seemed clear that our weekly visits were extremely important to him.

With the emergence of the psychological components and the absence of any verifiable psychic phenomena, it seemed that there was very little that we could do except to ask the family to let us know if there were any more disturbances and that we would always be available for further consultation. We told them that night that we felt compelled to consider the case closed.

There were two more footnotes to this history. About three months later Mrs. R. telephoned to say that she was feeling absolutely desperate. It was clear from her conversation that her desperation was due to the feeling that she could no longer hang on to her defenses or her control. We referred her to a psychiatric clinic where we believe that a therapeutic relationship plus some psychiatric drugs would help her to regain her balance. This seemed to be the case. Six months later we received a final phone call from Mrs. R. Her voice sounded calm and her mood seemed cheerful. She told us that two months previously, Mr. R. had suffered another heart attack and succumbed. However, despite his death the strange noises and apparitions continued to make their appearances. But no one in the family was badly disturbed by them.

To sum up: was this a house haunted by incestuous longings, unfulfilled desires and Oedipal rivalry? Was it a house haunted by many figures appearing to many people independently or (as it seems most likely to us), was it the interaction of psychological and psychic phenomena that rose to persecute this attractive, contemporary American family? We shall probably never know. □

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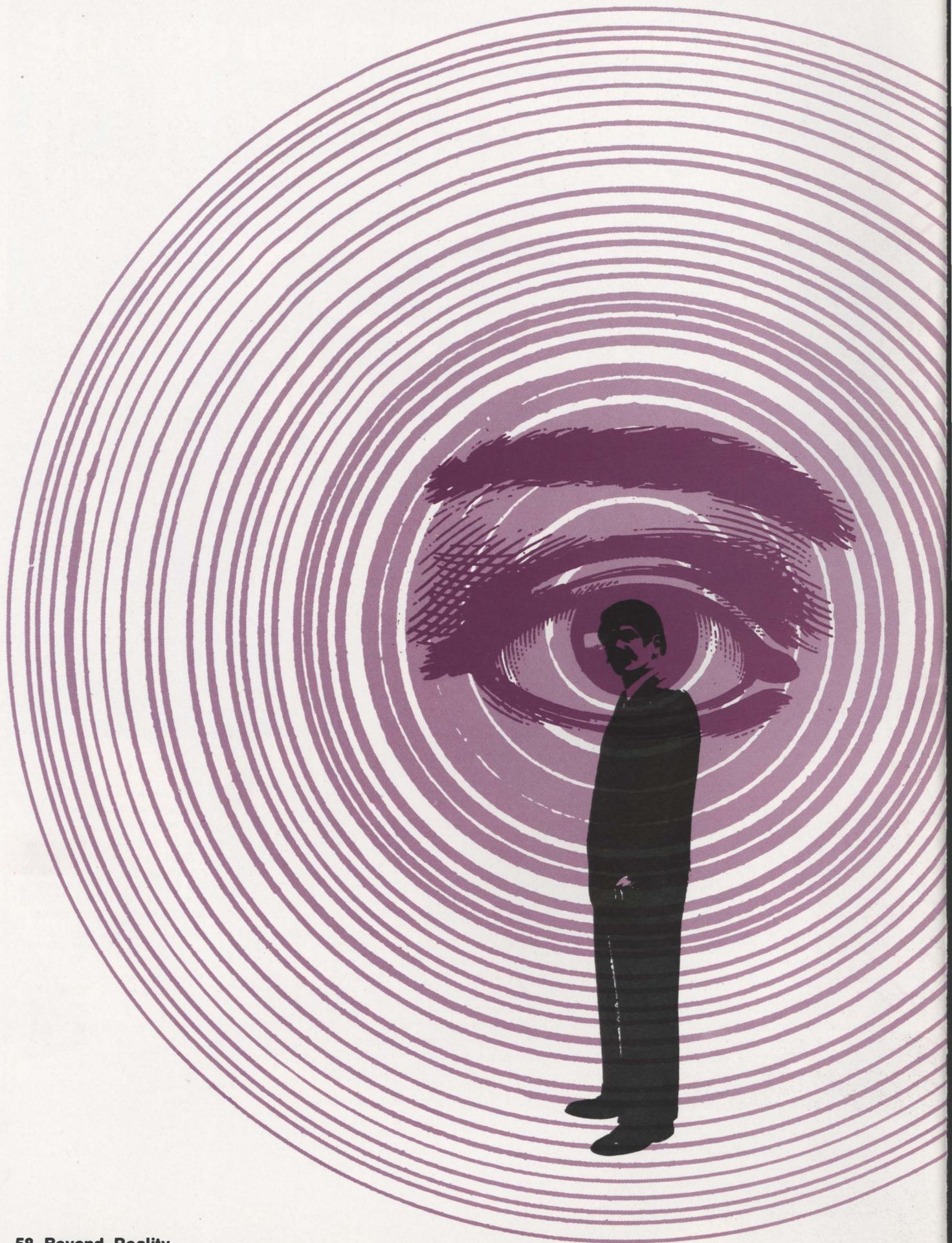
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# The Mystic's Reality

BY THOMAS A. KAVENEY

The Mystic lives in his own reality. His reality is not the reality that is so common to us all. In his reality, he lives in a world completely beyond the scope of the physical eye. This is truly a subjective world, a world where the Mystic is in communion with Eternity.

If you can comprehend this idea, you can see that the Mystic has become aware of a deeper self. He has achieved this because he has opened the inner eye, or what is known in the Metaphysical world as the "Third Eye." In his deep and profound meditations, he awakens within himself a new man, a man of unlimited power—a power inherent within all of us but experienced only by those who have been enlightened.

His subjective reality takes him into a world of Imagination where all things are subject to his Imaginative Power. This is the world of Creativity where man is the Creator. It is his Eternal domain.

The Mystic's Reality is truly indescribable as it can only be experienced to be believed. It is within each of us and it is for us to know as individuals.

When this power has been awakened by one who has learned the art of meditation, it is for him to enlighten others by teaching this art and practicing until others open within themselves a new self. The new self will be the awakened man and the awakened man will be one with Eternity. That is the true Mystic's Reality. It is an experience that no man can show another.

One can only try and express in words what has been experienced. It is a truly difficult thing to achieve.

One Mystic named A.E., wrote a book called "The Candle of Vision." In it are a number of experiences that he related. A.E., like other Mystics affirmed that all men have the power to achieve what he had achieved if only they could harness the power they have within themselves.

"Man is all Imagination and God is Man and exists in us and we in him, the eternal body of Man is the Imagination and that is God Himself," said William Blake. Blake was awake to this reality and he realized what lay before man in his search for Truth. The Truth is within us, in our consciousness. We must become aware of it and because of it being a power it can be used to Create a better world, he brought out.

In the following treatise you will learn how to use this Creative Power. Use it to achieve your desires.

## THE PRINCIPLE

CREATIVE POWER is all around us. If you take the time to analyze your world and what is in it, you will find that before one thing comes into being, it is purely an imaginative act in someone's mind. This is where CREATIVE POWER emanates from—from your own wonderful Human Imagination. Man is all Imagination and can only be where he is in his own Imagination. That is, he can only achieve what he is capable of Imagining. The things we now take for granted, like the Airplane, Moon Rockets, The Automobile and The Telephone and numerous other inventions, were but dreams a century ago. They were, at that time, thought to be impossible but because of CREATIVE POWER these ideals were achieved.

They were achieved for one reason and that is because man created them out of his own mind, his own Imagination.

That Power is inherent within each and every one of us, but to use it we must become aware of its existence within ourselves. We must realize that, as one of our late great psychologists, William James, once said: "Man by a change of his mental attitude can change his world." Your attitudes are what trigger your CREATIVE POWER. When you change your attitude about yourself or a situation in your life, you activate your CREATIVE POWER, and your CREATIVE POWER will, in its time, do what you want it to do or achieve what you want it to achieve. To bring about a new situation in your life, you must substitute a new line of thinking into your old thinking pattern.

Because Imagination is the triggering action of CREATIVE POWER, it should be used subtly with direction and purpose. You must first have a specific goal in mind, one that you will not vacillate from. Write it down and then ask yourself: what would I see, hear and feel if my desire were a present reality? When you decide, you can then put your CREATIVE POWER to work to realize your desire. Your attitude should be of a very positive nature, knowing that what you are about to Create will be yours in the not distant future. You will find it necessary to use your wonderful Imagination to see the end you wish to achieve.

Here is the procedure:

Sit down in a comfortable chair and relax, relax as completely as you can or until your body feels very light: It takes a bit of practice to do this but if you persist at it you will eventually achieve this feeling. Persistence is all that is necessary to achieve this state, think right and you will do right. When you have achieved this state, then take the goal you desire to achieve and create a scene where you see, hear and feel someone or something reflecting the achievement of your goal. In other words, they become a witness to your success. Give it all the sensory vividness and feeling you can muster. If there is something you can touch with your imaginal hands, touch it. Feel its reality, smell its odor, put yourself into this act as if it were a very present reality. See the place you would see if your ideal was truth. Then you must believe in the reality of what you have

created for this is truly your CREATIVE POWER in action. "Man is all Imagination and God is Man and Exists in us and we in Him, the eternal body of man is the Imagination and that is God Himself."

These words were written by one of the greatest advocates of Man's Imagination as CREATIVE POWER. That man: William Blake.

What we are advocating here is the principle of Imagination Creates Reality. What you are and what you think is what you create for yourself in this world. You attract all things to yourself by virtue of the fact that you create unknowingly within your mind your world around you. This concept may seem a bit absurd, but if you will try the technique mentioned earlier you can prove it for yourself.

If you have created your goal by seeing and feeling its fulfillment, then you will attract its fulfillment because we are all motivated by CREATIVE POWER, whether we are conscious of its presence or not. Time is the only factor. Certain goals may take a week, a month or even a year or more to come to fruition. No man can tell you how long the goal you may desire will take to become a reality. You can only go forward in the direction of your dream, knowing you have created and realized your end. In a way you could never devise your creative act, your goal will be realized.

Don't think of how your goal will be realized, just believe in its reality and have a very positive attitude about yourself and its realization. This is showing true FAITH. All you have to do is persist in the works. The Bible tells you that Faith without works is dead. The works, is your Creative Act—the faith is believing in the reality of what you have Created. Do the Creative works every day, especially in the evening before you retire. If you can fall asleep while in the creative act, you will find that your desire will become a reality sooner.

This happens because the CREATIVE POWER of the mind takes the final act you perform into the sub-conscious mind and brings about the realization of the act. In sleep you fall into a deeper state of consciousness than if you meditate on the conscious level. "As Within So Without." You must persist in the assumption that what you have created is a fact and have the faith necessary to go forth in your assump-

tion. You must also put aside some time every day to practice the creative act, for this will give you the impetus you need to go forth straight towards your goal.

Your goal will be realized in a natural, normal course of events. Upon reflection, you would not be able to figure out the means to your end. The event you have created will be realized if you persist in the act and assume the feeling of the wish fulfilled. What you *feel* most strongly about is what you usually experience in life. If you can sit down and analyze the things you have experienced in your life, you will find if you are honest with yourself, that there is nothing you have experienced that you didn't have strong feelings about, that is all the major events. We have to live day to day, week to week, year to year, then why don't we become more conscious of what we are and what CREATIVE POWER we have within ourselves.

Some of the greatest names in the world in many endeavors have utilized this power to achieve their goals.

Mahatma Gandhi knew the principle and practiced it for many years to free India from British rule.

J. C. P., when he started off in the retail business, would sit in his small office and with CREATIVE POWER imagine that his organization was nation wide and he owned an enormous building which housed his Executive Offices. In forty years he amassed several hundred million dollars.

If you will check the biographies of many famous men, you will find that very successful ones, the ones that made their fortunes themselves, had CREATIVE POWER and used it to further themselves and their endeavors. Check on the stories of H. G. Wells, Henry Ford, the Wright Brothers, Thomas Edison, Cornelius Vanderbilt and unnumbered others. They had a dream and they dreamed it into their consciousness and had Faith in what they believed. In their time they achieved what they desired.

We trust you will put this Idea to the test and prove it in performance. It will prove itself to you and from that point on you will know that you have the greatest power known to anyone in this world. Test God and see if He will not open up the windows of heaven and pour you out a blessing, there is not room on earth to receive it. *Bible*. □



# OCCULT HAPPENINGS

The great expansion of interest in the occult and involvement in metaphysical subjects has caused many people to question what is behind this fantastic growth. When did it start? Who guides the occult field and teachers? Who may or may not teach, lecture, and chart?

Understanding the development is best started with some basic facts. The word "occult" means "beyond the bounds of ordinary knowledge" or "unknown." Metaphysical is related to philosophy and the search to understand the origins of man's beginning and meaning of life. The occult arts or sciences include many less known areas besides astrology, Tarot, numerology, and the many subjects involving spirits, etc. The lesser known areas are very important to the future development of man—they include color psychology, mind development, telepathy in the true sense, and many areas of parapsychology and psychotronic research. Research being conducted at strict, scientific standards.

Next, much confusion remains concerning Witchcraft and the occult. Witchcraft is a pagan religion, and it does not in any way associate with Satan or such sects. Further, the occult arts may be used by anyone since they belong to man as naturally as his ability to learn to swim. As such, the occult is no more dangerous to man than water, which should be respected, especially if one cannot swim. Witchcraft, though completely separate from the occult fields, recommends within their religion the use of psychic energy for good as many churches advocate prayer, a most defi-

BY R. C. H. PARKER

nite power. The occult field began centuries ago. For example, only in the past few years had more research begun on the Egyptian Pyramids since it was established that measurement had some part in their original purpose. The study of pyramid energy fields is now being scientifically studied.

It is the general public's search for more answers to "what am I" that has caused the upsurge in occult popularity. Man wants to find ways to better control himself as well as his life style.

Presently, the industry is formed into three basic areas. There are few established industry standards or trade member associations. The American Federation of Astrologers, Washington, D.C. offers some guide lines for professional astrologers. The Occult Trade Journal, Danbury, Conn., of which I am publisher, is trying to establish industry communication so that more defined areas of study and schools may develop. Thus, these areas listed below have much overlap, and most people involved are sincere and honest. One must use common sense in any areas no matter what the subject today. These areas are metaphysical centers, ashrams, and bookstores; individual teachers, astrologers and psychics; research organizations and foundations. For the general public, the first and second groups are of the most immediate value. Ashrams teach yoga and Eastern philosophies as well as general subjects for personal development. All offer some lectures or public programs. Many of these

centers are over forty years old, and they are not hard to find. Many are listed in Spiritual Community Guide or The Psychic Register International. Other names and addresses can be found in The Occult Commentary, Psychic Observer, and this magazine. As this column continues, I will list places of interest and teaching organizations.

For New York City:

- Samuel Weiser, Inc., Books
- Mason's, Books
- New York Occult Center
- Innervision, lectures and classes
- Parapsychology Forum, lectures and classes

Across the country, there are hundreds of stores and centers specializing in the search for understanding through occult subjects and metaphysical teaching. Most can be of value in your personal development. Two points should be made, however.

First, no legitimate center or teacher is going to charge you exorbitant rates. Astrological charts take anywhere from three to five hours to prepare, and cost from \$20 to \$100 depending upon the qualifications of the astrologer. The average price in the United States is \$25-\$30. This includes interpretation. Specialized charts cost considerably more due to the work involved. Next, no one in this industry can honestly offer you great financial benefits in short times or "overnight wisdom". The entire industry stresses personal development, which takes time and effort. And is worth every moment towards better understanding yourself and others. □

ANOTHER  
JOE WEIDER  
SPECIAL!

# SHAPE-UP! MUSCLE-UP! SHOP

BUILD MUSCLES. GAIN WEIGHT. LOSE WEIGHT. EVERYTHING YOU NEED TO



## 1 MUSCLE UP & MAKE OUT!

PUT MUSCLE  
IN YOUR MUSCLES WITH ONE TWIST!

Quickly add up to 2" on your arms, 4" on your chest. Build rippling back muscles. Thick, broad shoulders. The power to lift girls over your head with one arm! One twist of the "007" TWISTER and every muscle in your body ripples with new vigor and power. Builds strong muscles FAST!—muscles that make you an action-packed guy and a super-charged tiger with the girls! Easy-to-use. No adjustments. No assembly. Use it right out of the box for instant muscle-building fun! Made of chromed-steel tubing, the TWISTER is tough... durable... like you'll be! Guaranteed to muscle you up or your money back. ORDER NOW! Only \$9.98.

**GUARANTEE:** If after using the TWISTER 3 days you're not convinced you can quickly twist it for cobra-like muscles in your arms... more muscles on your chest... broader shoulders... wider back... a he-man grip and dynamic power—then return it after 5 days for a full refund. Fair? So order the "007" TWISTER Now, while the limited supply lasts! This unusual offer may not be repeated again this year.



"MUSCLE UP"



AND MAKE OUT

WITH THE SANGRE 007 TWISTER  
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PRICED AT ONLY

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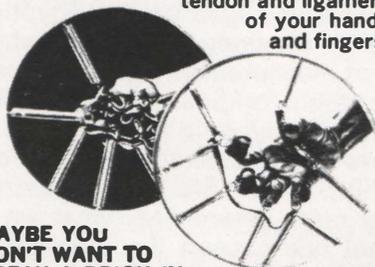
**FREE!** Complete, illustrated "007" POWER TWISTER Manual. Also, illustrated conditioning course, dealing with the new aerobics training that muscularizes your body with athletic vigor, speed and agility. Written by Joe Weider, Trainer of Champions. Yours FREE with your TWISTER. ORDER NOW!

**EXTRA BONUS GIFT:** 3 copies of Muscle Builder magazine, worth \$1.80... yours FREE!



## 2 This "Killer Karate Krusher" gives you pulverizing hand power!

Just 5 minutes a day for 30 days builds your hands into granite-hard battering-rams of power! Simply fit your fingers into the leather grippers, and with your very first squeeze, you'll instantly start building invincible new power into every tendon and ligament of your hands and fingers!



**MAYBE YOU DON'T WANT TO BREAK A BRICK IN TWO WITH YOUR BARE FISTS OR RIP A PHONE BOOK IN HALF—BUT WOULDN'T IT BE GREAT IF YOU COULD?**

Here's a brand new way... a fantastically successful system that turns your hands into fearsome, devastating arsenals of power! Based on centuries-old secrets of Japanese Killer. Cults and a Space Age hand-building principle, my **KILLER KARATE KRUSHER** can make you into a two-fisted tank of power... able to take care of yourself... anytime... anywhere... in all situations! You'll never again fear any man or turn away from any challenge. ORDER IT TODAY! Only \$9.95 postpaid.

**MY GUARANTEE TO YOU:** You'll own fearsome, ferocious, crippling arsenals of hand power—and become a "Terror-Fighter," able to take care of yourself in every situation—IN 30 DAYS—or your money back!

**GREAT FOR SPORTS. TOO! FEAR NO MAN!**



**FREE** My "Killer Karate" Course... "The Deadly Art of Hand Fighting." Shows dozens of ways to disarm and counter-attack any man, whatever his size! Yours FREE if you order the **KILLER KARATE KRUSHER** Now!



PRICED AT ONLY

**\$9.98**

KARATE KRUSHER & COURSE

## 3 THE END OF THE SKINNY BODY

Drink on as much as 14 pounds in the next 14 days this delicious FUN way!



BEFORE—James Parker at a thin 158 pounds.



AFTER 14 days on the Crash-Weight Plan, Jim weighed 175 pounds.

### GAINS 14 POUNDS IN 14 DAYS!

**HEY YOU SKINNY GUYS!** Thousands are doing it every day. **WHY NOT YOU?** Here's a totally new breed of nutritional "wildcat" drink that's guaranteed to put an end to your hungry-looking, muscle-poor body... through a new, scientifically-blended milkshake-tasting drink. **Crash-Weight Formula #7 Plan** puts meat on your frame. Fleshes out your narrow, shallow chest, skinny arms and spindly legs. Nobody likes a bag of bones! With my proven **Crash-Weight Plan** you just drink 4 milk-shake-delicious glasses with your regular meals and take in an extra 3500 calories daily... to help you pile on the weight FAST! (It's the calories that count when you want to put on some handsome weight!) The nice thing about my weight-gain plan is that it's so easy to take. No complicated exercises to do. No bloating, heavy as-lead foods to force into your system. The **Formula #7 Plan** does all the work... you just sit around, take it easy, be as lazy as you want—and in a few days you'll see measurable weight gains pile up! Check the coupon for the Plan and flavor you want to use to put an end to your skinny body. **Guaranteed to put weight on you or your money back.**

### To add up to 14 pounds in the next 14 days you need:

- 14-day supply of **Crash-Weight Formula #7**
- 14-day supply of **Appetite-Stimulating** tablets, and

**FREE** **Weight-Gaining Course.** A 48-page illustrated guide crammed with step-by-step instructions in weight-gaining basics. PLUS 3 copies of Mr. America magazine, worth \$1.80... yours FREE!

7-day supply: \$8.00 • 14-day supply: \$14.98  
(Your choice of Chocolate or Vanilla flavor)



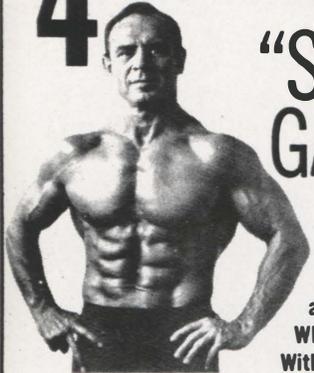
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**\$8.00**  
FOR A WEEK'S SUPPLY & COURSE



# HERE FOR MASCULINE VIRILITY!

CREATE A NEW, EXCITING AND FUN-GOING YOU IS SHOWN RIGHT HERE!

## 4 NEW "SLIM-GARD"



Trims Inches Off Your Middle, Waist, Hips and Lower Back While You Wear It Without Exercising!

Meet my pupil, Irvin Kozewski, age 46. He has a 48" chest, 30" waist, weighs 190 pounds. He's won more than 50 trophies for "Most Muscular Waist," in various "Mr. America" contests. Says Irving, "You wouldn't think that a guy like me could wear the SLIM-GARD, but I do. Every day if possible. It keeps my waist and middle trim and muscular while I wear it. I swear by it. You chubby guys will, too!"

SLIM-GARD is the newest, space age way to tone up and trim down your torso. All you do is wear it and it takes inches off your waist. It's fantastic the way it works! SLIM-GARD acts like a waist supporter. It hugs your body, keeping warm air in, cold air out and inducing immediate perspiration. Wear it on the golf course, tennis court, at home, or when you jog. SLIM-GARD won't tear at hairs... you won't even know you're wearing it. Stretches to approximately 6". Made from the finest, most resistant neoprene rubber. Easy to slip on and off. Has heavy-duty zipper. SLIM-GARD won't tear, rip, or come apart. Available in Small (22-30 waist); Medium (30-35); Large (35-42). ORDER NOW! Only \$11.95.

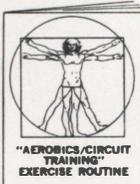
## FREE!

### NEW "AEROBICS/CIRCUIT TRAINING" EXERCISE ROUTINE

Combining a slimming, muscle-strengthening and heart-arteries-lung improvement routine to help create a more vigorous you... inside and out!

Follow this enjoyable, easy plan in the privacy of your own room. Slims and strengthens your body in just 15 minutes a day. Stimulates your body to use and distribute your food intake more efficiently—to keep you from gaining weight. Helps you melt off fat where you want it. Reshapes your body to youthful lines. Stimulates your body to use and distribute more oxygen so that your heart, arteries and lungs are strengthened.

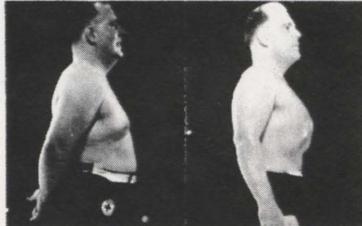
See results within 2 weeks! Tested by thousands with outstanding results! This program is guaranteed to improve your well-being, fitness and vigor in just weeks. And most important, it's an easy-to-follow program you can stick-to-for-the-rest-of-your-life!



SLIM-GARD & COURSE ONLY

**\$11.95**

## 5 LOSES 35 POUNDS IN A FEW WEEKS!



BEFORE—Gerry Murray was overweight, sick and dispirited with life. AFTER a few short weeks on the Weight-Loss Plan, he was 35 lbs. lighter and happier!

### LOSE UP TO A-POUND-A-DAY... 14 POUNDS IN 14 DAYS Without Losing Strength & Vigor

The Only "Weight Loss" Plan that Really Does Something To Shape You Up... Keep You Vigorous And Athletic-Looking While Losing Weight!

Your skin won't collapse or sag or develop the deep and wavy lines and wrinkles that give you an aged appearance. This is the only plan that puts vigor, power, muscles and masculinity into your body while it slims you. You'll look and feel younger while losing weight safely. Weight Loss RX7 SHAPE UP PLAN is a revolutionary new protein-enriched weight-loss plan. Unlike other reducing plans that make you lose vigor, health and youthfulness, this remarkable drink provides you with a nutritional

balance of natural-organic proteins, vitamins, minerals... along with controlled fats and carbohydrates. Follow the plan, drink nutritious, milkshake-flavored RX7, follow the Carbo-Gram "Countdown" Diet and the few simple exercises that come with it. You are guaranteed that within 30 days you'll look more vigorous, be more athletic-looking and more youthful than at any other time in your life. THOUSANDS ARE DOING IT DAILY... WHY NOT YOU... WHY NOT NOW... TODAY!

**FREE** New "Aerobics / Circuit-Training" Exercise Routine. Same course as described in the SLIM-GARD ad,

with emphasis on waist, hips and small of the back reduction. PLUS FREE: 3 copies of Mr. America magazine... worth \$1.80... yours FREE!

12-Day Supply

**\$11.95**

(Your choice of Vanilla or Chocolate flavor)



## 6 SPECIAL OFFER:



- 2-weeks' supply of "RX7" with course.
- Plus SLIM-GARD
- and 3 FREE issues of Mr. America.

A \$24 value **\$19.95** Now only

## USE THIS SHAPE-UP... MUSCLE-UP COUPON!



### JOE WEIDER

Dept. 74-102P4

25 Maple Street  
Norwood, N.J. 07648

Dear Joe:

Thanks for letting me know about your "Shape-Up"... "Muscle-Up" courses and products. Please send me the items checked below, along with my FREE gifts. I understand all your products carry a full money-back guarantee... no "ifs"... "ands"... or "buts."

I enclose check or money order for \$.....

NAME \_\_\_\_\_ AGE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

- "007" TWISTER, Free course & 3 copies of Muscle Builder magazine only ..... \$9.95
- KILLER KARATE KRUSHER & Free "Killer Karate" course only \$9.95
- CRASH-WEIGHT FORMULA #7 PLAN with Free course (check one):
  - 7-Day Supply ..... only \$ 8.00
  - 14-Day Supply ..... only \$14.98
 Check flavor desired:  Chocolate  Vanilla
- SLIM-GARD & Free "Circuit Training" course & 3 copies of Mr. America ..... only \$11.95.
  - Check waist size:  Small (22-30)  Medium (30-35)  Large (35-42)
- WEIGHT-LOSS RX7 Plan with Free "Shape-Up" course. 2 weeks' supply only ..... \$11.95.
  - Check flavor desired:  Chocolate  Vanilla
- SPECIAL OFFER: 2 weeks of RX7 Plan, Free "Shape-Up" course and Slim-Gard. \$25.00 value only \$19.95

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