

T O P S I D E

Published by

THE OTTAWA NEW SCIENCES CLUB,
P.O. Box 2221, Postal Station D,
OTTAWA, Ontario.
C A N A D A.

The opinions expressed in this
publication are those of the
individual authors and are not
necessarily those of the Ottawa
New Sciences Club.

Permission to copy is granted,
if due acknowledgement is made.

NUMBER 19.

WINTER, 1966.

Subscription:
\$1.00 for 4 issues.

THE NEW YEAR - AND THE NEW AGE PHILOSOPHY.

1966 - a brand-new year, and once again we take this opportunity to wish our readers all over the world a most happy and successful one. It is natural for most of us to start off the New Year wondering what it has in store for us, but perhaps an even more important question is - where is the world-at-large headed and what of its future? Are we really making progress along the right lines, or will all that our pioneer forebears and present-day leaders have built up for us so painstakingly over the years, end in cataclysmic disaster? Where is the World Peace so earnestly sought by common man for so many centuries, and what, if anything, are we personally doing to help achieve this?

According to messages purporting to come from the Space Brothers, we on this planet will not achieve unity, harmony and peaceful co-existence until we have reached the stage of having: (1) One World Government, (2) One common language, and (3) One (Cosmic) faith. Our world's present divisions of countries, cultures, languages and religions will never make for a harmonious whole and as long as these divisions exist, we shall never know complete "peace on earth and goodwill towards men". However, our Elder Brothers point to encouraging signs on Earth - the first faltering steps towards the achievement of this 3-fold goal. They regard the work of the United Nations Organization as the most worthwhile human endeavour on this planet and urge that it be strengthened. Through it, they say, we may eventually realize World Government. That some of our own intellectual and spiritual leaders are already thinking along these lines is made evident from the following two quotations. Arthur J. Toynbee, famed British historian, at a conference in February 1965, put it to us bluntly in these words: "Civilization has reached a point where the very continuity of the human race depends on formation of World Government. It is in the interests of nations to subordinate their national sovereignty to world authorities. This is the only condition in which nations can survive in an atomic age." Earlier, in 1963, the late Pope John XXIII, in his "Peace on Earth" encyclical, was obviously eyeing the United Nations as a possible "Public Authority of the World Community" when he stated: "It is our earnest wish that the United Nations Organization - in its construction and in its means - may become ever more equal to the magnitude and nobility of its tasks, and that the day may come when every human being will find therein safeguard for the rights which will derive directly from his dignity as a person and which are therefore universal, inviolable and unalienable rights. This is all the more to be hoped for since all human beings --- are becoming more consciously aware that they are living members of a world community."

The Space Brothers predict that, possibly within this century, the English language will become the world tongue. Recently, Sir Leon Gots, New Zealand High Commissioner, when speaking at a meeting of the English-Speaking Union of the Commonwealth, made the same prediction. He pointed to the fact that the leaders of the 21 Commonwealth countries coming into nationhood since the last war have almost all been educated in English schools and universities. While native tongues may still be used, all must turn to English to find a common ground to communicate. Already, he said, a total of 935,000,000 people - a third of the world's population - have English as their common tongue. Even more surprisingly comes the recent news that the Soviet Union is currently establishing experimental schools to teach primary school youngsters the English language, and furthermore that they are carrying out a mass experiment on 1,000 citizens in an attempt to teach them English by radio during their sleep.

The Space Brothers tell us that in their more advanced civilizations they have no religions as such, only one Cosmic Faith. In their ancient history, they state, they had many religions and much conflict of ideas, but as they evolved, these religions gradually became amalgamated, simplified and finally developed into the Universal Faith of Cosmic Consciousness. Even on Earth, despite great religious differences, we begin to see the first movements towards a better understanding between religions which may in time lead to a Universal Faith.

What then can we do personally to assist the development of this Universal Faith that will link all peoples together, not only on this Earth but throughout the Universe? We, with advance knowledge of the New Age Philosophy, can play an important role in creating better spiritual conditions on this planet, if we live up to our ideals and beliefs and are prepared to take an active part in spreading these spiritual truths for the benefit of humanity. It is not sufficient to hug them to ourselves or merely share them with others who already have this knowledge. It takes a particular kind of courage, of course, to stand up to the jibes of the less-enlightened who would label us "missionaries", "do-gooders" or even "cranks" - but we should care if our motives are good ones! If we really want to make our short physical life-span on this planet a worthwhile one by opening the dark doorway of ignorance on to the bright new vistas of Cosmic Consciousness, then we should seize this opportunity with both hands. This does not mean that we should turn evangelistic and go around "shouting the odds" - no, there is a more subtle way of passing on knowledge. For example, it could be done quietly and efficiently, without too much trouble on our part, merely by passing on or loaning our copies of Topside or any other literature on the subject, to others. So let's make 1966 a most productive year - for all of us!

* * * * *

International Series - No. 5

THE SCIENTIFIC APPROACH OF THE U.S.A.

A UFO group known as "The Interplanetary Intelligence of Unidentified Flying Objects (IIOUFO), with International Headquarters in Oklahoma City, U.S.A., has been described as "one of the largest and most scientific UFO research organizations in the world". The IIOUFO was officially organized in August, 1958 for the scientific investigation of UFO's or as more popularly known, flying saucers. It has over 5,000 members and correspondents located through 9 districts in the United States and 28 foreign countries. Its Board of 7 Directors made the following statement: "We, the Board of Directors of the IIOUFO, in order to determine if UFOs represent a threat to the security of the planet earth and/or alien interplanetary space vehicles, do ordain and establish the IIOUFO for the scientific investigation of said purpose. The IIOUFO UFO program is carried out in three phases. 1. The detection, investigation and reporting. This is carried out by IIOUFO in the 9 different districts. 2. The second phase includes analysis and evaluation. This is carried out by IIOUFO's Scientific Panel. 3. The third phase includes dissemination of information. This is carried out through the Board of Directors. Membership in the IIOUFO is FREE and open to all interested persons. The IIOUFO is working with all organizations and persons interested in solving the UFO mystery. Our files are open for review by all news media, researchers and interested persons. The IIOUFO neither endorses nor rejects the claims of any so-called contactees. We investigate with an open mind. In the 8 years IIOUFO has existed, our investigations of UFO sightings show

no evidence that UFOs represent a threat to the security of the planet earth or that they are interplanetary spaceships."

The IIOUFO has an impressive Scientific Panel composed of the following members: Major C.W. Dutreaun, Director, Civil Defense, Oklahoma City; Mr. W.M. Greene, Astro-geologist, Huntsville, Alabama; Mr. J. Gumm, Photography, Oklahoma City; Mr. F. Halstead, former Curator, Darling Observatory, Minnesota; Mr. D. Johnson, Assistant Planetarium Director, Kirkpatrick Planetarium, Oklahoma City; Prof. N.N. Kohanowski, Geologist and Mining Engineer, North Dakota; Mr. C. King, Photography, Oklahoma City; Dr. Askold Ladonko, Psychology, Caracas, Venezuela; Dr. F.B. Salisbury, Plant Physiology, Colorado State University. The IIOUFO's Photo Analysis is carried out at Wright-Patterson AFB, Ohio and Eastman-Kodak, Chicago.

Mr. Hayden Hewes, a Board Director, has this to say: "I first conceived the idea for a UFO research organization in November, 1957. Nine months later, we were officially organized and known as the Interplanetary Intelligence of Unidentified Flying Objects. Our investigations over the years led us by special authorization from the Pentagon to Wright-Patterson AFB, Ohio in September 1964 to see and question the AF files on their investigations into over 9,000 UFO reports since 1947. Since my trip to Wright-Patterson AFB, the IIOUFO has become the fastest growing UFO organization in the world. Due to our large membership and the fact that the general public wants to know more about IIOUFO's investigations and UFO news in general, the Interplanetary Intelligence Report began its first issue May, 1965. Membership to the IIOUFO is free and open to all who are willing to approach the subject with an open mind."

The Interplanetary Intelligence Report is published bi-monthly at a subscription rate of \$3.00 per year post-paid. Other UFO groups who would like mention made of their work and investigations in the IIR are offered space in a special section entitled "Civilian UFO Research". The IIR welcomes other UFO publications on an exchange basis and invites new UFO organizations to submit their names to go on to their UFO Research List. We in the Ottawa New Sciences Club, receive the Interplanetary Intelligence Report on an exchange basis and can highly recommend this bulletin as an extremely interesting and informative publication. We take this opportunity to wish the IIOUFO continued success in its world-wide endeavours to spread the truth of the UFOs.

(Credit: Interplanetary Intelligence Report of IIOUFO, Oklahoma City, U.S.A.)

*** *** *** *** *** *** ***

"WE ARE NOT ALONE" by Walter Sullivan. (McGraw-Hill Book Company)

Book Review by Geoffrey Moppett.

Walter Sullivan is Science Editor for The New York Times. He writes clearly and his book is packed with the results of his research into his subject. The book is subtitled "The Search for Intelligent Life on Other Worlds", and is a fascinating exposition of that thread of scientific thought which has led from early recorded history to Project Ozma and similar efforts in the present day.

The search is at present directed to the distant stars in the galaxy in an attempt to detect the radio emissions of a technical civilization. However, some of the scientists quoted have urged that myths and legends be re-examined for indications that visits to this planet by intelligent beings may have occurred since the dawn of civilization.

As for UFO's, I quote from the book: "---Without making direct reference to the "flying saucer" episodes of recent years, he (Sagan) dismissed such tales by noting that in the past few centuries, "when critical scholarship and non-superstitious reasoning have been fairly widespread," there have been no reliable reports of a visitation." Most of the readers of this review will have reservations about that statement.

And while we are having reservations, I will quote again directly from the book: "Why, in the second half of the twentieth century, has this subject so abruptly become "respectable", after being so long corrupted and discredited by various science-fiction writers, comic strips and, more recently, television shows?" As a science-fiction fan, this seemed to me to be a sweeping condemnation of science fiction. I bristled. But on second reading, I realized that the author did not condemn all science fiction and, in fact, later cites "Arthur C. Clarke, one of the most knowledgeable of all science fiction writers." So I won't strike the sentence from my copy of the book.

Much of the material was suggested by papers presented at a conference on "Intelligent Extraterrestrial Life" convened in November, 1961, by the Space Science Board of the United States National Academy of Sciences at the National Radio Astronomy Observatory in Green Bank, West Virginia. And the present-day scientists most frequently quoted are the eleven men who participated. (Their names are listed on page 247 in the book.)

Although "Intelligent Extraterrestrial Life" is the theme of the book, the subjects touched upon and the questions raised are scattered excitingly all over the field of our knowledge. Ideas there are in abundance, both conservative and "far out". For instance: "Not only could life spores be carried from one part of the universe to another by light pressure, he said. "it was even possible that they were 'launched into space by intelligent beings.'" Or: "--- if there are any inhabitants on Mars, they can see little on earth to suggest the presence of life, intelligent or otherwise. The lights of the largest cities could hardly be seen with the equivalent of our most powerful telescopes and, while nuclear explosions could be observed, their flash is so brief that most would not be noticed and those that were would be challenged, since corroboration would be difficult."

I think it would be impossible to read the book without a sense of excitement at some part of it, without a renewed feeling of awe at the incomprehensible vastness of the universe, and at the marvellous detail of its parts. Should we not also feel a sense of responsibility for the use of our intelligence in the development of ourselves and our surroundings as a part of the whole?

* * * * *

Scientists Believe Life on Mars!

Scientists at the NASA Research Centre, Ames, U.S.A., have isolated what they believe are the components of Mars' atmosphere and have watched compounds develop including what one scientist calls "manna from heaven". When these components are radiated ultra-violetly, many organisms develop, including glucose and other food material. If this experiment is true of conditions on Mars, then it is possible that living organisms below the surface can obtain their food from the "manna" as it works its way underground. The experiment has shown the scientists that any possible living thing on Mars doesn't have to be in the sunlight.

A SERIOUS WARNING!

In an earlier Topside Editorial entitled "The Battle for Man's Mind" we warned our readers of the forces at work trying to manipulate man's mind for the purpose of power. We have just received from one of our foreign correspondents information which, if true, represents the most diabolical plot conceivable to gain control over man's mind.

It is the policy of Topside, in its diligent search for the truth, to investigate with an open mind anything which concerns the physical, mental and spiritual well-being of the inhabitants of this planet. And so, while we are not in a position to vouch for the veracity of the information we are about to give, in view of the seriousness of the claims made by an established U.S. scientist and as long as one shred of doubt exists, we feel we owe it to our readers to present this statement, urging them to investigate the truth of it through their legislators and, if necessary, to take some positive action before it is TOO LATE.

The following are extracts from "Aqua Pura" (Mr. R. Fulton, 70 Thorne Street, Toronto, N.S.W., Australia):-

"Water Fluoridation - A Nazi Atrocity" (Vol. 2, No. 10) April, 1965.

This will shock you. Show it to your politicians and councillors!

One of America's foremost industrial chemists, Mr. Charles Elliott Perkins, was sent by the U.S. Government to help take charge of the German I.G. Farben Plant at the end of World War II. The following statement is from a letter which Mr. Perkins wrote for the Foundation for Nutritional Research, Milwaukee 3, Wisconsin, on October 2nd, 1954:-

"I have your letter of Sept. 29, asking for further documentation regarding a statement made in my book "The Truth about Fluoridation". In the 1930's, Hitler and the German Nazis envisioned a world to be dominated and controlled by the Nazi philosophy of Pan Germanism. The German chemists worked out a very ingenious and far-reaching plan of mass control, which was submitted to and adopted by the German General Staff. This plan was to CONTROL THE POPULATION in any given area through mass medication of drinking water supplies. By such method, they could control the population of whole areas, reduce population by water medication that would produce sterility in women, and so on.

"In this scheme of mass control, SODIUM FLUORIDE occupied a prominent place. We are told by fanatical ideologists who are advocating the fluoridation of water supplies in this country, that their purpose is to reduce tooth decay in children, and it is the plausibility of this excuse, plus the gullibility of the public and the cupidity of public officials, that is responsible for the present spread of water fluoridation in this country.

"However, I want to make this quite definite and very positive: the real reason behind water fluoridation is NOT to benefit children's teeth. If this were the real reason, there are many ways it could be done that are easier and much more effective. The real reason behind water fluoridation is to reduce the resistance of the masses to domination and control and loss of liberty.....

In the rear of the occiput of the left lobe of the human brain, there is a small area of the brain tissue that is responsible for the individual's power to resist domination. Repeated doses of INFINITESIMAL AMOUNTS of Fluorine will in time gradually

reduce the individual's power to resist domination by slowly poisoning and narcotizing this area of the brain tissue and make him submissive to the will of those who wish to govern him

When the Nazis under Hitler decided to go to Poland, the German and Russian General Staffs exchanged scientific and military ideas, plans and personnel, and the scheme of mass control through water medication was siezed upon. I was told of this entire scheme by a German chemist who was an official of the great I.G. Farben chemical industries and also prominent in the Nazi movement at that time. I say this with all the earnestness and sincerity of a scientist who has spent nearly 20 years of research into chemistry, bio-chemistry, physiology and pathology of fluorine: ANY PERSON WHO DRINKS ARTIFICIALLY FLUORIDATED WATER FOR A PERIOD OF ONE YEAR OR MORE WILL NEVER AGAIN BE THE SAME PERSON, MENTALLY OR PHYSICALLY."

What is Fluorine? Fluorine is a powerful cumulative poison. It is the poisonous element in 1080, in many insecticides and vermin poisons. Is it fair to force everyone to take it through the tap? Give the people fluorides if they wish so, but under a doctor's watchful eye. Fluorine tablets are accurate, safer, less costly and they can be discontinued if harmful effects are suspected. Fluorine can benefit teeth only during the formative period, so why dose everyone with it for a lifetime? If it must be, take tablets which are a free method for a free people. But not so with fluoridation. After all, no one guarantees its safety. No doctor, no dentist, no scientist, no council, no organization. NO ONE!

If the foregoing statements are correct and it is up to every right-thinking person to investigate the truth through whatever channels are available, what can those of us do who already have our water fluoridated? Our correspondent, Miss Rey d'Aquila of The Hague, Holland, feels that orthodox medical science will not recognize the dangerous potentialities of water fluoridation and she suggests that we turn to the Mazdaznan teachings for a proper cure, as follows:-

Exercise to keep the Pineal Gland Active and Alert: To keep the pineal gland alert we must learn to EXHALE as completely as we can, i.e., for a period as long as 108 seconds for one exhalation. This of course, requires training and it can best be done when turning in for the night. However, we should not be too tired or we may fall asleep in less than a minute. We must be able to stay awake for at least a quarter of an hour.

Lay on your back and relax completely. Visualize all tension in the limbs, etc., being drawn up by the pineal gland. Then start to breathe very slowly and very quietly in the same rhythm as the pulsating in the wrist, and continue to exhale as long as you can. Do not strain. The next exhalation should at least be equally as long as the previous one. If you get tired, stop and breathe deeply for 5 - 6 times, then start again.

Try to reach 108 seconds for one exhalation gradually. This should be sufficient to keep the pineal gland in continual contact with the intelligences of the brain cells. This is indeed Divine Control.

*** *** *** *** ***

THE MYSTERY OF THE HUMAN BRAIN.

During the past three decades, the medical profession has made gigantic strides in fathoming the physical functioning of the human brain, but its inter-related meta-physical functions, including psychical and spiritual responses, the vast area of the subconscious mind (the conscious mind only uses a fractional proportion of its potential brain power), certain regions of consciousness, perception and memory, remain for the most part, largely unexplored territory. In his paper "Some Observations on the Functional Organization of the Human Brain", the world-famous, Montreal neurosurgeon, Wilder Penfield, says: "Knowledge of the outward form of the brain is well advanced. The pathways of sensation and of movement within the brain have been and are being charted. But what of the neurone mechanisms involved in consciousness, perception, memory? Far off, it seems to me, we hear the hum of the machinery of the mind and from time to time we gain fleeting glimpses of its action. But we stand in awe upon the threshold of understanding."

Electrode Experiments

Dr. Penfield's long years of research into the mysteries of the human brain led him into many interesting experiments in this fascinating field, including the application of an electrode into one of the sensory areas of the brain which produced in the patient a crude sensation in the corresponding part of the body that this area controls, such as an involuntary muscular jerk in the leg or a tingling sensation in the eye.

With some epileptic cases, he discovered from time to time that similar stimulation of the temporal lobe cortex (composed of millions of nerve cells) occasionally produced a psychical response, i.e., the patient would hear music or some well-known person speaking or would re-live some incident in which he figured in the past. So real were these experiences that patients would often say: "This is not a memory; it is more vivid than that." It was further discovered that the patient had the dual experience of being well aware of his presence on the operating table and at the same time re-living some former incident of his life. This recollection lasted as long as the electrode was kept in place, but vanished instantly when it was withdrawn. From these experiments, Dr. Penfield reached the conclusion that the epileptic condition made the cortex more readily stimuable. It is interesting to note that these results were only obtained in the temporal cortex - an area of the brain to which no certain function had been previously ascribed.

Dr. Penfield sums up the results of these experiments as follows: "It may be assumed then that in this area of the cortex each successive conscious experience is laid down in a relatively permanent pattern of nerve cell connections that records all those things of which a man is conscious at any given time. It is as though the cortex contained a continuous strip of cinematograph film, a strip that includes a waking record from childhood onward."

Another Form of Memory-Stimulation

This writer theorizes that similar memory-stimulation may be brought about by more natural electrical impulses than the use of the surgeon's electrode and quotes the following two experiences connected with the Northern Lights. At one time she worked as secretary to an officer of the Royal Canadian Mounted Police who had previously spent a number of years on duty in the Far North. This officer stated that during a display of the Aurora Borealis, his memory became vividly sharpened and he

could recall with complete ease the minutest details of his early childhood, even to the extent of singing songs and hymns his conscious mind had long since forgotten. As if to confirm this statement, some years later the writer had a similar experience after watching a magnificent display of the Northern Lights over Ottawa for about 15 minutes one summer's night. On retiring to bed, she found her brain unusually stimulated and sleep impossible. Then suddenly there came into her mind a flood of memories of childhood experiences that had taken place when she was about 9 years old. Everything was re-lived in vivid detail - places she had visited, people wearing the fashions of the era, shops displaying the commodities of the day, even the complete address of an old Aunt long since forgotten in her conscious mind, came back to her with startling reality.

Hypnotic Regression

Taking the subject of memory a step back beyond early childhood experiences, there arises the question - is there some area of the human brain which holds memories of previous lives? Many psychics claim that there must be and certainly retrogression experiments carried out by qualified hypnotists would seem to indicate that there is such an area. But here again, a further question arises - does this area lie within the physical human brain or a metaphysical counterpart?

Brain Damage

One of the biggest mysteries of the human mind is its peculiar reactions to certain types of brain damage. Peter Hurkos, the world-famous psychic, claims he owes his strange gift to the accident of a fractured skull! This would appear to indicate that the human brain contains a normally dormant area of extra-sensory perception which may be developed by natural or trained psychics, or brought involuntarily into sudden use by accidental stimulation such as in the case of a blow or injury. In this latter connection, if and when medical scientists discover the exact location of this area, it is possible that they may be able to stimulate the ESP faculty into active use by less violent means - with fascinating and far-reaching results!

Another odd experience of a strange result of brain damage occurred to a friend of the writer who suffered concussion after being thrown from horse-back. This girl was 26 years old at the time, happily married and living in Victoria, B.C. On regaining consciousness in the hospital, she claimed she was 17, single and living with her parents in Vancouver, and gave the hospital authorities her address there. When her husband visited her, he appeared as a complete stranger to her of whom she had no knowledge or memory - in short, the 9 subsequent years from the age of 17 were a complete blank to her. Fortunately, with time, her damaged memory cells healed and she regained her complete memory.

Even more startling are some of the cases of brain damage recorded in medical history books. To quote from an early one "Anomalies and Curiosities of Medicine", Drs. Gould and Pyle quote the case of a canal boatman who, involved in an accident going under a bridge, had the top of his head sheared off, resulting in the loss of 25% of his skull and a considerable amount of brain matter. Surgeons, hardly expecting him to survive, worked on the large wound for over an hour and as they finished bandaging it, to their great amazement, the man suddenly got up, put on his clothes and walked away as though nothing had happened! Two months later, he was back at work on the canal boat and apart from occasional dizzy spells, he continued to live in good health for over 33 years!

Another case cited was that of a man with a brain tumour which created a 5-inch long cavity in his brain and yet he retained full possession of all his faculties until he died. In 1935, they quote, a baby was born in St. Vincent's Hospital, New York City, with no brain whatever! And yet this infant lived for nearly a month, behaving as any other normal baby, and it was only when an autopsy was undertaken that it was discovered that the child's brain was missing.

Dr. Gustave Geley, in his book "From the Conscious to the Unconscious" cites the case of a young girl whose brain was crushed to pulp in a railway accident. After minor surgery, she made a rapid and complete recovery!

In 1940, Drs. Iturricha and Ortiz reported to the Anthropological Society in Bolivia the case of a young boy who died as a result of an abscess of the brain. Apart from complaining of a violent headache, the boy was fully conscious and rational until the end. In conducting the autopsy, the doctors were amazed to discover that the boy was practically decapitated, the brain mass being virtually detached from the spinal cord!

Even more baffling was the experience of the famous German brain specialist, Hufeland, who performed an autopsy on a paralyzed man who had been in complete possession of all of his mental faculties until he died. When the specialist explored the man's brain cavity, all he found was 11 ounces of water!

A New Approach

These extraordinary cases of people retaining their full mental faculties with a severely damaged brain or with no brain at all, pose the biggest mystery of all. With what do they think and act? If not with a physical brain - with what? Do not these cases suggest that the real seat of brain power lies in an invisible, intangible metaphysical brain? Here, surely, is a fascinating field of research for the medical scientists and brain specialists of the future, one demanding an entirely new approach and a widely different concept of the true realities of life. Too long, it seems, too many of our scientists have been rigidly tied to a purely material concept of scientific research, with the result they are left with a host of baffling problems and unanswered questions. A long and serious study of the science of metaphysics may well hold the key to the solution of many of these mysteries.

That the great Canadian neurosurgeon, Wilder Penfield, has been made aware of the truth of this new approach is clearly shown in the concluding paragraph of his paper: "Before certain problems, the scientist will always stand in awe. Perhaps they may be forced to make another approach - to what was called in old time "the heart". However far our successors of these studies may go, it is my firm belief that the machine (the physical brain) will never fully explain the man, nor mechanisms the nature of the spirit."

* * * * *

PRAYER FOR AN "ENEMY". (Translated from Dutch text by Rey d'Aquila)

God is Universal - I know this. God is Understanding - this I know. God is a Power, the Highest Vibration - this I can conceive. God is also Individual - I must not forget this. He is in each of His creatures - this I must remember. He is in me - I believe and know this as a fact - But he is also in my fellow-man. Lord, give me strength to realize this - and never to forget it.

—ooo000ooo—