

# RECOLLECTIONS.

Volume 3 Issue 2

March 1996

## ◆ NEWSLETTER

### THE AUSTRALIAN UFO ABDUCTION STUDY CENTRE

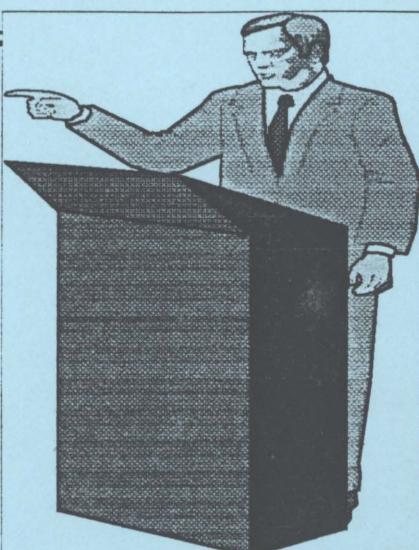
#### JOHN MACK IN AUSTRALIA

Recently, while in Sydney, at the 2nd Australian Transpersonal Psychology Conference, I attended a lecture by Professor John Mack. The following is a summary of his talk.



Mack started out in his career as a Freudian analyst, and when trying to interest other health professionals in abduction research, found that a common reaction was: "I already have enough reality to work with. I can't take on more." Reflecting on this, Mack had concluded that there is a timing in the pace with which people can absorb new information.

His own journey started when his son developed an interest in and involvement with, such things as Transcendental Meditation. Mack, in trying to keep up with his son, also immersed himself in similar subjects.



*John Mack lectures  
on abductions*

Later, meeting with Stanislav Grof, in 1987, Mack tried Holotropic Breathwork which he said opened up new horizons for him.

In 1989, Mack read a paper by Keith Thompson, on seeing UFO abductions as another form of spiritual emergency. Following which, Mack met Budd Hopkins. Mack's first impressions upon hearing of

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UFO abductions was that the people involved were insane! However, upon meeting experiencers he soon learned that as a psychiatrist he had no clinical explanation for what he was hearing from people.

From a clinical perspective, he formed a view that what was really happening was exactly



what experiencers were telling him... "except for one thing. What they were saying had happened, is impossible in our world view."

(Continued inside)

## Inside This Issue

**1 John Mack in Australia**

**2 Since the abduction-after effects**

**3 New books**

**4 First hand experiences described**

**5 Sleep paralysis**

Mack said that he then faced a choice. Either to stay with the existing world view, or to expand the world view to incorporate these abduction experiences.

Harvard university reacted to Mack's television tour following the publication of his book, and handed him a letter advising of the formation of a committee to investigate Mack's behaviour. The reason for this was seemingly that by Mack countenancing the experiencers' views, he was affirming false beliefs and causing harm. The committee finally backed off and Mack stated he had been asked to form a working party to look at anomalous phenomena generally.

Mack has now worked with about 110 different experiencers in the States and meet people from other countries, including indigenous people. The basic elements of the phenomenon is found to be the same wherever he goes.

Is it real? This is generally the first question which comes up; very often from the media. The question Mack poses is, who decides what is real? Television, politicians, the general population?

Ontological resistance. Human beings regard themselves as at the top of the cosmic hierarchy. The abduction phenomenon threatens this viewpoint.

Epistemology. What ways of knowing are appropriate to what

kind of phenomena? When dealing with something: "...which comes from another realm..." you need something else which violates some of the tenets of the observer from the observed. The UFO abduction phenomenon seems to belong in another realm but manifests in the physical world, e.g. cuts, scoop marks, UFOs.

What does it do to our cosmology? Who are we? Another intelligence is involved in abductions. The subject invites us to expand our cosmology, which will change our perspective.

A cross cultural perspective is useful. We need to know if this phenomenon exists all over the world, e.g. does the same experience exist in South Africa, Australia?

Recently a number of Lakota medicine men in the U.S. decided to come forward and talk to white people about what they know of the Indian's relationship with the "Star People." His colleague, Dominique Calliman-Opulos, had previously spoken to Hopi Indians about their relationship to the "Star People."

In North America natives refer to these beings as the "Sky Monkeys." Standing Elk told Mack about their long history with these beings, up to as recently as this year.

This sacred information was being told to Mack because of Mack's struggle at Harvard.

From here, Mack moved on to: "Yes, this is real...These beings mean business...they are coming through...We are out of balance...We have lost the original instructions to what it means to be human...The effect of it is to return us closer to source..."

A letter from a person Mack has worked with who has had visits from the "blue baldies" was read out to illustrate the point that we have drifted away from our original purpose.

After some further points Mack said he sees the UFO abduction phenomenon as "...an outreach programme for the spiritually impaired." This is his current position.

Mack showed a video taken in September 1995 when he travelled to Zimbabwe to interview a Zulu chief named Creto, who told him of a fascinating abduction. Creto had been abducted and taken to a place where, in his words, "an alien came and mounted me...she felt like a dead body...her eyes were human, European...not blinking...she was cold as if making love to a dead body..not like a Zulu girl." At the termination of his encounter he had been missing for 3 days.

## SINCE THE ABDUCTION

I have been working with experiencers in Australia since 1988. One of the aspects of the phenomenon which has long fascinated and intrigued me has been the range of changes which take place following an abduction.

While in Sydney I had the opportunity to interview an experiencer who consented to my publishing her account of changes since the encounter.

At the time of her experience she would have been the first to ridicule those who took a "New Age" view. However, as you will see, she now knows that these events can occur to anyone. She wants others to be aware that they do happen, in case others are sitting, isolated and afraid, that they are the only person who has these after-effects. To protect her identity, I will merely refer to her as "C."

**"Dreams."** For the first 6 months after the event C did not have the same dream pattern as prior to the event. There were dreams in which she felt "someone" was talking to her, imparting information, almost in the context of lessons. In addition, she had dreams where she was recording volumes of information. These particular dreams then stopped and the

former dream pattern re-emerged. However, recently another type of dream has begun. One she calls an "electric dream."

These all involve, or revolve around, energies/forces, and seem to have a number of variations:-

(1) Ones in which she is being sucked backwards into a force. This force is pure evil, C thinks she is going to die, and panics. The force is one which she had previously met at the time of her original encounter.

(2) Ones in which there is a pressure on her chest and she finds it difficult to breath.

(3) The third variety is one where there is a feeling of energy inside her body and a sensation that she is not in control of her own body.

C has formed the opinion that the dreams (which occur in rapid eye movement sleep) don't allow her to fall into deep sleep. If she feels she is slipping into a deeper phase of sleep then she receives what she can only describe as an "electric shock" in the right hand side of her head. At this location, but on the surface of her head she had noticed that an indentation had appeared which had not previously been here.

Contrasting with these nocturnal episodes/dreams is the fact that nothing of this nature, i.e. the electric shocks, ever happens during the day

In these dreams, entities have only featured once. On this occasion she opened her eyes to see a 90cm tall being present. It seemed to be the typical grey but it was red all over as if sunburnt and untypically it looked angry. C couldn't keep her eyes open and fell back to sleep.

### The "force."

When writing down her experiences of the encounter C started to have feelings of the same force which had been present at the original event-these feelings were of terror.

Prior to the event and indeed throughout her life, C was one for living in the moment. Later, when the moment had passed, she could never relive the feelings of that moment again. However, since mid 1994 she had changed and she found herself able to reconnect to past feelings.

### More "dreams."

Before the event, most of her dreams were just that, but ever since the encounter, some have deep meaning. She has precognitive dreams at times, but these are always related to spirituality.

### The eyes have it.

For the past 18 months C has had a problem looking into

mirrors. She looks and the eyes she sees do not appear to be hers. While viewing she hears the words: "Look behind", looks but nothing unusual is there. Then one day she thought of an alternative meaning to the words and looked behind herself through the mirror. The reversed appearance of things in the mirror brought her attention to the perception that this view was the view she had previously in real life, but in her childhood. This gave her a feeling of awe. Since that realisation the problem of "eyes" went away.

### Channelling

This aspect started a couple of months after she visited Adelaide in 1994. She differentiates two styles. The first she describes as channelling from the heart, and the second as "dissociation", where spiritual information emerges. Within the latter, C talks of the accessing of different energies to which she has given discrete names.

One energy she calls "possibility" seems to know the answer to everything. Another is the "poet" which speaks in rhyme.

Pursuing aspects such as channelling became a way of life for C. in 1995. A year which she refers to as the "year of the hermit." She started channelling while in the street, and it became an overwhelming item

However, after a while she learnt how to integrate it into her life and to use it when she wants to. She now knows she can do both, carry on with life and channel.

For quite some time, C kept the knowledge of this ability to herself and only in the last 4-5 months has she talked about it to other experiencers. She found that it is a fairly common experience among others.

### Mack's book.

C came across Mack's book and upon reading it was inspired. She found spiritual hints in the accounts of individuals.

### Automatic writing

One day C simply started writing and contacted "Concord." "Concord" was its name, and it named several energies such as "now", and "overnow." She asked through the automatic writing where these energies came from and was told that she had brought them into existence.

A few correct pieces of information flowed from "Concord" and C decided to stop the writing. She believes she can still do it, but has chosen not to.

### Where is it all leading?

The overall impression C has received from this force is that:

"You are being trained in a certain way." Being trained for something. Her strongest belief, although she has not been told this, is that there will be a shift in consciousness in mankind. It might be cataclysmic, and will involve the whole of the human race. A change will occur, and she notes that a big spiritual movement is already occurring.

### Electrical sensitivity

C continues to receive little electric shocks from substances which you would not normally expect to give them, e.g. wood, stones and earth.

### Magnetic resonance scan

In response to seeking treatment for a nerve problem in her back she underwent a magnetic resonance scan at the Alfred Hospital on 29th December 1995. For this you are required to remove all metal objects from your body. Starting in the machine, and continuing right up to the date of interview, C has felt a sharp pain in the left hand side of her head and behind her left eye. Interestingly, she also revealed that for some 9 months post encounter she experienced migraine headaches.

Another consequence of the scan is that she feels a "funny energy" through her body. It is a momentary sensation of energy flowing, though difficult to accurately describe.

## ◆ FEEDBACK

### A GATHERING

A Victorian experiencer wishes to gauge the extent of interest in experiencers and researchers coming together in June 1996 for a weekend gathering.

Over two days it would be proposed to spend the first day allowing each participant to share either their own experiences or their own research with the group. The second day would then be taken up with debate and discussions on the initial day's information.

Location is yet to be decided, and will depend on the interest expressed.

If you are interested in attending such a gathering, subject of course to cost, please contact Keith on 08 251 2773 (home) within the next 2-3 weeks.

### A QUESTION

Buzz in Melbourne would like to find out if any Australian experiencer has recollection of a "dual identity" i.e. human and alien, or recollections of references to "warfare?" If so please send them to the Centre and I will forward them onto Buzz.

### INTERVIEWS

Kelly Cahill is looking for Australian experiencers who would be willing to be interviewed for a book project she is working on.

She is prepared to travel interstate to conduct the interviews, and is looking to write a chapter on each individual's experience. Her current schedule will see her in Sydney in May, Brisbane in August and October, and Adelaide is a possibility. As she lives in Victoria she is happy to travel within that state to meet people.

Kelly may be contacted via PO Box 658, Moe, Victoria 3825.

### VISITS

I have been fortunate in recent months to have visited both Sydney and Melbourne and talked with two dozen or so individuals who subscribe to this Newsletter.

My overall impression, on where we are all at, from such a concentrated "information swap" is that we hold a diversity of views.

Some of us have been experiencers all our lives, some only since a defined event. Some of us are battling with a loss of our comfortable world views.

Others, who have had repeat experiences have adjusted to some degree.

I reconfirmed my own view, that our search is actually in its infancy, and that we should not be pushing a particular perspective at this time, but leave ourselves receptive to alternate possibilities.

A common factor though, throughout all my discussions, was the need to talk to each other. To share our experiences and research. This of course is one of the aims of this Newsletter and is also reflected in the call for a gathering mentioned elsewhere on this page.

### AUSTRALIAN INTERNATIONAL UFO SYMPOSIUM BRISBANE OCT 11TH-13TH 1966

Featuring: John Mack, Whitley Strieber, John Carpenter, Linda Moulton Howe, Walt Andrus, Stanton Friedman, Pat Bailey, Joe Lewels, Keith Basterfield, Bruce Cathie, Stan Deyo, Glennys Mackay.

Promises to be the best UFO symposium ever held in this country.

If you attend only one conference this year, make it this one! See the enclosed flyer.

## ◆ PARALYSIS AND REMOVAL

Following John Mack's appearance on a nationwide morning television show, a number of people telephoned the station to report their own experiences.

Ben is a 22 year old university student living in Salisbury, an outer northern suburb of Adelaide. Ben phoned the station and I was asked to contact him to document his account which he has given me permission to use here.

The initial event started one Friday or Saturday morning in late April/early May 1995. I take up the story in Ben's own words.

"I woke up paralysed, on my back in bed (I usually sleep on my side with a pillow between my legs to keep my spine aligned). I struggled in disbelief of paralysis. I tried to move my whole body but couldn't. I was then "shut off" mentally then "awoke" on my side on a moving stretcher or something. I could move my head at this stage but can't remember trying to move any other part of my body.

There was very little light. I didn't want to continue the dream so I tried to escape it. Although not privy to the process of escaping the dream it

did not work. Then I tried to shout to awaken someone in the house to wake me up. I was 100% sure I was projecting my voice, and even consciously varied the pitch of my yelling to enhance the chances of someone hearing me. I felt as though I was threatened and thus closed my eyes as tight as possible.

Then I was shut off again, and woke on my back, stationary, still in the same darkness as before. I felt a presence at the four corners of what I was on and could see something near my left foot. Again, the amount of light was minimal, but the thing near my left foot was not too tall (3-4 feet) and had a rounded "head."

Feeling threatened I was able to kick the thing in the head four or five times with my left foot, on the last occasion it stumbled backward but then returned to its original position.

Next, I woke on my back in a much lighter area, and upon regaining physical and mental control, my reflex was to get out of there. I raised my torso up, quickly, but got about 10 degrees from horizontal before being struck with an incredible pain in or near my left kidney. This was the last event I recalled before waking up. I am yet to find the words to describe the feeling between the dream ending and waking up. When I woke up I suppose I felt

distressed, but not in a normal sense.

On the day of this first dream I thought about it a bit and discussed it with my sister. My left kidney region was slightly sore for the morning hours. It was hard to think of it as anything but a dream at that stage because there were no lights invading my bedroom, and I didn't see a space craft, prerequisites for an abduction.

"The second time was about two weeks later and this time I just remember the paralysis and the indescribable waking up. However, upon waking up, I felt that "they" were pissed off with me though I don't know why, because I have no recollection of this occasion. Frustratingly, I feel I do have memories of this occasion, but I just can't access them. The post dream drill was identical to the first time. I woke up, checked the time was 4 a.m. and then went back to sleep."

"I didn't actively research my dreams until mid-October 1995 when my sister bought me John Mack's Abduction-Human Encounters with Aliens book. I sought out cases similar to mine and also read the introductory chapters.

## PASSINGS

We regret to announce the death of US experiencer, Dr Karla Turner.

## ◆ NEW BOOKS

Carlsberg, Kim. (1995). **"Beyond My Wildest Dreams."** Santa Fe: Bear & Co. 286pp. Large format softcover. Aust\$50. My copy from Sydney Esoteric Bookshop.

In an opening author's note, Kimberly Carlsberg writes that hers is: "...a sociological, cultural and artistic response to my personal experiences with the UFO abduction phenomenon."

Unlike most first person accounts by experiencers, this one is full of colour illustrations of events which provide a visual addition to the written word.

The events described in this visually stunning book, derive more often than not, from conscious recall, with the first event occurring in 1988. Her, Kim woke from sleep to find herself in a large room, with other human beings present. These other people were lying, apparently unconscious, on row after row of tables. Also present were small, off white coloured beings, possessing large, bald heads with big black eyes.

A video producer she talked to about her initial event, told her that others had spoken of the same experiences and related the basic facts about the UFO abduction phenomenon to Kim.

Kim then read Hopkins' "Missing Time" and later recorded in her personal diary that: "...my universe...had cracked!"

Over subsequent years numerous abductions eventuated with episodes including being impregnated with an alien fetus; then shown the child; and visitations by monkey like creatures. Human beings were observed working side by side with the aliens, and visited locations included underground facilities.

If you are looking for a work which capsulates all of the elements of the current U.S. abduction scene, then this work will provide you with a highly detailed rendition.

Harpur, Patrick. (1994). **"Daimonic Reality: A Field Guide to the Otherworld."** London: Viking Arkona. 330pp. Hardcover. Aust\$39.95. Paperback edition sighted in Adelaide stores.

Although published in 1994, I only recently came across this book, which has quite an amount of information in it relevant to ourselves.

After searching for a book which took a serious perspective on "visionary" experiences, and not finding one, Harpur decided to research and write one of his

own.

Chapters cover such subject matter as UFOs, fairy lights, alien classifications, the structure of imagination, the Greys and much more.

Harpur's general approach is that such matters should receive serious attention and that there is a lesson to be learnt here.

Of direct relevance to us, is his rejoinder: "...we must remind ourselves that daimons like the Greys may neither be all that new nor all that different from daimons of old." Drawing attention to the major fact of the huge eyes of the Greys, Harpur reminds us that through history various supernatural beings gave been separated from the community by their eyes.

The work is illustrated with case studies from both the world of UFOs, fairy lore and angel lore. Those who enjoyed Jacques Vallee's "Magonia" will find much of interest here.



Write a piece for the  
Newsletter and share it  
with us all.

## SENSE OF PRESENCE AND A 'DREAM'

I met Lidia on a river cruise, organised by an Adelaide woman, for people who'd undergone a UFO close encounter episode. Over drinks we got to talking and I later followed this up with a more formal interview.

Ever since childhood, Lidia has often felt a sense of presence around her, which she has feared through not understanding what it was. However, events since 1994 have assisted Lidia to start to comprehend her own capabilities and something of the events which have taken place since then.

On the 8th August 1994 Lidia and her boyfriend went for a drive and then stopped. She felt they were not "alone." A voice communicated to them, and Nick, her boyfriend, who was a song writer wrote down the words he heard. Later that night Nick's car was followed by a white light.

About 2 weeks after the above, Lidia woke up to see a small, blue ball, hovering in the bedroom near her. It moved noiselessly sideways, left then right, before returning to its original position. Strangely, she simply went back to sleep.

### The "dream"

One morning in Jun/July 1994 Lidia woke up with a vivid recollection from during the night. She recalled finding herself lying naked on a cold, metal table on her back. Her legs were drawn up, knees apart. The area she was in was dark around her and seemed to be filled with a fog or haze. She was not able to see anything else of her surroundings at all.

However, clearly visible were 4 or 5 beings standing by her. She described them as having huge, black, almond shaped eyes; a thin slit mouth; no lips evident; two holes for nostrils; and tiny ears. Their head was large and their bodies were thin. The body colour to Lidia seemed to have a khaki or green tinge. Their hands were down by their sides so she was unable to see details of the hands.

All of the beings were looking at her, with one looking directly into her face. However, Lidia did not feel any fear. There was no communication of any kind between Lidia and these beings. Her impression was that they were looking for something. As she was naked and her legs parted she thinks this was gynaecological in some way.

Since 1994 she had insights into astronomy, heard electrical cracks and buzzes; her lifeview has changed.

### Other Changes

Also, since August 1994 Lidia has acquired an ability to do automatic writing. She judges that the content and style are beyond her own capacity. The messages in writing are directed towards her, stating principles of life.

She feels she has a capacity for telepathy, and has had visions and some precognitive dreams.

One day recently she was very upset over some issue and so sat on the beach for a while. She suddenly noticed two lights in the sky, like the headlights of an aircraft, but she does not feel it was a plane. These lights approached her, then stopped, hovering in the sky before veering off to the right where they vanished. Others on the beach saw it too.

### Marks

She is aware of a number of instances of finding unusual markings on her body. On one occasion she found a "stick figure" man on her left arm. Following this, an unusual round mark was seen on her right arm. Later a triangle shape mysteriously appeared on her left arm. At interview on the 15th February she says a mark had appeared on her thigh.

# SLEEP PARALYSIS

In the last Newsletter I mentioned I was researching the topics of sleep paralysis, and "Old Hag" and their possible relevance to UFO abductions. For those interested a computer literature search of references to the "Old Hag" phenomenon has turned up the following.

Firestone, M. "The Old Hag: Sleep Paralysis in Newfoundland." *Journal of Psychoanalytic-Anthropology*. 1985. 8(1):47-66.

"Sleep paralysis is a condition in which, usually on awakening, an individual is unable to move, but can hear and see. It is often accompanied by the feeling of a great weight pressing on the chest, difficulty in breathing and hallucinations... Psychotherapists writing about sleep paralysis find it an expression of a conflict of aggressivity and passivity in which the motor inhibition is a defense against aggressiveness..."

Ness, R. C. "The Old Hag Phenomenon as Sleep Paralysis." *Journal of Culture-Medicine and Psychiatry*. 1978. 2(1): 15-39.

"A syndrome of psychological and physical symptoms centering on body paralysis and hallucinations is traditionally identified in Newfoundland as an attack of Old Hag."

The phenomenon of sleep paralysis turns up in other cultures as seen below.

Wing, Y. K. et al. "Sleep Paralysis in Chinese: Ghost Oppression Phenomenon in Hong Kong." *Sleep*. 1994. 17(7):609-613.

"Examined a condition known as ghost oppression that is descriptively identical to sleep paralysis by analyzing the questionnaire responses of 603 Chinese undergraduates. 37% had expedience at least one attack...there was no sex difference..the peak age of onset was within the range of 17019 years for both sexes...A strong familial association was found..."

Fukuda, K. "One Explanatory Basis for the Discrepancy of Reported Prevalences of Sleep Paralysis among Healthy Respondents." *Perceptual and Motor Skills*. 1993. 77(3):803-807.

"Fukuda et al found 39.8% of healthy young adults had experienced sleep paralysis. Some other studies...suggested much lower prevalences. The author tests the hypothesis that this discrepancy ..is partly due to the expression used in each questionnaire...the term kanashihari, the Japanese expression for sleep paralysis gave the higher prevalence."

Ohaeri, J. U. et al. "The Pattern of Isolated Sleep Paralysis among Nigerian Nursing Students." Journal of the National medical Association. (1992). 84(1):67-70.

"Examined the pattern of isolated sleep paralysis among 58 male and 37 female Nigerian nursing students (aged 17-32 years). 27 male and 15 female Ss admitted having experienced this phenomenon..."

de Jong, J. T. "Sleep Paralysis and Anxiety related to Sleep in Various Cultures." (1991). *Tijdschrift-voor-Psychiatrie*. 33(10): 681-693.

"Reports 4 cases of Portuguese Guinean, Dutch, Morocan and Surinamese patients with different types of psychopathology accompanied by...sleep paralysis. The experiences with and interpretations of the sleep paralysis in the different cultures are discussed."

# SLEEP PARALYSIS STUDY

Your assistance is sought to locate journal articles with references to sleep paralysis.

## **UFO LINK-UP REGISTER**

**By Diane Allen**

**UFO Encounters & Support Line  
Melbourne.**

My life changed 16 years ago, when I was confronted with a terrifying ordeal of having to face the fact that something beyond my concept of reality had come into my life.

It seemed just like any other night. I retired to bed, tired from the day of being a Mother to my 5 year old daughter and 2 year old son. However, this night was different, for it was the night that my life changed dramatically.

I remember waking up and the clock indicating it was 2.05 a.m., when I was confronted by a figure next to my bed that was not human! I tried to call out to my husband, sleeping next to me, but no sound came out, and I found that I was completely paralysed.

As my experience progressed, I was taken to a Planet whereby there was a blue haze everywhere. I found myself walking along a path that seemed to be cut into the side of a Mountain. As I looked up to my right, there were dwellings, white in colour, that seemed to be built into the side of the Mountain. All around me was a sense of peace, and a thought

came to me that seemed so natural at the time..."I am home."

My next recollection was of being back in bed and 35 minutes had elapsed. I could have put it down to a vivid dream that occurred, if that had been the end of the matter, but that was just the beginning of the visitations, which are still occurring, even to this day.

I cannot place my experiences into the "abduction" area of UFO experiences for mine go into a completely different category altogether.

In the beginning, I started to question my very sanity. I kept silent about what was happening to me, not that I feared the ridicule, but I did not want to face the fact that my boundary of reality had completely changed. However, I now realise that reality has no boundary at all, but is only connected to one's conditioning, and the security that we attach to that conditioning, so as to "fit in" with society as a whole.

Over the past 16 years, these "intelligences" have communicated with me, sometimes as a conscious physical experience, but more often than not, as a "mind to mind" contact. Much of the information given to me would be regarded by many as controversial and revolutionary.

For example, they say that we are living within "re-creation." That our lives here have all happened before. That is why the Prophets and psychics can predict the future. All they are doing is seeing the past, of what in fact has already happened. Through this re-run of time, new possibilities are placed within it that allow for a different outcome. Those new possibilities are energies that belong to intelligences that are beyond the evolutionary pattern of the Planet Earth. Thus, there are many humans that are co-existing as human and non-human.

The way that I could more easily understand what they were saying, was using an analogy of a video. When a video is run from start to finish, no matter how many times it is played, there is always the same beginning and the same ending. Nothing new happens. However, if new characters were placed within the video, then other possibilities could occur, changing the outcome.

If this is a re-run, as they say, then "their" people have entered into this Time and Space, using a physical embodiment to do so. This "dual" existence is certainly not a new theory among UFO researchers, and there is a great deal of documented evidence by those who speak of being "abducted", who have either realised during

the experience, or have been told by the alien intelligences, that they were "one of them."

The area of UFO investigation is such a vast and diverse range of enquiry, and unfortunately the human element of personality difficulties, quite often does not allow for interaction with other UFO researchers.

This fact was brought to my attention recently, when during one of my "contacts" I was instructed that the division was growing among many who had been given information that needed to be shared with the people of this Planet. I would like to share their "plea" with you:

*"It has to stop! Tell them all it has to stop! Whilst they are so separate from each other, then each piece that has been given to them will never come together as one picture. That is how we work. To see if the human race can live together and expand their minds and their consciousness so that we can communicate with them on a greater scale. Tell all who are searching for the "truth" that it does not exist. For all that truth is, is a fallacy of conclusions that many hold onto, and they call it "their" truth, and then they argue with another about whose "truth" is real. And all become separate again.*

*Tell them...when you can all*

*come together with each piece that you have in your possession, place it next to another, only then you will start to see a picture form. Until this happens, then all you have is separation and division, and you will never know, because simply, you are not ready to receive what we have still yet to give."*

After receiving that message, I knew that something had to be done. And so, I came up with an idea. What if a Register was formed of all UFO organisations and researchers. That Register would enable all people to list their name and/or their organisation within one Register book. All details regarding the specific area of research they are currently involved in, plus availability of meetings and membership could also be listed.

This Register would then be available to the public and to any overseas person or group that was interested in what Australia was involved within in UFO research. If we can all come together within one Register, then perhaps this is the first step towards the possibility that one day we may be able to come together in person, under one roof. Who knows?

We may call ourselves enquirers, contactees, abductees, researchers or whatever, but if we can't show that we are ready to receive what we have still yet

to be given, then we are surely wasting our time within any investigation that we are involved in.

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The UFO Encounters & Support Line may be contacted by telephone or fax on 03 9702 2773.

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## OVERSEAS NEWS

Derrel Sims is Chief of Abduction Investigations and Director of Physical Investigations for the Houston UFO Network in the U.S. Sims is also an experiencer.

In August 1995 Sims arranged for two Houston experiencers to travel to Los Angeles, where surgeon Dr Roger Leir performed operations to remove apparent "implants" from their bodies.

These "implants" were accidentally discovered when x-rays were being taken for unrelated reasons.

The first object extracted was a small, triangular object, measuring 1.5 cm each side from a person's big toe. A second anomalous object was also removed from the same toe.

More details, including an analysis, are awaited.

**AUSTRALIAN INTERNATIONAL  
UFO SYMPOSIUM 1996  
BRISBANE 11TH-13TH OCTOBER**

**Featuring the following speakers:**

Professor John Mack, Whitley Strieber, John Carpenter, Linda Moulton Howe, Walt Andrus, Stanton Friedman, Pat Bailey, Joe Lewels, Keith Basterfield, Bruce Cathie, Stan Deyo, Glennys Mackay.

Cost for the three days is Aust\$240 or Aust\$195 if paid for by 30/7/96. Cocktail hour & dinner-Saturday evening \$45 additional (an opportunity to meet the speakers.) ..

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